

ChainLincs

THE NEWSLETTER OF
THE LINCOLNSHIRE ADVANCED MOTORCYCLISTS
IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



Carli-Ann and Andy selfie on her third ride out with him last week. See inside for her blog on her observed rides with him.





WANTED YOU!

To help Lincolnshire Advanced Motorcyclists we need members to:

Join the committee,

Sell advertising in ChainLincs or the web site or

Put on a social run

Help out at an event where we have a stand publicising the group

IF YOU CAN HELP PLEASE CONTACT A COMMITTEE MEMBER

HELP THE GROUP SURVIVE

EDITORIAL

Welcome to the October edition of ChainLincs. This month's edition is kind of late as I was sunning myself in Cyprus last week and unfortunately have not had a lot to publish this month. I have included Carli-Ann Smith's blog and some piccies from her ride outs with Andy Greenslade. I am sure some of you may have seen her blog on the www.morebikes.co.uk website but ChainLincs is available on our website which the public can access and it is good publicity for us and the IAM.

I know I say this all the time but without you guys the newsletter would be a much poorer read, please keep them coming. I need your help to make this newsletter a worthwhile read. If you have anything for upcoming editions then please get it to me soonest.

We have more new members since last month so almost all of the Observers are currently busy with associates which is great news. Hope the new members keep coming.

There was a good turnout at Septembers Group ride on 7th Sep at Willingham Woods. So much so that we split into 2 groups and headed out across Lincolnshire on a day when there was some sort of cycling event going which on which we ran into at various times across the Wolds. Both groups got back to Willingham Woods just before the St Andrews Hospice run was about to start and although we didn't go on the run we had the opportunity to make a donation to them.

Don't forget the Group ride this month on Sun 5th Oct from Hartsholme Park, 0930 for 1000 start. I won't be there as have to work, guess that's the payback for going on holiday but please try to go along especially if this unseasonably warm weather continues!

Also Ian Morrison is leading a ride out on 19 Oct to the Peak District. It is the same as last year and was a great day out. Details are in the Diary of Events on page 12, please let Ian know if you are going. The more the merrier.

Don't forget we have our own Facebook page. If you are Facebook give it a visit. Search Lincolnshire Advanced Motorcyclists on Facebook or follow this link [LAM Facebook](#) . Please note that this is a new Group page, feel free to become a member and post anything bike related on there. The more members we can get to join the group page the more use we can make out of it, so if you are on Facebook look it up and ask to join.

LEBBS are still looking for riders in the Lincoln Area to help move blood etc. around the county. If you are interested you can contact Martin Wright at wo5131@hotmail.com or have a look on the LEBBS website (<http://lebbs.org/index.php>) for contact details.

Mick

MEMBERSHIP UPDATE

We have two new members to welcome to the group this month as follows:

Simon Warburton from Navenby	Ady Crane
Carli Smith from Hibaldstow	Andy Greenslade

I have one test pass to report – well done to both candidate and Observer.

Member	Pass Date	Observer
Alan Trevor	4 August	Jeff Picking

The group membership is currently comprised as follows

Full Members	82
Associate Members	28
Total Group Membership	108

There are currently four Associate members with lapsed IAM membership and three inactive Associates. However, the fact that we still have two Associates awaiting Observer allocation shows we still have a need for further Group Observers. Whilst not being able to guarantee an Associate to every Observer due to geographical spread etc. it would be good to be able to allocate at point of enrolment whenever possible.

Anyone interested please turn up at an Observer meeting or speak to any committee member.

That's all for this month, ride safe:

John Cheetham

Ian Morrison has recently taken out a couple of groups from S&S Bikers in Scunthorpe to introduce them to advanced riding. Dave Butt forwarded me the the following from S&S members Paul Colins:

'I was recently given the opportunity to join an IAM ride. I was not sure what to expect and if I'm honest I was extremely apprehensive prior to the ride. Having only started riding this year and passing my test in March, I did not consider myself experienced enough to ride at this level. I lacked confidence and only chose to ride when it was dry & light, on roads that I was familiar with. True to his pre-ride briefing Ian took us on roads that tested our skill, ability and nerve. This challenged me to step out of my comfort zone. The conditions changed throughout the ride, deteriorating with rain and darkness falling. Having the opportunity to follow an experienced rider as Ian, following his direction, positioning and lines, gave me the confidence to ride safely and progressively on roads that I would never have attempted previously. I would highly recommend this experience to anyone wishing to improve their riding skills. It has changed the way I ride, and I'm no longer restricted by road, light or weather conditions.'

Thanks to Ian for taking the time to do these runs positively promoting the IAM and hopefully recruiting some new members. Well done Ian.

SKILL FOR LIFE: CARLI'S ADVANCED RIDING DIARY

Ride 1 – 'No Pressure'

"We're looking for precise riding – I want to see sparkle."

Here I was, my first ride out with my Skill for Life observer – Andy Greenslade – and we were chatting about the type of thing we'd be covering over the next few months.

I'd decided that I wanted to do my Skill for Life advanced riding course on my motorcycle after completing [BikeSafe](#) with Cambridgeshire Police earlier this year. I'd found it so interesting to learn about positioning and roadcraft, so thought that it would be a brilliant way to bring everything together and learn even more.

I'd met with Andy at a Guy Martin Big Brew event and we'd chatted about me completing the course with the Lincolnshire branch... Today was all about riding as I usually would so that he could assess my skill level and get an initial idea as to where I was on the grading system – no pressure then.

Pulling out of the car park, admittedly I was nervous – who wouldn't be? – but I just concentrated on my riding and tried to take as little notice of him behind me as possible. We did the training without radios so I was reliant on his indicators to know where I was going. We made our way through the Lincolnshire countryside and I tried my best to keep the ride flowing and 'sparkly'.



We took our helmets off when we'd stopped – it was time for 'the debrief'. We discussed the things that had gone well and things that could be improved. Overall I'd done well and Andy was happy that we had a good base to polish up my skills and get me that certificate!

The second part of the rideout, I followed Andy and watched his road positioning. He pointed out where he was looking and anything he wanted me to take note of. It was great riding behind him and seeing how it's done – that would hopefully be me in a few months – it was interesting to watch the way he maintained his 360 degree bubble of safety and anticipated things before they'd even happened.

"I'm always thinking 'What If' – could that person pull out? Are they going to open their car door? Is that car waiting there because someone is pulling off their driveway? It's all about anticipating things that could happen and leaving room for them so you're not in the middle." said Andy

After a second debrief and a refuel, I set off home pleased with how it had gone. I'd had a really great ride out and had thoroughly enjoyed it – I couldn't wait for my next one.

Riding to work this morning, I have been putting into practice everything he taught me and trying to slow ride up to traffic lights and junctions when I can – I didn't have to put my feet down once. Not bad for a 35 mile commute...

Things I will be working on following my first session:

- Making sure I know road signs
- Practicing slow riding
- Improving my observations – looking over the tops of hedges and across corners
- Keep riding to the system so that it becomes second nature

Ride 2 – ‘Let the reading and riding begin’

“Right, you know what I am looking for – sharp, precise riding. Let’s go and have some fun!” Ride two of my Skills for Life program had begun. I’d received my books through the post and had practiced my new-found skills every time I had thrown my leg over a motorcycle or scooter – hopefully my hard work would pay off and my instructor, the wonderful Andy Greenslade, would be impressed...



As soon as we’d left McDonalds – our chosen meeting place – I spotted a white transit van coming round the roundabout with a young lad in – he hadn’t seen me and wasn’t indicating to show anyone his desired destination, so I hung back and gave him plenty of room to make his mistakes. Sure enough, he cut straight across the front of me – thanks mate. However, I’d shown that I was planning ahead and thinking ‘What if?’, by him acting like a fool it illustrated that I’d been planning ahead – not just for myself, but for other road users – one advanced riding point to moi.

The rest of the ride went well – swooping round the Lincolnshire countryside and nipping round one way streets in market towns, every riding skill was tested. Since my last session I’d been practicing my slow riding and perfecting my game of ‘Don’t put your feet down on the way to work’ and it showed – Andy commented about my improved slow riding up to traffic lights and junctions.

We had our debrief chat over a hot chocolate – I’m not sure how he does it, but Andy manages to remember every tiny detail about the ride... – we’d encountered some split diesel on our travels and was impressed that I’d smelt it and adjusted my line before seeing it, he liked my snappy overtakes and was impressed by the ride in general. One thing I could improve was my overtaking technique – instead of ‘banana boating’, I need to make them more clear cut – line it up, pull out into the other lane and power on.



We’re coming to the end of summer so the ride back was dark – this was a great chance to chat about how you would adjust your riding in the dark.

Second ride complete, we organised our next meet and then it was home time. He did give me the heads up that the next meet would include a test on road signs...

Things I will be working on for next time:

- Reading my new books – ‘How to be a better rider’, ‘Traffic Signs’, ‘Highway Code’ and ‘Police Roadcraft’ – obviously not all at once!
- Keep riding to the system so that it becomes second nature

Ride 3 – ‘Expect the Unexpected’

‘Expect the unexpected. Assume that there is always something round that corner, over the brow of the hill or on the other side of the junction.’



Ride three and after 100 miles, I was ready for a cuppa. Concentrating so hard and processing all the information given to you from the road and other traffic is tiring – but exhilarating.

‘Your ride was musical – almost operatic – it flowed and I really enjoyed the tempo of the ride. When necessary it was fast and progressive like rock and others it was quiet, relaxed and restrained.’
I love Andy’s quotes...where he gets them from I don’t know, but they make so much sense!

My choice of title for this blog was ‘Expect the unexpected’ – of course on the road, but also from the course. When you speak to some people about advanced riding, they may not see the appeal - *‘It’s boring’*, *‘Why would you want to do that when you’ve already got your licence?’* and *‘Why put yourself through another test?’* – are some of the question’s I’ve been asked. But do you know what – they couldn’t be more wrong. Yes, I have my licence but by going on advanced rides and getting tuition, I’m becoming a more systematic and precise rider. It certainly doesn’t take any of the enjoyment out of it, in fact it gives me more pleasure knowing that I am positioning myself in the best way on corners, getting on the throttle straight away and planning so far ahead that I know what other road users are planning before they tell me. Plus, I have discovered back roads that are great fun – I just hope I can remember them when Andy isn’t there...

We rode down an undulating road with a number of hairpin corners – just the kind of road that can trip you up, as if you do into one corner too fast, then you set yourself up wrong for the rest. Selecting the right gear on the KTM 390, I shimmied down the hill and was pleased that the Duke had so much engine braking as I was set up for each of the bends at the right speed and in the right place. Andy was impressed – phew...



Three rides down – the time is flying by. Ahead of my next ride, I shall be working on:

- Road signs – I will be muttering what signs mean in my helmet as I pass them on the road to reaffirm what I know and what I need to look up when I get home
- Overtakes – I still keep thinking I’m a racer, I need to pull out and have a look then make it a decisive action and leave plenty of room when passing
- Hello Highway Code – I will be spending some time in the evenings reading my copy of the Highway Code – learning stopping distances and facts, ready to impress my examiner and answer the questions I’ll be asked on my test

IAM RESPONSE TO REPORTED ROAD CASUALTIES GREAT BRITAIN 2013 ANNUAL REPORT

The Reported Road Casualties Great Britain 2013 (RRCGB) Annual Report released today showing a decrease in road deaths by 2 per cent compared with 2012. This is the lowest figure since national records began in 1926.

- In 2013, 1,713 people were killed in road accidents.
- In 2013, the number of people seriously injured decreased by 6 per cent to 21,657 compared to 2012
- The total number of casualties in road accidents reported to the police in 2013 was 183,670, down 6 per cent from 2012 total
- Pedal cyclists' deaths decreased by 8 per cent to 109 in 2013, compared to 118 in 2012

IAM director of policy of research Neil Greig said: "We welcome the overall decrease in road deaths although the long term trends show improvements are slowing down."

However, there have been increases in the following areas:

- Fatalities on motorways increased by 14 per cent from 88 to 100
- Vans and LGVs fatalities increased by 12 per cent from 33 to 37
- Motorcycle fatalities on motorways increased by 250% from 4 to 14
- Child pedestrian fatalities increased by 30 per cent from 20 to 26
- Killed and serious injuries for all road users in deprived areas increased by 5%

Neil continued: "It's worrying that motorways have seen an increase in deaths, which is only partly explained by the increase in traffic on them – it is vital the government keeps a close eye on these figures as the Highway Agency rolls out its programme of wide-spread hard-shoulder running as opposed to proper motorway widening.

"The problem of death and serious injury among motorcycle riders remains and we want to see more use of training opportunities and partnerships to improve both skills and attitudes.

"Driver error was once again the top cause of crashes and the IAM believe that its courses can help reduce this figure but we need the partnership of the insurance industry and the government to help us deliver better drivers and riders."

NOTICE IS HEREBY GIVEN by order of the Group Committee that the 28th Annual General Meeting of **LINCOLNSHIRE GROUP OF ADVANCED MOTORCYCLISTS** will be held at 8.00pm on Wednesday 5 November 2014 at the Crown Inn, High Street, Glentham LN8 2EQ to enable the Trustees of the Group (Registered Charity No. 1049955) to present their Annual Report and Accounts for the year ended 31 March 2014 for approval by the Group Members and to conduct an election.

Honorary Secretary's Name	John Cheetham	Date	01 09 2014
Address	26 Lansdall Avenue Lea Gainsborough DN21 5JL	Group No.	7176

All Members, Associates and Friends are invited to attend but only Fully Paid Up Members of the IAM and of the Group may vote.

A Member entitled to vote at the General Meeting may appoint a proxy to vote in his stead. A proxy need not be a Full Member of the Group.

CURRENT OFFICERS

All Officers retire annually and may offer themselves for re-election. (Group Rule 3.4)

Mick Smith	Chairman	Offering to stand for re-election
	Vice Chairman	Position currently vacant
John Cheetham	Secretary	Offering to stand for re-election
Jeff Hobbs	Treasurer	Not standing for re-election

COMMITTEE MEMBERS

One third of the Committee (excluding Officers) must retire annually and may offer themselves for re-election. (Group Rule 3.4)

A. RETIRING BY ROTATION AND STANDING FOR RE-ELECTION

Donald Ford
Lynne Watson

B. RETIRING BY ROTATION AND NOT STANDING FOR RE-ELECTION

David Mather

C. COMMITTEE MEMBERS NOT RETIRING

Mike Buckley
Jerry Neale
Kev Turner
Ken Pike
Dave Hall

Note
The total number of Committee Members including the Officers must not exceed twenty. Please see the NOMINATION PAPER for further detail.

As notified separately, the AGM is being held at 8.00pm on Wednesday 5 November 2014 at the Crown inn, High Street, Glenthams, Market Rasen, LN8 2EQ.

Nominations are invited from Full Members to stand for Committee. The Nominee must be willing to stand for the Committee and sign the Nomination Form. By signing the Nomination Form the Nominee is affirming his/her ability and intention, if elected, to attend Committee meetings regularly.

Please note - You may not stand for the Committee if the law debars you from being a Charity Trustee.

Only Fully Paid Up Members of the IAM and of the Group may nominate Committee Members or be nominated as Committee Members.

This Nomination Paper must be returned to the Group Secretary at least seven days before the election – i.e. by 29 October 2014. (Group Rule 3.5)

All Officers and one third of **all** other Committee Members must retire annually by rotation and may offer themselves for re-election by Group Full Members. (Group Rule 3.4)

Those elected become Charity Trustees of the Group.

OFFICERS

Name	Position	Nominated by	Seconded By	Signature of Nominee
Mick Smith	Chairperson			
	Vice Chairperson			
John Cheetham	Honorary Secretary			
	Honorary Treasurer			

COMMITTEE MEMBERS

Name	Nominated by	Seconded by	Signature of Nominee
Donald Ford			
Lynne Watson			

MOTs

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1, 2, 4, 5 & 7

From a Lincolnshire Advanced Motorcyclists Member

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Owned by an IAM motorcycle examiner and encouraged by Nick Sanders to form the company after



CONTACT DAVE FOR MORE INFORMATION

07887 528623

WWW.MOTOTOURS.CO.UK

DIARY OF EVENTS

Contact point: Dave Hall 01522 274989

The Sunday morning Group Observed and Social Runs are open to all members and also potential members who may be considering preparing for the IAM test. The prime purpose is to provide the opportunity for all to improve their skills through riding with fellow members. Potential members considering taking the IAM test may have an individual assessment ride. It should be noted that members are free to group up as they feel fit and embark on a purely social run of their choice without any "observing" etc., merely enjoying the opportunity to ride with fellow like-minded bikers. The runs last around 2 to 3 hours, usually with a mid-point refreshment stop, starting at the venues listed below.

Ancholme Leisure Centre (Brigg) DN20 9JH	South side of A18
Willingham Woods picnic site LN8 3RQ	A631 east of Market Rasen
Hartsholme Country Park LN6 0EY	South side of B1378, Skellingthorpe Road (off Lincoln Bypass)

Social runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please note that Group Social Runs are principally for group members only. Please let the run organizer know if you want to invite a guest.. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed run.

OCTOBER

Weds 1st - Monthly evening meeting at the Crown Inn, Glenthams LN8 2EQ (A631) at 8.00pm.

Sun 5th - Group Observed Run from Hartsholme Country Park. Meet 9.30am for 10.00am prompt start.

Weds 8th - Committee Meeting, Offices of LK2 Architects, Nettleham. Prompt start at 7.45pm

Sun 19th - Group run to the Sheffield Peaks, stopping off for dinner after about 2 hours in the Old Horns Inn, High Bradfield. Run length of approx. 120 miles. Meet about 09:00 for a 09:30 start from Services at junction of M18/M180.

Indication of desire/intent to ride by Sunday the 12th October please. Contact Ian Morrison 07766 008100

Weds 22nd – Barrie Heath Quiz, Redbourne Club, Cemetery Rd, Scunthorpe DN16 1NU starting at 8.00pm. We are last years winners so will be hosting the quiz. Please come along and support the other teams.

Weds 29th - Meeting for Observers and those interested in becoming Observers. Venue – Crown Inn, Glenthams

NOVEMBER

Weds 5th Monthly evening meeting at the Crown Inn, Glenthams LN8 2EQ (A631) at 8.00pm.commencing with the group ANNUAL GENERAL MEETING.

Sun 9th Group Observed Run from Brigg Leisure Centre. Meet 9.30am for 10.00am prompt start.

PLEASE NOTE - No Observers meeting this month.

DECEMBER

Weds 3rd - Monthly evening meeting at the Crown Inn, Glenthams LN8 2EQ (A631) at 8.00pm.

Sun 7th - Group Observed Run from Willingham Woods. Meet 11.30am for 12.00am prompt start.

Weds 17th - Committee Meeting, Crown Inn, Glenthams. Prompt start at 7.45pm

PLEASE NOTE - No Observers meeting this month.

ANYONE READY TO OFFER TO PUT ON A RUN OR OTHER EVENT TO LIVEN UP THE CALENDAR PLEASE CONTACT DAVE HALL ON 01522 274989