

ChainLincs

THE NEWSLETTER OF



Lincolnshire
Advanced Motorcyclists



IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



April

2019

GROUP COMMITTEE MEMBERS

The Area Service Delivery Manager for our region (East Midlands and North Yorkshire) is Peter Serhatlic. Peter can be contacted on

peter.serhatlic@iam.org.uk or via mobile

on 07703 718907

Mick Smith mick.carron@btinternet.com	Chairman & Website	01673 860853 07979 912740
John Cheetham lincs-am-sec@pobroadband.co.uk	Group Membership Secretary & Newsletter Mailing	01427 616864
Sam Kirwan Samng41@icloud.com	Treasurer	07745 774215
Phil Niner philniner67@gmail.com	Group Data Manager	
Jerry Neale jerryneale@tiscali.co.uk		01522 681613 07419 35333
Sit. Vac.	Website & Group Clothing	
Kev Hewson kevrhewson@live.com		07554 629184
Nick Tucker chainlincs@uwclub.net	ChainLincs editor	07504 502633
Simon Battram shbattram@virginmedia.com		07985 038413

Group Web Site <http://www.l-a-m.co.uk>

Webmaster Mick Smith Email: mick.carron@btinternet.com



Lincolnshire Advanced Motorcyclists

<https://www.facebook.com/groups/301610040008772/>

Follow us on twitter at @lincsbikers_iam

Meetings are held on the first Monday of each month starting at 8pm

at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in May 2019.

Please provide any copy to the editor, by **25 April 2019**

EDITORIAL



The cover image was taken by Dave Hall showing his Honda NC750 at Holland Fen. And a host of golden daffodils.

The late arrival of recent ChainLincs is due to pressure of work from my day job. If there is anybody who would like to take it over, then please get in touch.

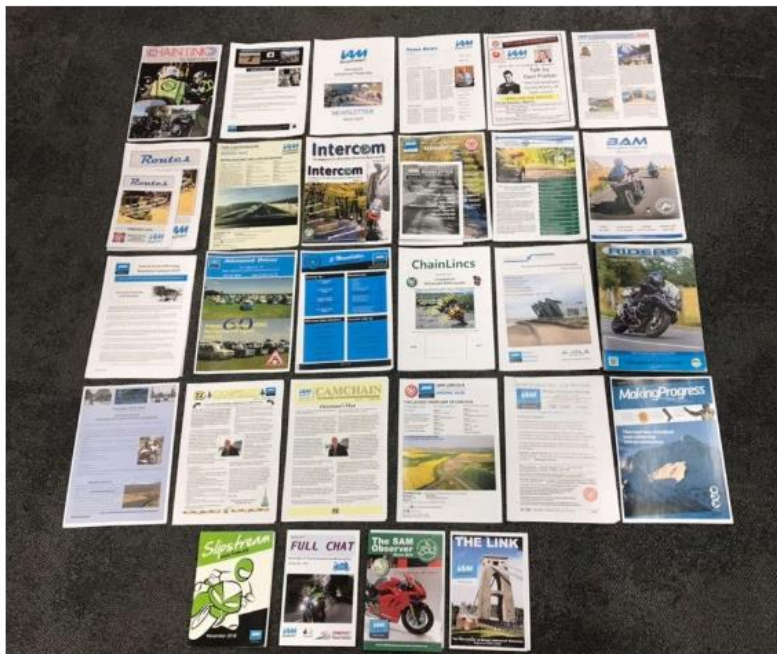
In the meantime, if there is anything that you particularly like or dislike about the newsletter, I would be glad to hear from you.

So, e-mail your thoughts and contributions to chainlincs@uwclub.net, and don't forget that our commitment to the highest journalistic standards means that if I can read it, we'll print it. Photographs, art, and writing are all equally welcome.

If you are planning a ride out and its short notice, put it on our Facebook page, there may be others that are free and would like to join you. It's a great way to meet other members.

Enjoy your riding,

Nick



Fierce competition for group newsletter award

Judging has now taken place for the Newsletter of the Year Award, and it was a tough choice for the panel of decision makers. Above you will see all the entries. We are keeping the successful group's name under lock and key until the start of the Spring Forums; we're sure you can't wait!

CONTENTS

- Chairman's chatter
- Membership update
- Activities
- Forthcoming club events - meetings and ride-outs
- John Harrison's Find the Motorcycle – and some answers
- Rambling On – Group Rides
- Observer & Associate Information
- Group Clothing
- Trade directory
- The Quest for Cake
- Gift Aid Declaration Form

CHAIRMAN'S CHATTER

Here I am again very late (it's 31 Mar) and another month has flashed by so hoping Nick can still fit my few utterings in!

Managed to get out on the bike today for the first time in about a month due to lots of other things going on, in fact it was still dirty from the last time I used it! It was great to get a few miles it today before I take it to RWH for a MoT tomorrow. Gave it a quick check over yesterday and no obvious problems so fingers crossed, and it rode well today so all looking good.

One new member this month but no test passes although I know there are a couple booked for April. Welcome to Shane Joyner from Grimsby, hope to meet you soon at a ride or social event.

For those associates that haven't been in touch with your Observer for a while please stay in touch. If you have decided to not continue the training, please let your Observer or John Cheetham know. Our Observers are volunteers and have plenty to do without chasing associates that have decided not to continue but don't respond to messages and haven't had the common courtesy to let us know!

If you fancy being an Observer come along to an Observer meeting. Observer meetings during the Winter months are held at Emprocom Ltd, Bridge House, Scothern Lane, Langworth, LN3 5BH. If you need more details, please give Jerry Neale a ring on 07412 935333

The next Group ride is from the leisure centre in Brigg on 7 Apr. leaving at 1000hrs so get there early for a chat and route discussion. Unfortunately, I have to work that day so am going to miss another ride, fingers crossed for next month!

Once again, this year we are having an Open/Taster day at the WAVE just outside Lincoln on 28 Apr. If anybody can spare some time to come and chat to potential members the day starts at 1000hrs and will finish around 1600hrs. If you can make it for an hour or so it would be much appreciated.

Simon Battram has also arranged a similar event together with Rob Speed in Grimsby on 1 Jun. If you are in the area nip in to see him and the team and offer some support. Thanks.

We will also be at the Lincoln BikeFest on 9 Jun. Help needed on the day to talk to the punters and to help with setup and pull down so if you can spare some time please let me know. I will be there from 0830 setting up and the day is usually done by 1700hrs at the latest.

Do you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again? The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow . Nine members of the Group have now signed up.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists [here](#) and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam).

Finally, many thanks to Nick Tucker for once again putting together this edition of ChainLincs.

Very short this month, have a good one and stay safe.

Mick

Membership Update etc.

Group Web Site: www.l-a-m.co.uk

It is still a fairly quiet time of the year on two wheels with only one new member to report.

Member Observer

880 Shane Joyner from Grimsby Malcolm Heaton

No test passes in the last month, so the composition of the group is as follows:

Full Members	116
Associate Members active	27
Associate Members "On Hold"	11
Total Group Membership	154

I have omitted from the total those members whose IAM membership is not current.

The time is upon us when membership renewals are now actually due (1 April). Paperwork has been sent out to those who used this method last year and an email to those who paid by Bank Transfer last year.

If you have not received any communication your membership is not yet due for renewal. Those who paid via Bank Transfer can repeat the process the same as last year by using the following:

Lincolnshire Advanced Motorcyclists
Sort Code 77 12 16
Account No. 13959868

Add your name and Mem. No. and let me know via email please.

Could those paying subscriptions by this method, make the transfer of funds on or after 1 April 2019 please as this puts the payment into the correct financial year for the group and also simplifies the reclaiming of Gift Aid from HMRC which I do.

Also, where applicable, I will send out Gift Aid forms to those not already signed up. This is a useful source of income for the group as we can reclaim the tax paid on the cost of the subscription. In other words, your £8 paid subscription becomes £10 once the Gift Aid has been claimed back from HMRC.

Please note that you do need to be a UK taxpayer to be eligible to participate in the Gift Aid scheme.

That's all for this month, ride safely:

John Cheetham

ACTIVITIES

Good First Ride

Simon Battram dateline 2nd March 2019



A good first ride today with Ashley Gregory. The ride involved a stop or two for a briefing.

Stop number 3 was at Clayton corner cafe. Resistance to cake ended up with having a sausage roll!!

I do hope that Malcolm Heaton abstaining from cake is not affecting me? 😊

Thank you Ashley, for the coffee and sausage roll.

Keep it going. 👍

Caption Contest

Roland Johns dateline 6th March 2019



Stuart Harrison: The mysterious case of the disappearing bike seat.

Ian Glastonbury: Roland, coming back from your holiday?

Martyn Allen: Hope those trousers are reinforced 😊

Kev Trew: He ate all the CHiPs

Andy Gladding: Caution Air suit activated

Malcolm Heaton: This what happens when you eat to much cake 🍷 I rest my case

Roland Johns: Who said cake? Where?? 😊

Malcolm Heaton: Roland Johns be careful this could be the future you ,a moment on the lips ,a lifetime on the hips ,the bum the belly etc

Russ Smith: The very first Harley Davidson Fat Boy test ride

Andy Tofts: Poor bloody bike!

Kenneth Rose: saddle bags

Peter Barton: They would not let me join their group so I ate them.

Allan Knight: fault analysis conclusion- premature activation of full body air-bag or the advice to wear a lot of layers when cold has been followed with a touch to much zeal...

IPSGA Skills

Simon Battram dateline 8th March 2019



A few pictures from our ride out last Saturday. Ashley Gregory showed his IPSGA skills well with good road positioning as well as progress and restraint.

A stop for a walking demo and heads up demo.

Ashley was still smiling after all that - so the next stop was at the Corner cafe.

Well done Ashley. Keep it up. 👍😎

Fox and Hounds

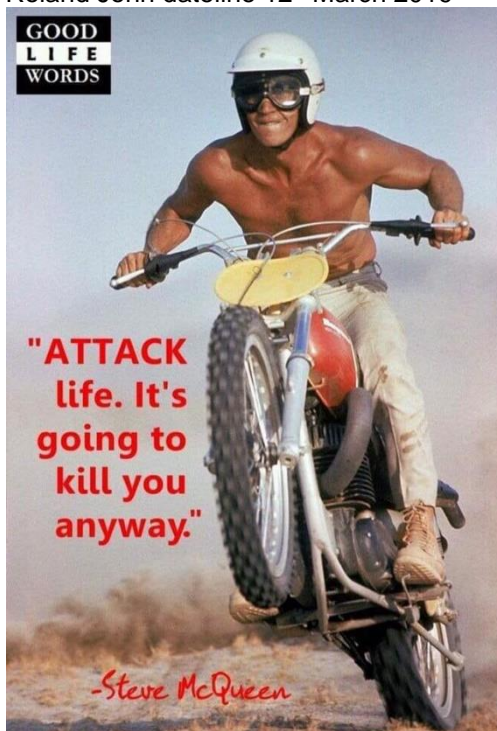
Will Field dateline 10th March 2019



Great ride to the fox and hounds near Grantham on some great riding roads. Thanks Dave for leading it

Dead ringer!

Roland John dateline 12th March 2019



My sentiments entirely, some say I look like Steve! 😊

Danielle's first ride

Simon Battram dateline 23rd March 2019



A few pictures from Danielle's first ride today. Good safe ride with improvements after briefings. Good over taking me when directed to do so. Keep it going. Well done 👍😎

A lot to think about

Simon Battram dateline 30th March 2019



A good ride out with Ashley Gregory. Gave Ashley a lot to think about today in town. Slow riding and rear brake required.

James Taylor joined us for a tail end Charlie to gain another sign off in his Pre-observer training. Good tail end ride and comments.

Well done to both. Keep it up. 👍😎

Must invest in a selfie stick again! 😂😏

First sighting?

Malcolm Heaton dateline 30th March 2019



Out with associate Shane, saw this at Seaways Cafe, one for John H

DIARY OF EVENTS

The Sunday morning Group Observed Runs are open to all members and potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members. Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours, often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

Willingham Woods Picnic Site, LN8 3RQ East of Market Rasen A631

Hartsholme Country Park Cafe, Lincoln, LN6 0EY South side of B1378, Skellingthorpe Road

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger, you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

APRIL

Monday 1st Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Sunday 7th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 9.30 for prompt departure at 10.00

Monday 8th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 24th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

MAY

Monday 6th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00

Sunday 12th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt departure at 10.00 start

Wednesday 29th Regional Evening Run for Observers and those interested in becoming Observers
Four separate runs to reflect Observer groupings.
For information on starting locations contact Jerry Neale (details on page 2)

JUNE

Monday 3rd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00

Sunday 9th	Group Observed Run - Hartsholme Country Park café area Meet 09.00 for prompt departure at 09.30
Monday 10th	Committee Meeting, Nags Head, Middle Rasen Prompt start at 19.45
Wednesday 26th	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
JULY	
Monday 1st	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm We are to be visited by Lincolnshire PCC Marc Jones who will give an update into his role and the future of the Police in the county and field any questions the members may have. Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00
Sunday 7th	Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg Meet 09.00 for prompt departure at 09.30
Wednesday 31st	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
AUGUST	
Monday 5th	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00 Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00
Sunday 11th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 09.00 for prompt departure at 09.30
Monday 12th	Committee Meeting, Nags Head, Middle Rasen Prompt start at 19.45
Wednesday 28th	Regional Evening Run for Observers and those interested in becoming Observers Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2)
SEPTEMBER	
Monday 2nd	Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00 We are to be visited by Ady Crane and John Siddal from the Lincolnshire Road Safety Partnership (LRSP) to give a talk.
Sunday 8th	Group Observed Run - Hartsholme Country Park café area Meet 09.00 for prompt 09.30 start
Sunday 22 nd	2019 Ride to Save Lives from Newark Showground – details to follow
Wednesday 25th	Meeting for Observers and those interested in becoming Observers For information contact Jerry Neale (details on page 2)

OCTOBER

- Monday 7th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
- Sunday 13th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 09.30 for prompt departure at 10.00
- Monday 14th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45
- Wednesday 30th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

NOVEMBER

- Monday 4th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
commencing with the group ANNUAL GENERAL MEETING
- Sunday 10th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt 10.00 start
- Wednesday 27th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

DECEMBER

- Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00pm
- Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 11.30 for prompt 12.00 start
- Monday 9th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

PLEASE NOTE there is no Observers meeting this month



<https://www.facebook.com/events/781325025325026/>



LINCOLNSHIRE
EMERGENCY BLOOD BIKES
SERVICE
CHARITY GOLF DAY
AM-AM

Friday 17th May 2019

Venue: Kenwick Park Golf Club, Louth,
LN11 8NY

Cost: £140.00 per team

Teams of 4, including coffee on arrival
and 2 course meal after play

Many prizes to be won

For Competition Information Contact:

The Professionals Shop

Kenwick Park Golf Club

Tel: 01507 607161

or

Email: Proshop@kenwickparkgolf.co.uk



John Harrison's Find the Motorcycle

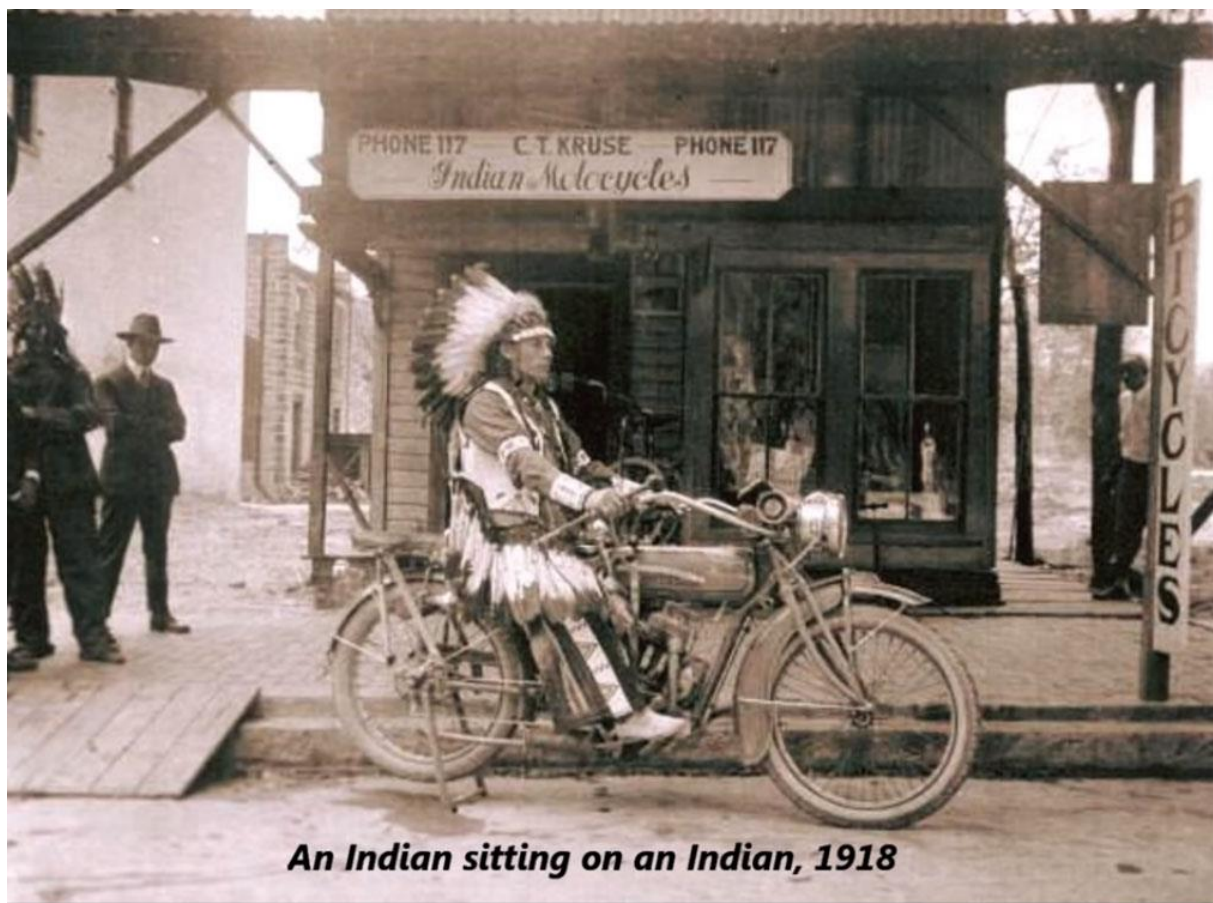
Part 3 Answers

1. Matchless
2. Norton Atas

Part 4

- 1: BAILED FOREHAND
- 2: RUIN METAL HEARTS
- 3: DRIVEN NICE PAT

Answers in the May edition!



An Indian sitting on an Indian, 1918

Image courtesy of Dave Hall

Rambling on

Last year I was asked about rules governing group rides. As I only now do the two local, to me, Sunday morning observed rides and for the last few years usually lead a group. To which, I roughly use the rules set out in the newsletter when the group was formed. I have not any recent knowledge of the group social rides and to what rules are being used. Having made some enquiries, I found there were no set group rules being used, but many variations on a theme. This is what led to comments made to me about the untidiness of some of the groups riding. I raised the matter at an observer's meeting, so you may not need many guesses to whom had to look into it.

I have found the original rules; these were based on guidelines from the Fenland Advanced Motorcyclists, I also looked at three more versions of them, plus found some other group riding rules and the IAM RoadSmart guide lines.

There seems to be two basic systems of group riding. The first, is the 'follow the leader system', already used by the group, the second is the Leader and Tail rider system. With both systems, they require a leader and a tail rider, the main difference is that in the second system, the remaining members of the group have to act as markers.

So these are the guidelines that I have compiled from the rules that I have seen. They are not the groups guidelines but do follow the guidelines from the Fenland group already been used and if the group decides to make them so, I believe they offer good guidance for group members participating in the groups observed and social runs.

Group Riding.

Follow the Leader System

Guidelines

The lead and tail riders should be full-members of the IAM RoadSmart.
If the group will have over seven members, consider splitting it into smaller sections.

The Briefing

Inform all riders

- That they are responsible: for their own and other road user's safety.
- To always ride within the law.
- The maximum speed is the prevailing posted speed limit.
- All riders are responsible for their own actions and any consequences that those actions may have.
- They understand the group riding system.
- They are aware of the route and the next stop location.
- Each rider should ensure that the following rider is visible at all times.
- Not to overtake other riders in the group: unless they request you to do so.
- What to do if they get lost, (next meeting place or phone numbers).

All riders must know

- Who the Lead and Tail riders are
- The number of riders in the group
- Their riding position within the group

Riders must

Inform the other riders at the briefing, if they intend to leave the group before the run has reached its destination and ride if possible, directly in front of the tail rider.
When this point has been reached, indicate to the Tail rider, you are now leaving.
If you make the decision to leave the group after the run has started, switch on their left-hand indicator and wave the following riders pass and then indicate to the Tail rider your intention to leave.

Leaders' role

Ride smoothly and at a steady pace, at a safe speed for prevailing road or weather conditions.
Is responsible for setting the pace to suit the slowest rider
If associates or riders not skilled in advanced riding are with the group, moderate the pace if necessary.
If you do not have a rider behind you, slow down or stop in a safe place and wait until one arrives.
If no rider appears, retrace the route until you discover the problem that caused the halt.
Send a rider to inform any riders, who may have stopped ahead of the stoppage, of what actions to take.
At junctions, roundabouts and approaches to built-up areas, consider slowing down, to concertina the group, so there is less chance of the group splitting up.

Tail Riders role

Watch for any rider who you think has a problem, i.e. allowing members of the group to overtake them. Observe them and stop them if you feel it is necessary for their own safety.

Watch for riders that are riding inappropriately and discuss with the Leader, what action needs to be taken.

Stop for any riders that have stopped and find out what the problem is.

Watch for vehicles wishing to overtake the group.

Remaining riders

Watch the Rider behind

It is the responsibility of each rider to keep sight of the rider immediately behind them, slowing down when necessary to enable them to regain sight. No-one should become separated from a group. The most important thing is to make sure that the rider behind you takes the right choice at road junctions where you are not going straight on or staying on the same major road.

Keep up with the rider in front

Not everybody rides naturally at the same pace; but if the group is going to keep together, it's got to if it's going to remain a group ride, those taking part have to ride at the same pace. As an advance rider, you should be able to make 'adequate progress' and ride at a safe speed for prevailing road or weather conditions, so make a positive effort to keep the rider in front in sight.

Choose a sensible position

Riders with less experience should ride near the front of the group, leaving the more experienced riders to take up the positions to the rear of the group.

The group leader should ride at a speed to accommodate all individuals within the group.

On the road

Formation

On the open road a staggered formation should be taken up. The lead rider takes the first riding position, two thirds out towards the centre line of the road. The second rider takes up the second riding position, one third out from the nearside of the road, thus forming a chevron. In these positions both riders have a good view of the road ahead, as the second rider is not following line stern of the first rider there is no need to leave a two second gap, so the distance between them can be shortened. The third rider will then ride outboard, line stern of the first rider and the fourth rider will then ride inboard, line stern of the second rider; forming second chevron. These two riders will leave a second gap between themselves and the riders that they are following line astern.

As riders approach corners; bends and other hazards the formation should break up, as each rider takes up the correct and safe position for each situation.

The formation will then smoothly reform after negotiating the hazard.

Junctions

From main to side road

For a right turn, position to the centre of the road; in a narrow chevron formation; this allows both riders a view ahead and into the junction. When the lead rider starts to move, it may be safe for the second rider to turn. If this formation interferes with traffic travelling straight on, use single file.

For a left turn, position to the nearside, in single file to negotiate the junction. The formation will then smoothly reform in the new road.

From side to main road

For a right turn and going straight ahead, position towards the centre of the road; in a close chevron formation with the lead rider in the offside position. This leaves both riders with a view, in both directions of the main road. If the main road is clear of traffic, the lead rider may well continue the manoeuvre without stopping (give way road markings), the second rider should safely be able to ride with them, leaving the next pair to approach and assess the junction. If the road is not clear or it has a mandatory stop line, the riders should still come to a halt in the same formation. When the lead rider starts to move, it may be safe second rider to follow, allowing a pair of riders to leave the junction with only one stop.

For a left-hand turn, the lead rider of each pair moves to the nearside of the road and the second rider moves over to their offside; to form a narrow chevron. This again leaves both riders with a view, in both directions of the main road. If clear of traffic both riders should be able to move safely line astern onto the main road and then reform the original formation. If this formation interferes with traffic travelling straight on or making a right turn, use single file.

Roundabouts

Each rider must make their own decision as to when it is safe to enter the roundabout.

On leaving a roundabout, take extra care as it may be difficult to find a safe place to stop on the exit, to show the new route if you have lost sight of the following rider.

Overtaking

Overtaking safely is probably the most important aspect of group riding. Never follow behind a rider overtaking, until they have successfully passed the vehicle been overtaken. Always assess and execute, an overtake as you would if riding alone. If the rider following you is unable to overtake the vehicle, remain in a position, visible to them, when they are able to complete their overtake. If left behind, never put yourself at risk trying to keep up, the Highway Code states 'if in doubt, do not overtake'. The rider ahead should wait for you.

Never overtake another member of the group, unless signaled to do so.

Been overtaken

The tail rider, when aware of a vehicle wishing to overtake, should, if necessary move to the nearside and allow a larger gap to form between them and the rider in front to assist with the overtake. This action should continue through the other members of the group until the vehicle has overtaken the complete group.

Stopping

If there is any reason for a rider to stop during the ride, for mechanical or personal reasons or is riding beyond their limits. They should switch on their left-hand indicator, give a slowing down signal and pull up in a suitable place. The rest of the group will also pull in.

Urban riding

In towns, special vigilance is needed, and frequent stops may be required when the group is split up by junctions, traffic lights, etc.

When queuing at junctions and traffic lights the group should concertina to save road space, riders should not be exactly side by side, but should be in close chevron formation. Riders should, however, set off singly, as always, taking an independent decision as to the safety of their own movement.

Instructions on the second system can be found on internet, under Group Rides – IAM RoadSmart Solent.

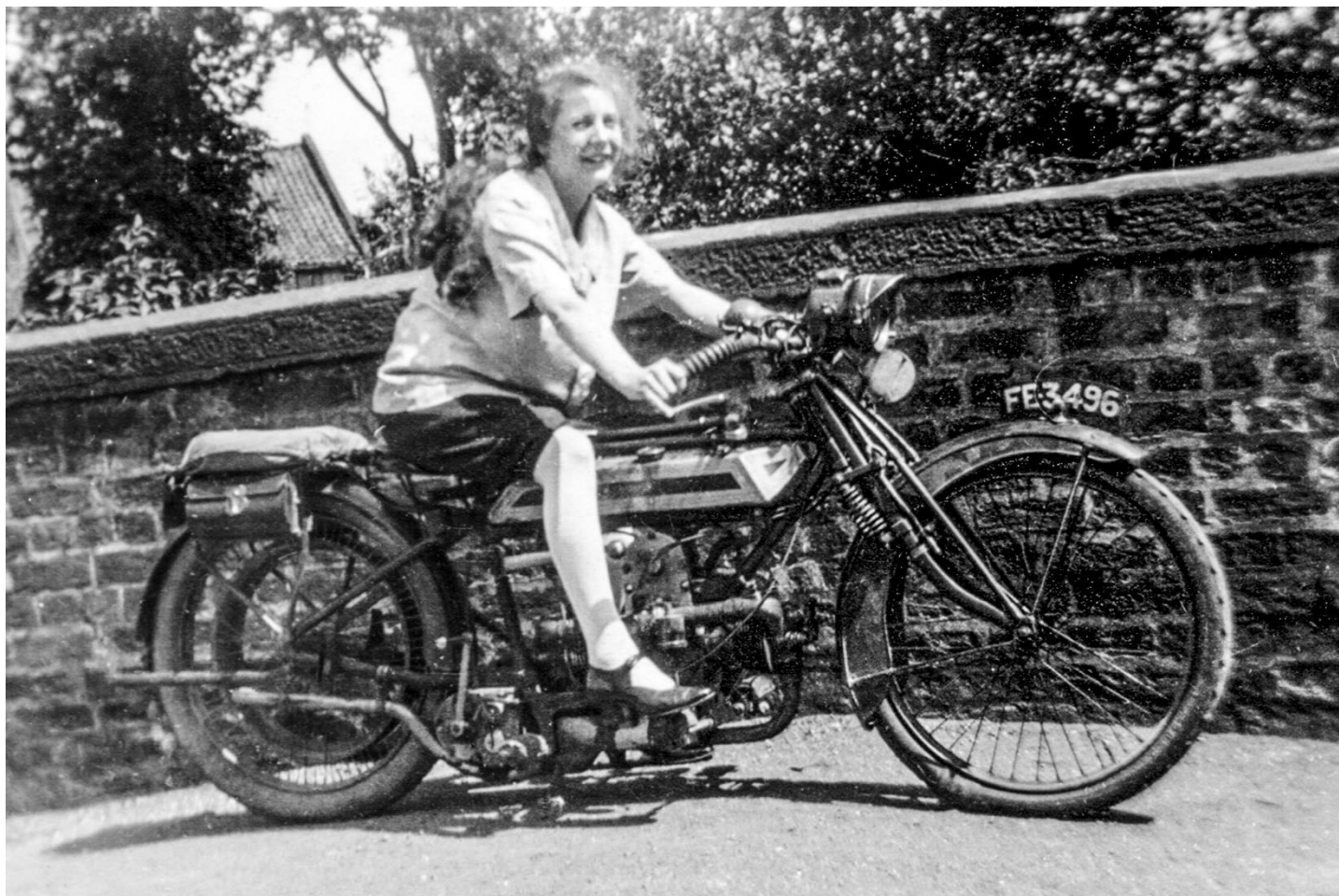


Image Courtesy of Dave Hall – his relative Violet

OBSERVERS AND ASSOCIATE INFORMATION

Another well attended and busy Observers evening meeting in March.

Team member David Ayres delivered a presentation on the subject of 'Perceptions' How we prefer to interpret the world. This was a very interesting subject, with David explaining and showing examples of how the subject was relevant to Observer and Associate training. The Observer team would like to thank David for his presentation. If you want to join the Observer team and work towards the IMI Local Observer qualification, give me a call to find out more on 07412935333

Vulnerable Road Users

A vulnerable road user is someone who has very little or no protection around them.

There are many types including:

Pedestrians

Motorcyclists

Horses

Cyclists

Mobility scooter users



Make time to read the section about Vulnerable road users in your Advanced Rider course book. Be extra observant for pedestrians using mobile devices, as they interact with their device their concentration of what is going on around them may be compromised, they also might be wearing headphones and not hear you approaching. Richard Gladman IAM RoadSmart's head of driving and riding standards has some further advice this month:

As we make the same commute every day to work and back, we can get used to seeing pedestrians on the streets, motorcyclists on the road and even a few cyclists appearing now that the season is officially changing. But this can sometimes mean we get a little too used to the things around us and may unintentionally stop paying attention to our surroundings. Richard Gladman, IAM RoadSmart's head of driving and riding standards, provides a set of tips to [refresh your knowledge](#) on how to manage vulnerable road users. Note: If you have friends and family who drive, please share these tips with them to help them stay safe on the road.

- Check to see the type of pedestrians around you. Do you see an elderly person crossing the road? They may be walking slowly so ensure they feel safe by reducing your speed. Children can be easily distracted and are unpredictable too, especially when crossing the road, so do all you can to help them out. Drive with care and be vigilant as a few extra seconds added to your day may make all the difference.
- A cycling club will often cycle as a group rather than in single file. This makes it safer for all of us; a simple overtake on a short group is often easier and safer to achieve than 30 overtakes on separate cyclists. Before you overtake them, make sure you have given them enough room as they could adjust their road positioning unexpectedly for a pothole or drain. A few seconds delay is better than a lifetime of regret. It's always good to remember that a young, fit individual on a bike is likely to be more stable than an older person doing their shopping run.
- Take note that there are two types of mobility scooters. Class 2 scooters are only allowed on pavements and have a top speed of 4mph. Class 3 mobility scooters should be registered and are driven on the road with a top speed of 8mph. Bear in mind that this group of road users may have restricted movement, vision or hearing so give them plenty of space and time.
- Have you thought about taking a more scenic route now that the days are getting lighter for longer? You may come across a horse and its rider walking along the side of the road. To avoid scaring the horse, turn the radio down and keep the engine revs low. Slow down and take your time when passing a horse. Keep your car well away from them and proceed with caution. The British Horse Society campaign encourages '[Wide and Slow](#)' which reiterates driving no more than 15mph and leaving at least a car's width gap.

- Who has heard of SMIDSY (“Sorry mate, I didn’t see you”)? This is a regular acronym in a motorcyclist’s dictionary and often our strategy when looking for a culprit! The science behind this is called Saccadic Masking. The simple explanation is that people don’t see clearly when their head or eyes are moving, and they don’t pick up objects travelling towards them very well. So, make sure you have a good look, not just a quick glance. A good tip is that if you’re specifically looking for motorcyclists or cyclists, then you are more likely to see them.

Richard said: “The importance of sharing the road space and understanding the needs of other road users cannot be stressed enough. If we are aware of vulnerable road users, we can make provisions to keep us all safe. Remember to treat others how you would like to be treated.”

The LAM Sunday morning Group ride out is a great opportunity for associate members to get in some extra riding practice before their Advanced test. At the Sunday morning ride, you will usually find many Observers and Full members who have got a vast knowledge and experience of Advanced riding who are always willing to assist others to achieve test standard. It is also another opportunity to practice the work that you have been doing with your Observer. We have three areas of the county covered, so take a look in the events diary and plan your next Sunday morning Group ride!

Look forward to seeing you there.

Jerry



1920s Image
courtesy of Dave
Hall – can
anybody identify
the bikes – or
indeed the riders?

GROUP CLOTHING

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are a number of colours available, **for full details consider helping out by taking up the duty of Group Clothing Distributor**

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:					TO PAY	£
PAYMENT MUST BE RECEIVED WITH ORDER						

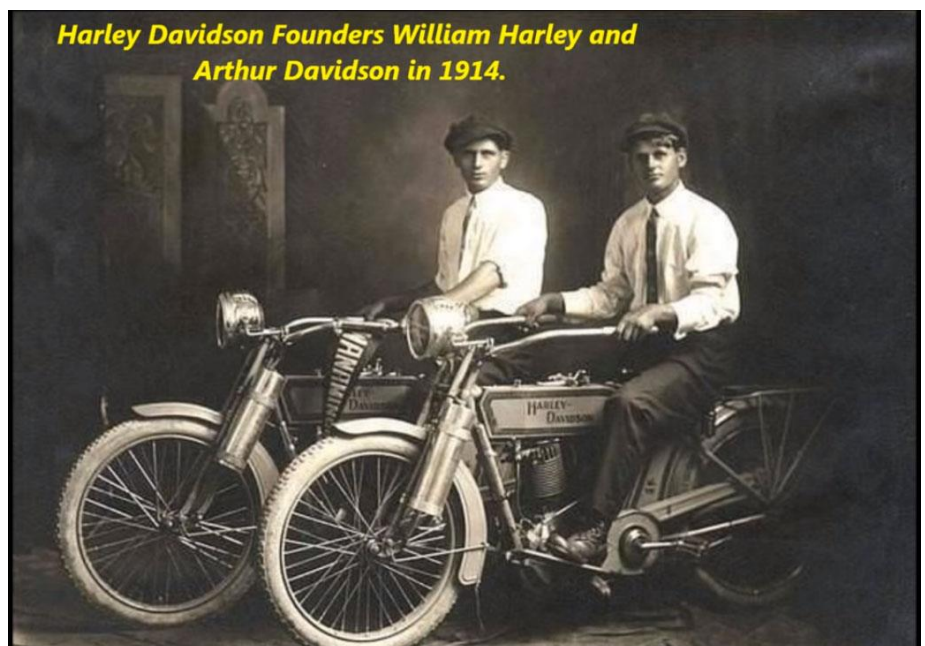


Image courtesy of Dave Hall









TRADE DIRECTORY

Support our local bike businesses. If you know a good local bike business, send details for inclusion to chainlinks@uwclub.net

	RWH Motorcycles Ltd, Repairs, servicing, tyres, MOT, wheel building http://rwhmotorcyclesoflincoln.co.uk/
	Customised motorcycle seat re-covering / re-trimming service, altering trike and motorcycle seats http://edblade.simpl.com
	Cylinder rebores, valve guide replacement, bespoke repairs, bearings http://www.nrsec.co.uk/
	MOT testing, repair and servicing for all makes and models of bikes, trikes, scooters, mopeds and quads http://www.skmotorcycleslincoln.co.uk/
	Online and showroom retailer of motorcycle helmets, clothing, parts & accessories. https://www.sportsbikeshop.co.uk/
	Triumph and Yamaha Main Dealer in Lincolnshire. http://www.webbsoflincoln.co.uk/
	Control and drive cables made from a pattern, drawing, or to fit your bike, ultrasonic carb cleaning, thread repair inserts fitted for spark plug and other threads. http://www.carrotcycles.co.uk
	Musgrave & Co Tools 5 Clasketgate, Lincoln, LN2 1JJ Phone: 01522 527088
	Colin Willoughby Motorcycles Grange Lane North Scunthorpe North Lincolnshire DN16 1DE Phone: 01724 853300 https://colinwilloughbymotorcycles.co.uk/

THE QUEST FOR CAKE

One of the joys of observed runs is a stop for feedback, cocoa and buns. If you know a good local café, send details for inclusion to chainlinks@uwclub.net

	Wickenby Cafe is based in the Control Tower at Wickenby Aerodrome. There is also a museum upstairs which tells the story of RAF Wickenby during WW2. Bike Night - Wednesdays until end of September. https://www.facebook.com/groups/495019267369270/about/
	Three Kings Inn , Saltersway, Threkingham, Sleaford NG34 0AU. It says here: <i>"a quintessential old English pub in traditional style with a balanced mix of local patrons, diners and tourists, creating an ambiance and atmosphere where everyone feels welcome and comfortable."</i> The MG car club meets here http://www.thethreekingsinn.com/
	Lincoln Bowl - Washingborough Road, Lincolnshire, Lincoln LN4 1EF. Lincoln's premier bowling centre also has a café attached. Ample parking.
	Mount Pleasant Windmill Tearooms & True Loaf Bakery Ltd , 6 North Cliff Rd, Gainsborough DN21 4NH noted for stoneground organic flours, which are sold in their delightful tea room. http://www.visitnorthlincolnshire.com/item/mount-pleasant-windmill/
	Sentry Post Snack Bar Sleaford Road A15, Lincoln LN5 9FG, England +44 7540 752432 – opposite the Waddington Avro Vulcan and adjacent to the Waddington Aircraft Viewing Enclosure (WAVE) for a friendly welcome and notable bacon butties.
	Daisy Made Ice Cream Lincoln Rd, Skellingthorpe, Lincoln LN6 5SA - Small farm with a coffee shop serving homemade ice cream, animals to pet, crazy golf and play area. http://www.daisymadefarm.co.uk/
	Pennells Garden Centre , Newark Road, South Hykeham, Lincoln LN6 9NT – this is family owned business established in 1780 and has a large restaurant and tons of parking. Popular as a debrief point for those undergoing compulsory driver training (so I'm told) http://www.pennells.co.uk/lincoln/
	Clayton's Corner Main Street, Howsham, Market Rasen, LN7 6JZ - a favourite, lunch can be sandwiches which come with salad, crisps and homemade coleslaw. There is also hot food on the menu and a selection of homemade cakes and pastries. The staff are welcoming https://www.facebook.com/Claytons-Corner-Cafe-350859448434765/

	<p>Café Mews - Whether it's a hearty home cooked breakfast or a tasty warming soup you're craving our fully home cooked menu, utilising the best the local area has to offer, is guaranteed to fill the hole in your belly and warm your heart.</p> <p>Coffee Mews Ltd, A18,Melton Ross, North Lincolnshire, DN38 6AB, 01652 245001 email:contact@cafemews.com</p>
	<p>The Seaways Cafe welcomes all bikers, lorry drivers, walkers, cyclists, holiday makers and anyone else who wants a trip to a brilliant café. Telephone: 01377 288203 Opening times: 8 am – 4 pm daily Location: Fridaythorpe, East Yorkshire, YO25 9RX</p>
	<p>The Honey Pot Café Maltkiln Road, Waters Edge, Barton-upon-Humber DN18 5JR, UK</p> <p>Sit on the jetty to eat - over looking the lake full of wildlife. Great food and prices and very nice staff.</p>
	<p>Zoom-Zoom Tea Rooms, Sand Lane, South Cave, HU15 2JQ</p> <p>https://www.facebook.com/zoomzoomtearoom/</p>
	<p>The Dunn Deal Tea Rooms Normanby Road Nettleton, Market Rasen LN7 6TB, England, Telephone +44 1472 488410</p> <p>https://www.facebook.com/DunnDealTearooms/</p>
	<p>The Ropewalk</p> <p>T: 01652 660380 F: 01652 637495 E: info@the-ropewalk.co.uk The Ropewalk, Maltkiln Road, Barton upon Humber, North Lincolnshire, DN18 5JT</p>
	<p>Jenny's of Hibaldstow</p> <p>On the B1206 heading North into Hibblestow, sky diving club on right. About 200 yards up the road on the left is the old filling station – DN20 9PD - This is now Jenny's Café 07598938796</p>



Lincolnshire Group of Advanced Motorcyclists

Registered Charity No. 1049955

GIFT AID DECLARATION

Details of Donor:

Title: Forenames: Surname:

Address:

.....

Postcode:

Declaration

I want Lincolnshire Group of Advanced Motorcyclists to treat all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

I confirm that I pay income tax and/or capital gains tax at least equal to the tax that the charity reclaims.

Signed: Date:

-----✂-----✂-----✂-----✂-----✂-----✂-----✂-----

Notes

- a) You can cancel this declaration at any time by notifying the Honorary Treasurer of the Group.
- b) You must pay an amount of income tax and/or capital gains tax at least equal to the amount of the reclaim on your donations in the tax year.
- c) If in the future, your circumstances change and you no longer pay income tax and/or capital gains tax equal to the amount of the reclaim, you must notify the Honorary Treasurer of the Group.
- d) If you pay tax at the higher rate you can claim further tax relief in your Self assessment tax return.