

ChainLincs

THE NEWSLETTER OF



Lincolnshire
Advanced Motorcyclists



IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



February

2019

GROUP COMMITTEE MEMBERS

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Group Web Site <http://www.l-a-m.co.uk>

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Lincolnshire Advanced Motorcyclists

<https://www.facebook.com/groups/301610040008772/>

Follow us on twitter at @lincsbikers_iam

Meetings are held on the first Monday of each month starting at 8pm
at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in March 2019.

Please provide any copy to the editor, by **25 February 2019**

EDITORIAL



This month it doesn't hurt to look forward to spring

No feedback received concerning a move to a web-based publication – still like to have some opinions please.

If there is anything that you particularly like or dislike about the newsletter, I would be glad to hear from you.

So, e-mail your thoughts and contributions to chainlinks@uwclub.net, and don't forget that our commitment to the highest journalistic standards means that if I can read it, we'll print it. Photographs, art, and writing are all equally welcome.

If you are planning a ride out and its short notice, put it on our Facebook page, there may be others that are free and would like to join you. It's a great way to meet other members.

Enjoy your riding,

Nick

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CHAIRMAN'S CHATTER

Welcome to 2019 and the first edition of ChainLincs for the year. What a great year we had in 2018 with just over 50 new members and 27 test passes! Absolutely fantastic and all down to the work and enthusiasm of the committee and observers – thank you all. Lets hope we can do as well if not better in 2019. Simon has already lined up an event at Rob Speed M/C in June and although not yet organised hopefully we can do another open day at the WAVE in Apr/May sometime. This event was particularly successful providing 10 new members.

The result of the special offer the IAM ran at the NEC bike show was 13 new members – not so unlucky for us! The IAM have since run another offer but that was for only 21 courses and we didn't get anything from that. Keep an eye on Twitter and Facebook in case the IAM do more offers so you can share with your friends etc. New year more new members. Three have signed up in January so welcome to James Lee from Lincoln, Ashley Gregory from Riby and Perry Martin from Cleethorpes. Welcome to the IAM and our Group and hope to meet you at a ride out or social meeting soon.

The test passes also kept coming through December and January. Congratulations to Andrew and Clare Gladding, Ian Glastonbury, Andy Hawken, Paul Vernon and Andy Brookes. Well done to you and your Observers – Malcolm Heaton, Mike Day, Roland Johns, Kev Hewson, Paul Henseleit and Simon Battram. Great to see so many out over the Winter months.

For those associates that haven't been in touch with your Observer for a while please stay in touch. If you have decided to not continue the training, please let your Observer or John Cheetham know. Our Observers are volunteers and have plenty to do without chasing associates that have decided not to continue but don't respond to messages and haven't had the common courtesy to let us know.

If you fancy being an Observer come along to an Observer meeting. Observer meetings during the Winter months are held at Emprocom Ltd, Bridge House, Scothern Lane, Langworth, LN3 5BH. If you need more details, please give Jerry Neale a ring on 07412 935333

What a great turn out at the December Group ride from Brigg. There were around 24 riders who split into various groups and headed out across Lincolnshire and maybe beyond. Thanks to you all for turning up and to those that lead a ride. If you are leading a ride please make sure you know who you have got and make sure you don't lose any along the way. Plenty of mirror use should make this possible, and as advanced riders we should be used to that.

The first Group ride for the year is from Willingham Woods on 10 Feb leaving promptly at Midday so please get there earlier or you might find us leaving as you turn up! Hope the weather stays good because as I write this there is the threat of snow over the next few days.

Do you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow . Seven members of the Group have now signed up. For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists [here](#) and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam).

Stay safe out there and enjoy the winter roads,

Mick

Membership Update etc.

Group Web Site: www.i-a-m.co.uk

We have had five enrolments since the December newsletter update, a warm welcome to you all.

Member	Observer
875 David Walker from Newark	Dave Ayres
876 James Lee from Lincoln	Roland Johns
877 Ashley Gregory from Riby	Simon Battram
878 Perry Martin from Cleethorpes	Mike Day
879 Rebecca Connolly from Lincoln	Andrew Kitchen

The following new members who were mentioned in the December newsletter have now been allocated to Observers as follows:

Member	Observer
866 Shirleyann Robinson from Lincoln	Paul Henseleit
868 Danielle Foster from Grimsby	Simon Battram
870 David Matthews from Auckley	Allan Knight
871 Trevor Nuttall from Waltham	John Harrison
873 Gerard Williams from Waddington	Phil Niner
874 Simon Tillett from New Waltham	Mike Day

There are six test passes to report since the December newsletter listing, making twenty-seven in 2018 and three so far during 2019.

Congratulations on your success and a big thank you to your Observers.

Member	Pass Date	Observer
Clare Gladding	6 December	Mike Day
Andrew Gladding	7 December	Malcolm Heaton
Ian Glastonbury	13 December	Roland Johns
Andy Hawken	20 December	Kev Hewson
Paul Vernon	11 January	Paul Henseleit
Andy Brookes	15 January	Simon Battram

The group membership is currently comprised as follows:

Full Members	115
Associate Members	38
Total Group Membership	153

I have omitted from the total those members whose IAM membership is not current.

Also ten of the thirty nine Associate members are currently non active and have been placed "ON HOLD" until ready to start / resume.

That's all for this month, ride safely:

John Cheetham

ACTIVITIES

Cold days ahead

Simon Battram dateline 5th January 2019



Look what my Sue's knitted for me. Cold days ahead. 👍😁

Good check to the left

Simon Battram dateline 6th January 2019



Pictures from today with Ashley. Good check to the left before exiting the roundabout! 👍

Nice bimble for cake and coffee!

Roland Johns dateline 8th January 2019



East Kirkby Aviation Museum – a nice bimble for cake and coffee! Filthy roads!

One does not simply ride into Mordor...

Simon Battram dateline 13th January 2019



A few pictures of today's ride with Andy Brookes. Over to MORDOR. Great ride with very little polishing. John H type roads deserved coffee and cake at ZOOMZOOM tea rooms. And a good luck to the riders, rainbow on the way home.

Ride that ride Andy! 😁👍

Great bumble on Bumble

Roland Johns dateline 15th January 2019



Great bumble on Bumble with some mates, funnily enough we ended up at the Dunn Deal tea rooms! I even managed to overtake a truck, bang on 60! 😊☕🍷

Soooo, today this happened.

Andy Brookes dateline 15th January 2019



Soooo today this happened. I would like to thank Simon Battram for all his help and mentoring. Oh and safe rider 😊

Good (frozen) solid ride

Malcolm Heaton dateline 20th January 2019



Good solid ride from Duncan, in spite of very bad weather conditions, against my better judgement we had to stop for cake and a thaw as Duncan was frozen to his bike, a lot of snow towards Yorkshire moors.

Challenging ride

Graham Hammill dateline 20th January 2019



Challenging ride home tonight. Walked it home last quarter of a mile once I got off the main road. Phew.

All the gear, all the time

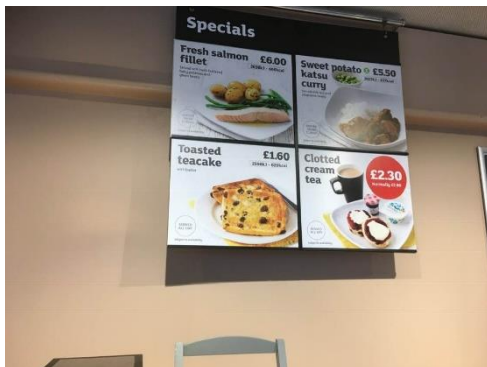
Ian Firth dateline 26th January 2019



Ffs how dangerous is that - flip flops on a bike

Cutting to the chase

Malcolm Heaton dateline 27th January 2019



Interesting ride today, out doing roundabouts and filtering with Duncan who did very well, on the way back big accident on Clive Sullivan way so we had about 2/3 mile filter through the backed up traffic, got to Humber Bridge it was closed to motorcycles, had to ride all the way around, some on motorway with a 60 mile an hour wind on a naked bike, my neck muscles like Mike Tyson.

But this is all boring here is want you want to see, the cakes.

Chasing to the cut

Shared by Allan Knight from Harry Callum Hunter dateline 31st January 2019



Has anyone had a Honda Repsol 125cc nicked? Just seen one without a number plate down near Clems Skip Yard in the dyke water

DIARY OF EVENTS

The Sunday morning Group Observed Runs are open to all members and also potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members.

Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours, often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

Willingham Woods Picnic Site, LN8 3RQ East of Market Rasen A631

Hartsholme Country Park Cafe, Lincoln, LN6 0EY South side of B1378, Skellingthorpe Road

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

FEBRUARY

- | | |
|----------------|--|
| Monday 4th | Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
Dave Hall is presenting a film show of some of his European touring holidays. |
| Sunday 10th | Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 11.30 for prompt departure at 12.00 |
| Monday 18th | Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45 |
| Wednesday 27th | Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2) |

MARCH

- | | |
|----------------|---|
| Monday 4th | Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00 |
| Sunday 10th | Group Observed Run - Hartsholme Country Park café area
Meet 09.30 for prompt departure at 10.00 |
| Wednesday 27th | Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2) |

APRIL

- | | |
|------------|---|
| Monday 1st | Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00 |
| Sunday 7th | Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 9.30 for prompt departure at 10.00 |
| Monday 8th | Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45 |

Wednesday 24th	Meeting for Observers and those interested in becoming Observers For information contact Jerry Neale (details on page 2)
MAY	
Monday 6th	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm Those who wish to participate in the pre meeting ride please arrive at the Nags Head for 6.00pm
Sunday 12th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 09.30 for prompt departure at 10.00 start
Wednesday 29th	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
JUNE	
Monday 3rd	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm Those who wish to participate in the pre meeting ride please arrive at the Nags Head for 6.00pm
Sunday 9th	Group Observed Run - Hartsholme Country Park café area Meet 09.00 for prompt departure at 09.30
Monday 10th	Committee Meeting, Nags Head, Middle Rasen Prompt start at 7.45pm
Wednesday 26th	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
JULY	
Monday 1st	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm Those who wish to participate in the pre meeting ride please arrive at the Nags Head for 6.00pm
Sunday 7th	Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg Meet 9.00 for prompt departure at 9.30
Wednesday 31st	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
AUGUST	
Monday 5th	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00 Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00pm
Sunday 11th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 09.00 for prompt departure at 09.30
Monday 12th	Committee Meeting, Nags Head, Middle Rasen Prompt start at 19.45pm
Wednesday 28th	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)

SEPTEMBER

- Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 09.00 for prompt 09.30 start
- Wednesday 25th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

OCTOBER

- Monday 7th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 13th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 9.30 for prompt departure at 10.00
- Monday 14th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 7.45pm
- Wednesday 30th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

NOVEMBER

- Monday 4th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm,
commencing with the group ANNUAL GENERAL MEETING
- Sunday 10th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt 10.00 start
- Wednesday 27th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

DECEMBER

- Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm
- Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 11.30 for prompt 12.00 start
- Monday 9th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 7.45pm

PLEASE NOTE there is no Observers meeting this month



<https://www.facebook.com/events/781325025325026/>

John Harrison's Find the Motorcycle

Q1: What is the connection between Shakespeare's most musical spirit, plus the colour of the star Betelgeuse, and its constellation Orion?

A1: *Ariel Red Hunter*

Q2: Its capital on the Isle of Man, when the mythical monster takes to the skies.

A2: *Douglas Dragonfly*

Q3: Sweet potato has a surprise in the Sahara.

A3: *Yamaha*

Part 2

Q1: Success on the American Epsom flat track?

Q2: Part of the old gasbag has to return to Kings Lynn and then
take the London road with a showy blonde.

Q3: Ancient tusker ran at noon in three legged races.

Answers in the March edition!



OBSERVERS AND ASSOCIATE INFORMATION

There are no Observers meeting during the months of December and January. The next meeting is Wednesday 27th Feb 19 at Emprocom, Langworth.

The start of a New Year is always a great time to look towards setting new goals & challenges in our life.

As Advanced motorcyclists we should never stop learning and always be looking to continue with increasing our skill set, that might be looking towards signing up to the *IAM Roadsmart* Fellow, or even looking at the Masters course. Full members are welcome to step up to the next level and train towards achieving the IMI Local Observer qualification. Feel free to contact me on 07412935333 if you would like ask any questions about becoming an Observer. **Go ahead and challenge yourself in 2019**

Practice, Practice, Practice!

To become proficient as an Advanced rider it is important that you continue to practice your Advanced riding skills. This is relevant at any level, Associate, Full member, Observer, Fellow; Masters, the learning never stops. On your next ride out take time to self analyse your ride. Ask yourself, am I riding at an Advanced level? Could I have done something different to improve my ride? Where is my vision? Use your eyes to build up a picture of what is happening all around you, as far as you can see, in every direction. The best way to build up this picture is to use your eyes in a scanning motion which sweeps the whole environment: the distance, the mid-ground, the foreground, the sides and rear. You might find that there is some room for improvement.

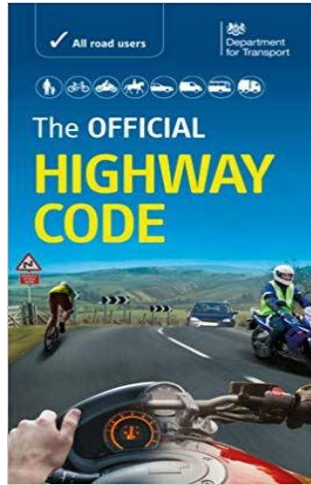
The LAM Sunday morning Group ride out is a great opportunity for associate members to get in some extra riding practice before their Advanced test. At the Sunday morning ride you will usually find many Observers and Full members who have got a vast knowledge and experience of Advanced riding who are always willing to assist others to achieve test standard. It is also another opportunity to practice the work that you have been doing with your Observer. We have three areas of the county covered, so take a look in the events diary and plan your next Sunday morning Group ride!

Five things to be doing before your Advanced test

1. Read and review all sections of your Advanced Rider Course book:



- IPSGA
- HUMAN FACTORS
- CORE RIDING SKILLS
- BENDS & CORNERING
- JUNCTIONS & ROUNDABOUTS
- OVERTAKING
- MOTORWAYS & DUAL CARRIAGEWAYS
- SLOW RIDING



2. Read & know your Highway code!
3. Demonstrate your Pre-ride **MPOWDERY** checks to a high standard
4. Review all your Course Run sheets; are there any weak parts that need extra practice?
5. **Get out on your bike** and practice your new skills so that they become second nature to your ride.

Gritting routes

The county council grits 1,869 miles of priority roads in Lincolnshire when road temperatures drop to around 1°C.

This includes:

- All A and B roads
- At least one road from each of the county's main villages to a major traffic route
- At least one road within 500m of all train and bus stations, hospitals and schools, where possible
- Additional roads depending on various risk factors, such as historic accident data

[View of the gritting routes map](#)

For the latest news on the council's gritting operations, [follow @LincsCC roads on Twitter](#).

The Highways Agency is responsible for gritting all trunk roads in Lincolnshire, including on the A1, the A52 Grantham to Nottingham and the A46 west of Lincoln.

No other roads will be treated, except during severe snow or prolonged icy spells. We do not routinely grit or salt footpaths. However, during severe weather, we work closely with local organisations to clear some steep and well-used pavements.

There is no law preventing people from [clearing snow and ice from public spaces](#), when done carefully.

When we grit

From October to April, we work with the Met Office to monitor weather conditions around the clock and our 43 gritting crews are on call 24/7.

The decision to grit is based on forecasts for winter weather, road surface temperature, dampness of road surface, air temperature and humidity.

When we grit, we try to do so either before ice has set or once snow has settled so that it has the best chance of working. Be aware that high-purity white salt is not always visible on the road.

Why roads might still be icy

Even when we've gritted a road, it doesn't mean it won't be icy. This is because:

- It takes time for the salt to take effect
- High winds or sudden rain can take salt off the road
- If the road surface temperature drops to below -7°C, gritting becomes much less effective
- If the road surface temperature drops to below -15°C, gritting doesn't work at all
- Information courtesy of Lincs County council

Happy New Year from all of the LAM Observer team

Jerry

DEALING WITH PARKED MOTORCYCLE SYNDROME

As 2019 dawns, I like to discuss an illness known to afflict many motorcyclists – PMS or Parked Motorcycle Syndrome.

The symptoms of PMS have been well documented and with a cure so readily available, why do so many motorcyclists suffer in silence?

Does the motorcyclist in your life...

- Yell at weather forecasters on television.
- Put on their helmet in the house.
- Curse each day of winter.
- Regard home as a prison.
- Tell you to 'Shussssh', whenever a motorcycle can be heard.
- Sit looking east for hours on end, drinking, waiting for spring, like a character in a Russian novel.

As the condition worsens, the afflicted individual becomes utterly listless, attempts to live in the garage, finds spurious maintenance tasks that must be completed with all urgency; loosening and retighten random bolts to make sure they are torqued correctly, and responds to questions by making motorcycle sounds.

In the final stages of PMS, motorcycles have been found parked in front of televisions, with MotoGP reruns and "The Long Way Round" on a continuous loop.

To offset the debilitating effects of PMS, encourage the Motorcyclist in your life to, spend hours at the computer planning trips, mapping out routes and setting an agenda. If the motorcyclist responds to this treatment, encourage them to check the quality of the tarmac by "riding" the routes via Google Street View.

What can you do to help?

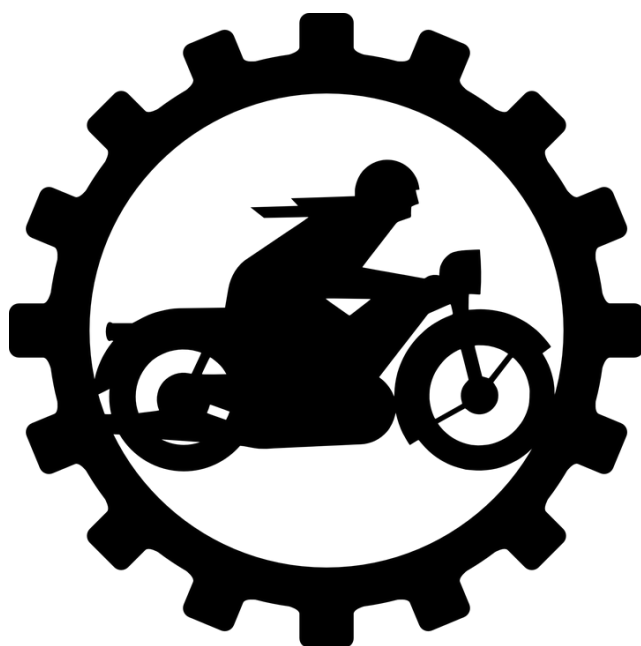
Scouring YouTube for trip videos made by other motorcyclists and using “active listening” techniques when the motorcyclist in your life goes off into another ramble about how good it is going to be when the summer comes, are all known to lessen the symptoms of PMS.

But at the heart of it all is the need to un-park the motorcycle.

In these busy times, it is easy to overlook the needs of the motorcyclist in your life. Do what you can to encourage them to open the garage door and embrace those dry winter days.



David Ayres



GROUP CLOTHING

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are a number of colours available, for full details contact Kevin Turner via [email \(kevtturner59@sky.com\)](mailto:kevtturner59@sky.com) or 07796 954004

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:					TO PAY	£
PAYMENT MUST BE RECEIVED WITH ORDER						

Points to Ponder

Years ago there was a column in a magazine I read called “Points to Ponder” – Thought something similar might work in the magazine. With that in mind ... see below ☺

Meeting up a few days after an invigorating weekend ride across the Lincolnshire Wolds, a colleague explained his encounter with the ubiquitous “white-van-man”.

After the final tea and coke stop, we went our different ways which involved my colleague filtering down the outside of a queue of traffic. The traffic was waiting to pass some long established roadworks on a wide single carriage-way road. Having filtered successful to about the half way point, he was just alongside white-van-man when from stationary, our van driver decided it was time to turn right, out of the line of traffic.

A rapid application of brakes and a solid thump on the side of the van with his fist, all while maneuvering to avoid white-van-man, prevented any unwanted conclusion to the incident.

Filtering is a privilege for a motorcyclist not a right. We get to avoid waiting in line and not everyone is going to see filtering as something to be celebrated. How many of us have seen a car move to block the gap?

Constant awareness and reading of the situation are necessary to ensure we maintain our safety bubble. Accepting that reasonable precaution was taken when filtering, what more could have been taken from the situation to be ready for White-Van-Man?

A pathological hatred of all vans isn't a bad place to start. The foundation for this approach is that often the van isn't owned or insured by the driver. The driver is at work and the sooner they get to where they are going, the sooner the job is done and the sooner they are finished for the day.

This led me to a couple of other thoughts. Do vans after 3 pm have a higher risk rating? It is getting closer to the end of their day, which might add to their impatience level. Should I give vans at weekends even more consideration? Perhaps the driver is on overtime or a call out when the driver would rather be at home? Add in the after 3 pm rule and should a van, after 3 pm on the weekend be considered the devil incarnate?

There isn't any scientific fact or empirical evidence in my theory, and to be politically correct I should point out that there might be considerate van drivers out there somewhere. Regardless, I seem to be assessing vans, especially the white ones, with renewed vigour when I come across them.



PS: Judging by the state of the road in the picture, it must have happened in Lincolnshire!

David Ayres











TRADE DIRECTORY






Support our local bike businesses. If you know a good local bike business, send details for inclusion to chainlinks@uwclub.net

	<p>RWH Motorcycles Ltd, Repairs, servicing, tyres, MOT, wheel building</p> <p>http://rwhmotorcyclesoflincoln.co.uk/</p>
	<p>Customised motorcycle seat re-covering / re-trimming service, altering trike and motorcycle seats</p> <p>http://edblade.simpl.com</p>
	<p>Cylinder rebores, valve guide replacement, bespoke repairs, bearings</p> <p>http://www.nrsec.co.uk/</p>
	<p>MOT testing, repair and servicing for all makes and models of bikes, trikes, scooters, mopeds and quads</p> <p>http://www.skmotorcycleslincoln.co.uk/</p>
	<p>Online and showroom retailer of motorcycle helmets, clothing, parts & accessories.</p> <p>https://www.sportsbikeshop.co.uk/</p>
	<p>Triumph and Yamaha Main Dealer in Lincolnshire.</p> <p>http://www.webbsoflincoln.co.uk/</p>
	<p>Control and drive cables made from a pattern, drawing, or to fit your bike, ultrasonic carb cleaning, thread repair inserts fitted for spark plug and other threads.</p> <p>http://www.carrotcycles.co.uk</p>
	<p>Musgrave & Co Tools 5 Clasketgate, Lincoln, LN2 1JJ</p> <p>Phone: 01522 527088</p>
	<p>Colin Willoughby Motorcycles Grange Lane North Scunthorpe North Lincolnshire DN16 1DE Phone: 01724 853300 https://colinwilloughbymotorcycles.co.uk/</p>

THE QUEST FOR CAKE

One of the joys of observed runs is a stop for feedback, cocoa and buns. If you know a good local café, send details for inclusion to chainlinks@uwclub.net

	Wickenby Cafe is based in the Control Tower at Wickenby Aerodrome. There is also a museum upstairs which tells the story of RAF Wickenby during WW2. Bike Night - Wednesdays until end of September. https://www.facebook.com/groups/495019267369270/about/
	Three Kings Inn , Saltersway, Threkingham, Sleaford NG34 0AU. It says here: <i>"a quintessential old English pub in traditional style with a balanced mix of local patrons, diners and tourists, creating an ambiance and atmosphere where everyone feels welcome and comfortable."</i> The MG car club meets here http://www.thethreekingsinn.com/
	Lincoln Bowl - Washingborough Road, Lincolnshire, Lincoln LN4 1EF. Lincoln's premier bowling centre also has a café attached. Ample parking.
	Mount Pleasant Windmill Tearooms & True Loaf Bakery Ltd , 6 North Cliff Rd, Gainsborough DN21 4NH noted for stoneground organic flours, which are sold in their delightful tea room. http://www.visitnorthlincolnshire.com/item/mount-pleasant-windmill/
	Sentry Post Snack Bar Sleaford Road A15, Lincoln LN5 9FG, England +44 7540 752432 – opposite the Waddington Avro Vulcan and adjacent to the Waddington Aircraft Viewing Enclosure (WAVE) for a friendly welcome and notable bacon butties.
	Daisy Made Ice Cream Lincoln Rd, Skellingthorpe, Lincoln LN6 5SA - Small farm with a coffee shop serving homemade ice cream, animals to pet, crazy golf and play area. http://www.daisymadefarm.co.uk/
	Pennells Garden Centre , Newark Road, South Hykeham, Lincoln LN6 9NT – this is family owned business established in 1780 and has a large restaurant and tons of parking. Popular as a debrief point for those undergoing compulsory driver training (so I'm told) http://www.pennells.co.uk/lincoln/
	Clayton's Corner Main Street, Howsham, Market Rasen, LN7 6JZ - a favourite, lunch can be sandwiches which come with salad, crisps and homemade coleslaw. There is also hot food on the menu and a selection of homemade cakes and pastries. The staff are welcoming https://www.facebook.com/Claytons-Corner-Cafe-350859448434765/

	<p>Café Mews - Whether it's a hearty home cooked breakfast or a tasty warming soup you're craving our fully home cooked menu, utilising the best the local area has to offer, is guaranteed to fill the hole in your belly and warm your heart.</p> <p>Coffee Mews Ltd, A18,Melton Ross, North Lincolnshire, DN38 6AB, 01652 245001 email:contact@cafemews.com</p>
	<p>The Seaways Cafe welcomes all bikers, lorry drivers, walkers, cyclists, holiday makers and anyone else who wants a trip to a brilliant café. Telephone: 01377 288203 Opening times: 8 am – 4 pm daily Location: Fridaythorpe, East Yorkshire, YO25 9RX</p>
	<p>The Honey Pot Café Maltkiln Road, Waters Edge, Barton-upon-Humber DN18 5JR, UK</p> <p>Sit on the jetty to eat - over looking the lake full of wildlife. Great food and prices and very nice staff.</p>
	<p>Zoom-Zoom Tea Rooms, Sand Lane, South Cave, HU15 2JQ</p> <p>https://www.facebook.com/zoomzoomtearoom/</p>
	<p>The Dunn Deal Tea Rooms Normanby Road Nettleton, Market Rasen LN7 6TB, England, Telephone +44 1472 488410</p> <p>https://www.facebook.com/DunnDealTearooms/</p>

