ChainLincs

THE NEWSLETTER OF

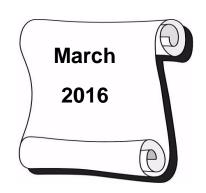
THE LINCOLNSHIRE ADVANCED MOTORCYCLISTS

IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



Some of the group ready for the Sunday Ride Out





GROUP COMMITTEE MEMBERS

Mick Smith mick.carron@btinternet.com	Chairman & Website	01673 860853 07979 912740
John Cheetham lincs-am-sec@pobroadband.co.uk	Group Membership Secretary & Newsletter Mailing	01427 616864
Sam Kirwan Samng41@icloud.com	Treasurer	07745 774215
Dave Hall lincolnian1@virginmedia.com	Social	01522 274989
Roland Johns johns7@ntlworld.com		01522 887829 07943 812324
Jerry Neale jerryneale@tiscali.co.uk		01522 681613 07885 494607
Kevin Turner kev.p.turner@gmail.com	Website	07796 954004
Lynne Watson lynne.iam1@gmail.com	Minutes Secretary & Newsletter	07739 571610
Steve Wivell jsks.wivell@gmail.com		07834 781042

CENTRAL ENGLAND & WALES REGIONAL OPERATIONS MANAGER

Ian Firth ian.firth@iam.org.uk

Group Web Site http://www.l-a-m.co.uk

Webmaster Mick Smith Email: mick.carron@btinternet.com



Lincolnshire Advanced Motorcyclists

https://www.facebook.com/groups/301610040008772/

Follow us on twitter at :- @lincsbikers_iam

Meetings are held on the first Monday of each month starting at 8pm at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in March 2016.

Please provide any copy to the editor, Lynne Watson, by **21st March** at the latest, earlier is better. You can send any articles by email to

lynne.iam1@gmail.com

EDITORIAL

Hello and welcome to the March edition of ChainLincs. Apologies for the delay. There are some good articles from people in this month's newsletter and my thanks go to them. I need your help to keep it going so all stories, photos, events or information you think will be of interest to other members, please send to me for inclusion. My email is lynne.iam1@gmail.com

Apparently, it's almost Spring and for those who bed down their bikes for Winter it's now time to start thinking about getting the bike out and ensuring that it's in good working order before you go for your first ride. See the checks below.

Checks to be carried out before every ride - POWDER check the Petrol and make sure you have no leaks check the Oil levels check the Water levels is there anything Damaged or loose/rubbing? Are the Electrics okay? Any loose/exposed wires? Check all the Rubber including tyre depth, sides and hoses etc

Checks to be carried out at least once a week Wash the bike Check the oil Lube the chain

And when riding your bike remember the following: COPS
Concentration Observation Position Speed

We are also including pieces on members of the group so if you read something that one of them has done or is planning on doing and you fancy having a go or joining them, get in touch. If enough people contact them (or me) an event or ride out can be organised. Also, if you have an unusual job or hobby send me a short piece about it and it can be included in the magazine. Or if you want a ride out and its short notice, put it on our Facebook page, there may be others that would like to join you.

Have fun, Lynne

Contents in this newsletter:

- Chairman's chatter
- Membership update
- March guest speaker Michael Pace
- February's Social
- IAM Skills Day
- New member biopics
- February ride out
- Observer tips
- Charity Ride
- Group Clothing
- Oddments
- Diary of events

CHAIRMAN'S CHATTER

Welcome to the March edition of ChainLincs, once again thanks to Lynne Watson for editing and I hope she has plenty to fill the pages. I have to admit that I am a bit late this month but have hopefully got this to her in time – really sorry Lynne.

There was a great turnout for the first social meeting of the year. Our guest speaker was Barry Gardner, the Casualty Reduction Officer for the Humberside Police Force. He gave a great presentation about what the Police are doing to reduce the number of casualties on our roads. Many thanks to Barry for coming out on a cold night in February.

I couldn't attend the Group ride out on 7 Feb but there was a great turn out once again. Next ride out is on 13 March from Hartsholme Park. Meeting at 0930 for a 1000hrs start. Hope to see you there.

As we were unable to attend the recent Spring Forum Ian Firth has kindly offered to come along to our April meeting to update the group on what went on at the Forum.

We are always looking for observers should you have the time. Anybody interested in becoming an observer don't forget the Observers meeting at the Nags Head on the last Wednesday of the month (check the details in the diary of events on the back page of ChainLincs and events page on the group website www.l-a-m.co.uk). Just go along and find out what the training involves, Jerry will be pleased to help you.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists <u>here</u> and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam).

Don't forget the Air Ambulance ride out around Lincolnshire and Nottinghamshire on 10 Apr. Details are here http://www.ambucopter.org.uk/event/lincs-notts-air-ambulance-charity-ride-out/ if you are interested in taking part. Sign up quickly as spaces are going fast.

One last thing! I am sure some of you have already seen that Mark French is riding 1300km across India to raise money for the Lincs and Notts Air Ambulance. This is his Justgiving page https://www.justgiving.com/Mark-French3 so please sponsor him. His target is £5000.

Hope to see you all soon, stay safe

Mick

MEMBERSHIP UPDATE

Group Web Site: www.l-a-m.co.uk

We have two new members to welcome to the group recently, as follows:

Member	Observer		
Steve Davies from Lincoln	Full Member		
Greg Stevenson from Lincoln	Kev Hewson		

There are no test passes to report since my last newsletter update.

The group membership is currently comprised as follows

Full Members	93
Associate Members	13
Total Group Membership	106

It's almost group membership renewal time (1 April) for those whose membership number is 742 or below. Around the middle of March you should receive your renewal form plus an addressed envelope to return the form to me. Don't forget the postage stamp.

That's all for this month, ride safely: John Cheetham

Social 7 March 2016

Our guest speaker in March will be Michael Pace from Andrew Solicitors in Lincoln. Michael is a partner at Andrew & Co Solicitors and heads the motor law and personal injury team. He has experience of both claimant and defendant personal injury work and defendant criminal motor law cases. He is a former police officer, and driving instructor and was the very first advanced motorcyclist in Nottinghamshire. Should be a great talk, so hope to see you there.





Michael Pace, Partner Andrew & Co. LLP

Michael is a partner at Andrew & Co Solicitors and heads the motor law and personal injury team. He has experience of both claimant and defendant personal injury work and defendant criminal motor law cases. He has had articles published in JPIL on PI Trusts and, Anti Money Laundering for Litigators.

Michael is a Past -President of the Lincolnshire Law Society. He is accredited as a fellow of the Association of Personal Injury Lawyers. He lectures on topics such as Liability in Road Traffic Accidents and, Road Traffic Law. Michael is a regular voice on BBC Radio Lincolnshire and Look North and is on the BBC 'go to list' for motor law matters. He is due to speak at the National Conference of the Motor Schools Association in November.

He is a highly regarded court advocate and has appeared in cases which have attracted national media coverage and a recognition of the correct law in respect of driving licence offences.

As well as the above Michael is a former police officer, and driving instructor and was the very first advanced motorcyclist in Nottinghamshire.

February's Social

PC Barry Gardner is a Family Liaison Officer for Humberside Police. He gave a talk to the group about the causes and consequences of road traffic accidents. The presentation raised some very good discussion points and although there were some hard hitting videos it was very well presented with humour used where appropriate.

We then had a practical demonstration of a Field Impairment Test known as a FIT test, where this is carried out at the scene to determine the condition of a driver or passenger. Mick Smith was volunteered to take part. He started out well, walking in a straight line, touching his hand to his nose etc, he was then asked to wear a pair of special glasses and repeat the moves. The glasses fooled the eyes and brain giving the impression of someone who has been drinking or taking drugs and Mick lost all hand and eye coordination, with hilarious results, proceeding to stagger around the room as if drunk!

On 2 March 2015 a new offence was introduced for drug testing after a collision and a new piece of equipment has been issued for these tests that uses saliva to detect cannabis and cocaine.



To end the talk Barry gave everyone a road sign test distributed a few freebies. One of which came in very handy a few days later with the ice on the windscreens!

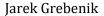
IAM Skills Days

Tuesday12th April the IAM are holding a Skills day at Mallory Park. There are still around 30 vacancies for members and non-members to buy. These events are usually very difficult to get on as they are very popular. There has not been one in the CE&W Region for some time now. The link to the Skills days is:

http://www.iam.org.uk/drivers/motorists-courses/driving-assessment/skills-days
This is a good opportunity for riders gain experience and develop their skills in the safe environment of a racing track.

NEW MEMBER BIOPICS









Jarek's bike



Jarek - I caught the motorbike bug just before I turned 24 and decided I would do my CBT and direct access straight away. Shopping for my first bike was difficult for me as I wanted something awesome that was powerful enough to keep me interested throughout its life but not so powerful it

became too much for me to control. Eventually I decided on the Ducati Monster 796 ABS. This was a big first bike and I

decided that this fell into the category of 'might kill me', so this became my main reason to join the IAM and do the skills for life training. I love my bike and riding it and I'm really pleased with how much I've learnt and developed since I've only been riding about 18 months. I highly recommend the IAM training as it has certainly stopped me from killing myself, or worse, someone else!



Alan Buckland

Alan - I first got into bikes about four years ago. I have always been into cars but decided it was time for a new challenge. Some may call it a mid-life crisis! It's safe to say that I am now hooked. My first bike was a Triumph Bonneville. I now have a Harley Davidson Tourer which is my pride and joy. I absolutely love riding and the freedom it gives me especially as I have four grown up children and an ever growing tribe of grandchildren.

I have been privileged to complete the Coast to Coast ride for Cancer Research and I also volunteer for the Blood Bikes service. I was a little nervous at the thought of joining the I.A.M. but I am so glad that I did. I would like to say a big thank you to my observer Richard Busby for his tuition and patience. My aim for 2016 is to advance further

within I.A.M. and to get out on my bike as much as I can and

practice what I have learned.

February's Sunday group ride out

by Roland Johns

On a fine and blustery morning, I met Jerry Neale at Bardney for our ride over to Willy Woods to meet the gang. A nice bendy ride via Wragby and Market Rasen followed by a welcome warming coffee in the Woods. In total 11 riders turned up so it was decided to split into two groups, 5 led by Ken Rose and 6 led by David Hall. I was in David's group and



we set off at about 12.20. Also in our group was, Nigel Hobson, Harry, Dave Mayhew and Ian Morrison.



We headed off at a brisk pace along the A631 towards Louth, then A16 to Gunby, A158 to Partney, A16 to Spilsby, A155 to West Keal where we stopped at the Coffee Cup for refreshments and a natter.

The ride to West Keal was at a good pace with some brisk overtakes along the way. A speedy truck held us up a tad

but we all found a safe place to pass eventually. The A16 is a great road to get a move on with some nice sweeping bends.

We all tucked into tea and scones with the exception of lan who tucked into a big breakfast! In his defence he had travelled the furthest!

Before leaving we all critiqued each other's riding and discussed various points. As Tail End Charlie, lan gave an overall assessment saying that it



was a good, progressive and safe ride with just a few overtaking opportunities missed. With that, we kitted up and headed off back to Willy Woods. The route took us along the A155 to Revesby and up one of my favourite bendy roads, the B1183 to Horncastle. This road has all the types of bends you need to help associates improve their IPSGA! Coming the other way is different again, excellent!

February's Observers Meeting

By Jerry Neale

February saw the first observers meeting of the year. It was a busy and well attended meeting as we were joined by IAM local examiner Ady Crane who gave a very interesting and in depth talk on current test standards. Ady also invited any questions from the observer team and there were many keeping Ady busy all evening!

This month Ian Morrison has some help for associates looking to do a little extra homework between their observed rides. This is also a great tool for any member to do in order to maintain their program of continuous personal improvement.

- 1: Try and practice on short stretches (10-15 mins max) of roads you are familiar with. Ride them over and over and over. Trying to improve them. The more you ride them, the more relaxed you get, the more detail you can find that you never knew was there. Walk them, a 10 min ride is easily walked. Stand and watch traffic flows. Better lines, better views, better gear work, and a smoother safer more progressive ride. Use that to improve your general riding.
- 2: Then get onto roads you are unfamiliar with. See if the above has helped. If you are able to apply those improved skills to help you on longer more demanding and unknown roads. If it's not helped, go back to number 1.
- 3: Get familiar with the books. It's not soft to be caught reading the Highway Code. How can you be an advanced rider if you don't know that book back to front? You might think you know it. It's simply lazy and poor self discipline to think that you are above reading the book. Then there's HTBABR as a minimum (our industry standard) as well as other works that I'm not going to mention.

Charity Ride 10 April 2016

There is a Charity Ride Out taking place on 10 April in aid of the Lincolnshire and Nottinghamshire Air Ambulance. There is a limit of 500 places and these are going quickly. If you would like to help raise money for this worthy cause, please register as soon as possible.



For more information either go to the Facebook page or contact Roland Johns directly. Contact details in the Committee Member information.

Group Clothing

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are a number of colours available, for full details contact Kevin Turner via email. Details shown in the Committee Information.

Name	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not	PER ITEM	TOTAL
ITEM						
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:	1				TO PAY	£

Oddments!

Fancy a Ride Out here?



Photo provided by Dave Hall

Or one of the places shown here?



Courtesy of FaceBook

Spot the mistakes!



Courtesy of FaceBook



Courtesy of FaceBook

MOTs

ALL CLASSES OF MOT 1, 2, 4, 5 & 7

From a Lincolnshire Advanced Motorcyclists Member

Please ring for an appointment Open Monday to Saturday 9.00am to 5.30pm

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CONTACT DAVE FOR MORE INFORMATION

07887 528623

DIARY OF EVENTS

Contact point: Dave Hall 01522 274989

The Sunday morning Group Observed and Social Runs are open to all members and also potential members who may be considering preparing for the IAM test. The prime purpose is to provide the opportunity for all to improve their skills through riding with fellow members. Potential members considering taking the IAM test may have an individual assessment ride. It should be noted that members are free to group up as they feel fit and embark on a purely social run of their choice without any "observing" etc, merely enjoying the opportunity to ride with fellow like-minded bikers. The runs last around 2 hours, usually with a mid-point refreshment stop, starting at the venues listed below.

Brigg Leisure Centre parking area South side of A18

Willingham Woods picnic site A631 east of Market Rasen

Hartsholme Country Park South side of B1378, Skellingthorpe Road

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please note that Group Social Runs are principally for group members only. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

MARCH

- Monday 7th Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm. We have Solicitor Michael Pace who specialises in road traffic incidents and law attending as a guest speaker
- Sunday 13th Group Observed Run from Hartsholme Country Park. Meet 9.30am for 10.00am prompt start.
- Wednesday 30th Meeting for Observers and those interested in becoming Observers. Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm.

APRIL

- Monday 4th Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 10th Group Observed Run from Brigg Leisure Centre. Meet 9.00am for 9.30am prompt start
- Monday 11th Committee Meeting, Nags Head, Middle Rasen. Prompt start at 7.45pm

DIARY OF EVENTS

April continued -

 Wednesday 27th - Meeting for Observers and those interested in becoming Observers. Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm

MAY

- Monday 2nd Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 8th Group Observed Run from Willingham Woods. Meet 9.00am for 9.30am prompt start
- Wednesday 25th Meeting for Observers and those interested in becoming Observers. Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm

JUNE

- Monday 6th Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 12th Group Observed Run from Hartsholme Country Park. Meet 9.00am for 9.30am. prompt start
- Monday 13th Committee Meeting, Nags Head, Middle Rasen. Prompt start at 7.45pm
- Wednesday 29th -Meeting for Observers and those interested in becoming Observers Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm

JULY

- Saturday 2nd |July IAM 60th birthday celebrations at National Motorcycle Museum in Birmingham
- Monday 4th Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm.
- Sunday 10th Group Observed Run from Brigg Leisure Centre. Meet 9.00am for 9.30am prompt start
- Wednesday 27th Meeting for Observers and those interested in becoming Observers. Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm