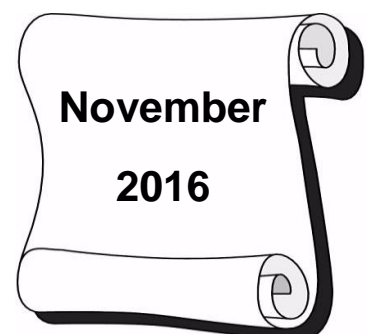


# ChainLincs

THE NEWSLETTER OF  
**THE LINCOLNSHIRE ADVANCED MOTORCYCLISTS**  
IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



Beware! Mud on the road.



## GROUP COMMITTEE MEMBERS

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## CENTRAL ENGLAND & WALES REGIONAL OPERATIONS MANAGER

Ian Firth [ian.firth@iam.org.uk](mailto:ian.firth@iam.org.uk)

Group Web Site <http://www.l-a-m.co.uk>

Webmaster Mick Smith Email: [mick.carron@btinternet.com](mailto:mick.carron@btinternet.com)



Lincolnshire Advanced Motorcyclists

<https://www.facebook.com/groups/301610040008772/>

Follow us on twitter at :- @lincsbikers\_iam

Meetings are held on the first Monday of each month starting at 8pm

at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in November 2016.

Please provide any copy to the editor, Lynne Watson, by **21<sup>st</sup> November** at the latest, earlier is better. You can send any articles by email to

[lynne.iam1@gmail.com](mailto:lynne.iam1@gmail.com)

# EDITORIAL

Hello and welcome to the November edition of ChainLincs.

If you have any recommendations for people or want to tell them about interesting roads and places contact me on either my mobile (details in committee information) or via email and we'll put something together. As they say 'Every Little Counts'. My email is [lynne.iam1@gmail.com](mailto:lynne.iam1@gmail.com).

The next social is on **7 November**, this is the AGM meeting as well as a social. All are welcome to attend and it would be great to see you all there.

If you are planning a ride out and its short notice, put it on our Facebook page, there may be others that are free and would like to join you. The social rides are open to anyone, not just LAM members, so invite your friends along as well. Sunday morning group rides are for members and those considering taking their advanced test.

Whatever you do,  
Have fun,

*Lynne*

## **Contents in this newsletter:**

- Chairman's chatter
- Membership update
- October's social
- October's Sunday ride out
- Bowling Event
- Ride Outs and events
- AGM information
- Observer & Associate Information
- Group Clothing
- Diary of events

# CHAIRMAN'S CHATTER

Welcome to the November edition of ChainLincs, it's just after 5pm and it's dark! I hate winter, well the lack of daylight, roll on the Spring. Keep the articles going to Lynne as there would be no news without you!

Only one test pass this month, congratulations to Lee Coulbeck and his Observer Andy Kitchen.

Despite the winter approaching fast, we have 4 new members this month. Welcome to Nick Tucker and Al Lui both from Lincoln, John Burrin from Scampton who we met at the skills day and Bryan Sanderson from Louth. Hope to see you all at ride outs or social meets, enjoy your training.

November's group ride is on 13 November leaving Willingham Woods promptly at 1000hrs so get there early. Hope to see you there. As I was away on holiday I didn't get out on last month's ride but understand 7 members turned up at Brigg.

Don't forget the next social on 7 November which also includes the Annual General Meeting of the Group. Please come along, have your say and even better volunteer to serve on the committee. We are losing Dave Hall from the committee this year so need a replacement if you have some time. Dave has either been on the committee or observing for 29 years! He will be remaining a Group member but felt it was time to drop back from the running of the group. Many thanks to Dave for all he has done over the years, he will be greatly missed.

The annual Barrie Heath Quiz was held on 26 October, we were hosting this year so, in theory, didn't field a team. However, Grimsby and Louth couldn't make it so we subbed for them. If they had won then Grimsby would have hosted next year. The eventual winners after a last round fight out were Lincoln Advanced Motorists, well done to them.

If you haven't seen on Facebook nor read the email I recently sent out Roland has organised another bowling evening on 25 November at the Lincoln Bowl starting at 2000hrs. Hope to see some of you there but please let Roland know if you are coming.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists [here](#) and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers\_iam).

As I write this Mark French will be finishing his trip across India on a bike to raise money for the Lincolnshire and Nottinghamshire Air Ambulance. He is up to £470 so if you haven't sponsored him yet and can afford a fiver this is his Justgiving page <https://www.justgiving.com/Mark-French3>. His target is £5000.

Hope to see you all soon, stay safe

Mick

# MEMBERSHIP UPDATE

Group Web Site: [www.l-a-m.co.uk](http://www.l-a-m.co.uk)

We have one four new members to welcome to the group recently, as follows:

Member	Observer
Nick Tucker from Lincoln	Jerry Neal
Al Lui from Lincoln	Roland Johns
John Burrin from Scampton	John Harrison
Bryan Sanderson from Louth	Kev Hewson

There is one test pass to report this month - congratulations on your success and a big thank you to your Observer.

Member	Pass Date	Observer
Lee Coulbeck	15 October	Andy Kitchen

The group membership is currently comprised as follows:

Full Members	97
Associate Members	18
Total Group Membership	115

It's getting to the time of year when things begin to quieten down for the winter, although there are a couple of tests arranged to take place during November.

Also, I hope the outstanding membership subs from those who lapsed 30 September will be renewing – your continuing membership is valued.

Finally, Observer numbers are currently very low, this is causing allocation problems especially in the Lincoln area. Please give a thought to volunteering for this worthwhile and essential role which is paramount to the running and future of the group.

THAT'S ALL FOR THIS MONTH, RIDE SAFE:

*JOHN CHEETHAM*



## October's social

There was no ride out before the social on Monday but that didn't stop people coming on their bikes. The mild weather gave them an excuse to venture out on bikes just for a little jaunt to Middle Rasen. Two of those enjoying the weather were prospective members who came to see what we were like. Couldn't have been too bad as they have both since joined! Hopefully, we will see them at the next social.



## October's Sunday Ride Out



The monthly group ride took place on a fairly pleasant morning from Brigg. Seven riders ventured out from the Ancholme Leisure Centre taking a route across the wolds, led by the maestro himself, John Harrison. Also going on some of his trademark road, of course. You know, those that have lots of green verges down the middle with gravel either side. Brilliant roads!

## Barrie Heath Quiz



Lincolnshire Advanced Motorcyclists won the annual Barrie Heath Quiz again last year and so hosted the event this year. As the Grimsby and Louth team couldn't attend we very kindly allowed them to use our brainy members as their subs! After a very closely fought quiz the trophy was presented to the Lincoln Advanced Motorists who will be hosting the event in 2017.

The event was supported by members and partners from all the groups.



LAM members subbing for Grimsby and Louth car group

## Events and ride outs

### Ride Out to Sheffield Peaks

As mentioned in last month's ChainLincs, Ian Morrison is organising a ride to Sheffield Peaks on 6 November. Ian has organised this ride out for the past 3-4 years and it has always been a popular venue and well supported. Please let Ian know if you are going, he will then advise the final meet point and time.

### Motorcycle Live

If anyone is interested in riding to the NEC Birmingham for Motorcycle Live then contact Roland Johns, he is organising a ride from Lincoln. The event is from 19 to 27 November. If you would like to go then please let Roland know as soon as possible so the preferred day can be decided on.

Group discounts are available so the more the merrier. His details are on the Committee details page, or let him know via FaceBook.

### Bowling Event

As it had been such a good night at the previous event, another bowling event has been planned for Friday 25 November at the Lincoln Bowl. If anyone wishes to come along, whether you have bowled recently or not since your younger days, then please let Roland know. It doesn't just have to be members, better halves are welcome too.



# Performance Plus Days

Nigel Hobson

Last month I was fortunate enough to be able to go on a 'Performance Plus' riding day at Cadwell Park that had been organised by the Lincs Road Safety team and comprised of a half day theory and half day on track training.

The day started well with my GSXR making it through the noise scrutineering process and followed by the regimented signing up process. This essentially involved you agreeing to everything beyond this point as your fault, totally, Including loss of life and loss of bike.

It was during this process I got talking to a chap in the queue about the training and he informed me he had done it previously and that one of the tutors were really fast and that he would avoid him if possible. He then went on to describe how this tutor rode around the track like some demi god with no hands looking at the time on his watch whilst he, following, was struggling to keep up. At this point I made a mental note to stay away from him. The tutor, not the chap, that is.

We then went and listened to a powerpoint presentation covering various topics, one of which was dust cap covers, sounding exciting now isn't it? Well it turns out that the winter salt can corrode your valve on your tyres and then due to centrifugal force from the wheel turning it can actually cause the valve to open and allow air to escape. Bet you're slightly more interested by this point? So in summary you ride along and the tyre deflates whilst you ride down the M1 in monday morning traffic. This is not a good combination, speed, tyre deflation and the outside lane of the M1! Anyway it turns out you can buy a dust cap cover which is metal and has a rubber seal in it. This then acts as a secondary measure, to the valve, to keep the air in your tyres. I had learnt something already!

Then we had a presentation from a serving Police Accident Investigator who went through some pictures and videos showing accidents involving bikes. Whilst morbid it was also fascinating and served as a good reminder to us all about speed, positioning, braking and observational skills.

Lunch then followed. Lining up I followed a chap who selected a superb plate full of chips and curry. In the mean time I was eyeing up a rather attractive sweet & sour chicken, well I was until one of the tutors off the track came in and announced to the smug chap in front that he would be very lethargic after lunch and that eating light was the way to go. Whilst he left the till a little less smug I then proceeded to order a tuna sandwich and a bottle of water and left the till prepared for the afternoon and, to be honest, a little disappointed.

We then met up for the track exercises. At this point I noticed the chap I met earlier sat in a different queue. I found out why a little later...

After we had positioned ourselves on the start/finish line we then proceeded to do a number of exercises, tight turning, slow riding, emergency stop and locking wheels up...have we not just spent many years trying not to lock our wheels up and here we were on the start/finish line at Cadwell 'trying' to lock our wheels up!

Clearly everyone on BMW's stood looking quite happy and after explaining that they would 'try' to lock wheels up they all felt their ABS would probably not allow them to. Enter the tutor and after explaining he worked for BMW as tester and not to worry he could turn the ABS off for them all. Enter a rather more serious bunch of BMW riders clenching butt cheeks at the thought of sliding their £15K bikes down the start/finish line – whilst not even in a race!



But we all did it (well nearly all), back wheels locking up and sliding, front wheel locking up - aided with the instruction of 'grab (snatch the lever) and let go before you fall off' learning technique. Then it was play time on the track. For some reason I was at the back, even though I was at the front when entering the paddock. Although with hind sight this may have been down to me joining the back of the wrong group and having to do a walk of shame around the back of my group. Look nobody told me – being English I saw a queue and joined it!

On leading out to the race track the rider in front dropped his glasses off the back of his helmeted head (?) in front of me. I diligently pulled up and told the marshal, who diligently went running to claim them back before they got run over by the next group.

At this point I realised the group had cleared off without me and in typical 'catch up' style I shot off to find a queue to join. Entered bend too fast, reverse camber, locked back wheel up – some how stayed on and then shoot down the start/finish straight at 140mph ... half a lap further on I caught them up, much to my relief I now had a queue to sit in.

The afternoon got gradually faster and faster and we kept lapping the 'slow' group ( the group I had previously tried joining – note to self riding a GSXR may give the impression that I could ride!) and kept lapping and again and so the afternoon proceeded, until we stopped for a drink.

As I stepped off my bike, pouring with sweat and desperate for a beverage I looked back and asked one of the other riders if they had enjoyed it. His retort was 'I feel a bit sick'. I know what he meant. I had previously not linked incontinence with motorcycle racing, oh and the tutor the chap mentioned to me?, that was mine: flying Squad member, BMW tester, and yes he did look at his watch whilst the rest of us were clinging on for dear life!

So what did I learn? Well lots really! You will never know what your bike is capable of doing until you go on a track or are happy to lose your licence!

My tip, turn up on a Honda CG125, your day will be much less stressful!

# AGM Information

**NOTICE IS HEREBY GIVEN** by order of the Group Committee that the 30<sup>th</sup> Annual General Meeting of **LINCOLNSHIRE GROUP OF ADVANCED MOTORCYCLISTS** will be held at 8.00pm on Monday 7 November 2016 at the Nags Head, Gainsborough Road, Middle Rasen, Market Rasen, LN8 3JU to enable the Trustees of the Group (Registered Charity No. 1049955) to present their Annual Report and Accounts for the year ended 31 March 2016 for approval by the Group Members and to conduct an election.

<b>Honorary Secretary's Name</b>	John Cheetham	<b>Date</b>	01 09 2016
<b>Address</b>	26 Lansdall Avenue Lea Gainsborough DN21 5JL	<b>Group No.</b>	7176

All Members, Associates and Friends are invited to attend but only Fully Paid Up Members of the IAM and of the Group may vote.

A Member entitled to vote at the General Meeting may appoint a proxy to vote in his stead. A proxy need not be a Full Member of the Group.

## CURRENT OFFICERS

All Officers retire annually and may offer themselves for re-election. (Group Rule 3.4)

<b>Mick Smith</b>	<b>Chairman</b>	<b>Offering to stand for re-election</b>
<b>Vice Chairman</b>	<b>Post currently vacant</b>	
<b>John Cheetham</b>	<b>Secretary</b>	<b>Offering to stand for re-election</b>
<b>Sam Kirwan</b>	<b>Treasurer</b>	<b>Offering to stand for re-election</b>

## COMMITTEE MEMBERS

One third of the Committee (excluding Officers) must retire annually and may offer themselves for re-election. (Group Rule 3.4)

### A. RETIRING BY ROTATION AND STANDING FOR RE-ELECTION

**Kev Turner**

### B. RETIRING BY ROTATION AND NOT STANDING FOR RE-ELECTION

**Dave Hall**

### C. COMMITTEE MEMBERS NOT RETIRING

**Lynne Watson**  
**Roland Johns**  
**Steve Wivell**  
**Jerry Neale**

Note

**The total number of Committee Members including the Officers must not exceed twenty. Please see the NOMINATION PAPER for further detail.**

As notified separately, the AGM is being held at 8.00pm on Monday 7 November 2016 at the Nags Head, Gainsborough Road, Middle Rasen, Market Rasen, LN8 3JU.

Nominations are invited from Full Members to stand for Committee. The Nominee must be willing to stand for the Committee and sign the Nomination Form. By signing the Nomination Form the Nominee is affirming his/her ability and intention, if elected, to attend Committee meetings regularly.

**Please note** - You may not stand for the Committee if the law debars you from being a Charity Trustee.

Only Fully Paid Up Members of the IAM and of the Group may nominate Committee Members or be nominated as Committee Members.

This Nomination Paper must be returned to the Group Secretary at least seven days before the election – i.e. by 2 November 2016. (Group Rule 3.5)

All Officers and one third of **all** other Committee Members must retire annually by rotation and may offer themselves for re-election by Group Full Members. (Group Rule 3.4)

Those elected become Charity Trustees of the Group.

#### OFFICERS

<b>Name</b>	<b>Position</b>	<b>Nominated by</b>	<b>Seconded By</b>	<b>Signature of Nominee</b>
Mick Smith	Chairperson	Lynne Watson	Kevin Turner	
vacant	Vice Chairperson			
John Cheatham	Honorary Secretary	Sam Kirwan	Roland Johns	
Sam Kirwan	Honorary Treasurer	Kevin Turner	Lynne Watson	

#### COMMITTEE MEMBERS

<b>Name</b>	<b>Nominated by</b>	<b>Seconded by</b>	<b>Signature of Nominee</b>
Kevin Turner	Mick Smith	Jerry Neal	

# National Motorcycle Museum

For those of you who have an interest in old motorcycles, or even have one (some) of your own then you may be interested in the new and innovative Membership scheme being offered by the National Motorcycle Museum. This scheme will give enthusiasts the chance to take part in some unique activities that just wouldn't be possible otherwise. The unique content of the scheme allows people to lean about, ride and enjoy old bikes.

Some of the events on offer include a 'Try a Classic Bike' rider training days or a 'Classic Bike Tour' day as well as museum workshop training days.

Even if you are not particularly interested in old bikes this may be an idea for a birthday or Christmas present for someone you know who is. For further information check out the website at [www.thenmm.co.uk](http://www.thenmm.co.uk) or call on 01675 443311.

## Observers and Associate Information

Jerry Neale

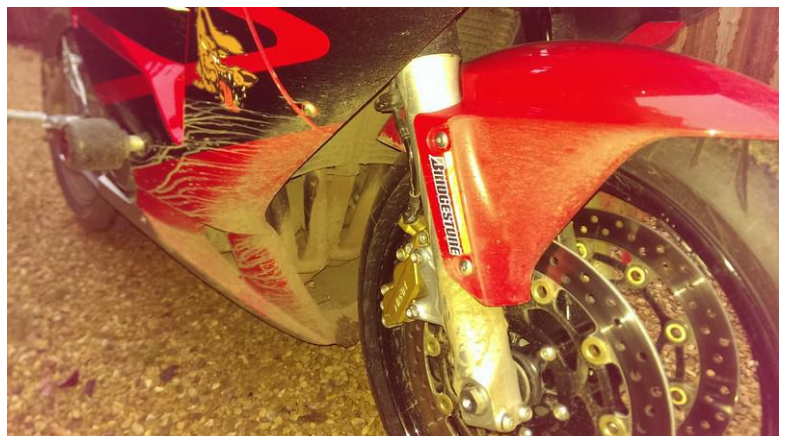


It was a well attended and very busy Observers meeting again this month. There was mounted practical bike training for all Observers. Ken Rose led the team out on the road around a scenic and sometimes challenging route with changing weather conditions. Working in pairs the team worked through many of the challenging tasks required of an observer with assistance from the experienced members of the team who were also checking that riding standards remain high.

Refreshments and team debrief were

taken back at the Naggs Head. Thank you for all who attended and worked hard on the day. Thanks also go to the farmers who like to add considerable amounts of mud to the road this time of the year to check our observing and riding skills!

Sugar beet harvesting (known as the campaign) can run from mid September until February or even March so make good observations to ensure that you're riding plans can accommodate any changes to the road conditions. Any mud on the road considered to be dangerous should be reported to the police ASAP. The LAM Observer team is always available for any member of the LAM group who would like to have a one to one in order to maintain their own program of continuous personal improvement with their riding. The Sunday morning group observed run is a great opportunity to take full advantage of this free service for any member, just ask any member of the team. As we have two more Sunday morning group runs before the end of the year, wrap up warm, support your group and try to make an effort to hone your winter riding skills on at least one of the Sundays.



## Group Clothing

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are a number of colours available, for full details contact Kevin Turner via email. Details shown in the Committee Information.

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:					TO PAY	£
<b>PAYMENT MUST BE RECEIVED WITH ORDER</b>						





## ALL CLASSES OF MOT 1, 2, 4, 5 & 7

From a Lincolnshire Advanced Motorcyclists Member

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**CONTACT DAVE FOR MORE INFORMATION**

**07887 528623**

# DIARY OF EVENTS

Contact point: Dave Hall 01522 274989

The Sunday morning Group Observed and Social Runs are open to all members and also potential members who may be considering preparing for the IAM test. The prime purpose is to provide the opportunity for all to improve their skills through riding with fellow members. Potential members considering taking the IAM test may have an individual assessment ride. The runs last around 2 hours, usually with a mid-point refreshment stop, starting at the venues listed below.

It should be noted that members are free to group up as they feel fit and embark on a purely social run of their choice without any "observing" etc, merely enjoying the opportunity to ride with fellow like-minded bikers.

**Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH**

**South side of A18**

**Willingham Woods Picnic Site, LN8 3RQ      A631  
Rasen**

**east of Market**

**Hartsholme Country Park Cafe, Lincoln, LN6 0EY      South side of B1378, Skellingthorpe Road**

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

**It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.**

## DIARY DATES

### NOVEMBER

- Sunday 6<sup>th</sup> – Sheffield ride out with Ian Morrison. See article in Events
- Monday 7<sup>th</sup> - Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm commencing with the group ANNUAL GENERAL MEETING. All members are requested to attend as your vote counts.
- Sunday 13<sup>th</sup> - Group Observed Run from Willingham Woods. Meet 9.30am for 10.00am. prompt start.
- Friday 25<sup>th</sup> November – Bowling night at Lincoln Bowl

PLEASE NOTE - No Observers meeting this month.

### DECEMBER

- Monday 5<sup>th</sup> - Christmas social meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm. Includes, quiz, raffle and buffet.
- Sunday 11<sup>th</sup> - Group Observed Run from Hartsholme Country Park. Meet 11.30am for 12.00am. prompt start.
- Monday 12<sup>th</sup> - Committee Meeting, Nags Head, Middle Rasen. Prompt start at 7.45pm

PLEASE NOTE - No Observers meeting this month.

## **2017**

### **JANUARY**

Please note there are no formal events during the month of January, however, that's not to say that nothing happens! If you have any suggestions, please let us know.

### **FEBRUARY**

Monday 6<sup>th</sup> - Monthly evening meeting at the Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm.

Sunday 12<sup>th</sup> - Group Observed Run from the Ancholme Leisure Centre, Scawby Brook, Brigg. Meet 11.30am for 12.00am. prompt start.

Monday 13<sup>th</sup> - Committee Meeting, Nags Head, Middle Rasen. Prompt start at 7.45pm

Wednesday 22<sup>nd</sup> - Meeting for Observers and those interested in becoming Observers Venue the Nags Head, Middle Rasen, LN8 3JU (A631), commencing 7.45pm.