

ChainLincs

THE NEWSLETTER OF



Lincolnshire
Advanced Motorcyclists



IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



May

2019

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Lincolnshire Advanced Motorcyclists

<https://www.facebook.com/groups/301610040008772/>

Follow us on twitter at @lincsbikers_iam

Meetings are held on the first Monday of each month starting at 8pm

at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in June 2019.

Please provide any copy to the editor, by **25 May 2019**

EDITORIAL



The cover image was taken by Roland Johns, who entered it into the Spring IAM photography competition. The photo shows motorcycle Bumble, and yet another host of golden daffodils.

If there is anything that you particularly like or dislike about the newsletter, I would be glad to hear from you. This month's email tsunami bought a new entry in our continuing quest for cake.

So, e-mail your thoughts and contributions to chainlinks@uwclub.net, and don't forget that our commitment to the highest journalistic standards means that if I can read it, we'll print it. Photographs, art, and writing are all equally welcome.

If you are planning a ride out and its short notice, put it on our Facebook page, there may be others that are free and would like to join you. It's a great way to meet other members.

Enjoy your riding,

Nick

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CHAIRMAN'S CHATTER

Wow, another month nearly gone, and Nick has reminded me about my 'Chatter'! So, having just got back from a birthday celebration with my far better half I thought I would make a start on this.

Things are starting ramp up with the weather improving (supposedly) and the days getting longer and yesterday we held our annual open event at the WAVE near Waddington which despite the overcast weather and wind proved to be quite a successful day. We signed up eight new members on the day so welcome to Gill Matheson from Navenby, Tom Connell from Witham St. Hughs, Roger Tysoe from Claypole, Paul Kirwan from Immingham, Jamie Keedy-Collens from Brigg, Rochelle Hall from Saxilby, Donna Woolhouse from Lincoln and Bruce Pettit from Leasingham. Hope to see you all at social meeting or ride out soon.

In addition, there are two other new members this month so welcome to Mark Carpenter from Scunthorpe and Erica Cockayne from Misterton. Welcome to you both and hope to meet you soon at a social meeting or ride.

The tests have started again as well so congratulations to Keith Smith and Jon Wilkins who both passed earlier in April. Well done and great job again from your observers Will Field and Morris Howe.

I have one more congratulations this month and that is to Phil Niner who passed his NO qualification during April, great job Phil.

For those associates that haven't been in touch with your Observer for a while please stay in touch. If you have decided to not continue the training, please let your Observer or John Cheetham know. Our Observers are volunteers and have plenty to do without chasing associates that have decided not to continue but don't respond to messages and haven't had the common courtesy to let us know! **With plenty of new associates our Observers will stop trying to contact those that don't respond so we can concentrate on the ones that are interested.**

If you fancy being an Observer come along to an Observer meeting. Observer meetings during the Winter months are held at Emprocom Ltd, Bridge House, Scothern Lane, Langworth, LN3 5BH. If you need more details, please give Jerry Neale a ring on 07412 935333

Many thanks to all the Observers and members that turned up at the WAVE yesterday to help out. We couldn't have done it without you – many thanks. The next event is at Rob Speed Motorcycles in Grimsby on 1 Jun. Simon Battram is organising this event and needs observers and other help on the day to help set up and chat to the punters. If you can help let him know or just turn up on the day.

We will also be at the Lincoln BikeFest on 9 Jun. Help needed on the day to talk to the punters and to help with setup and pull down so if you can spare some time please let me know. I will be there from 0830 setting up and the day is usually done by 1700hrs at the latest.

The next Group ride is from Willingham Woods on 12 May leaving at 1000hrs so get there early for brekkie, tea and a chat. Malcolm already has a route planned for the ride but if you feel you could lead a ride having another group will great. We don't want too many in a group, it's far better with smaller groups.

The next social meet is on 6 May (bank holiday) and we will be having a ride leaving the Nags Head at 1830hrs and back in time for the meeting at 2000hrs. Again, if you feel you could lead a ride locally for just over an hour come along and let us know. If I lead one it is not planned so somewhat of a mystery tour especially to me! I like to follow others as everybody seems to know different roads that maybe the rest of us having found before.

Do you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow . Nine members of the Group have now signed up.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists [here](#) and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam).

Finally, many thanks to Nick Tucker for once again putting together this edition of ChainLincs.

Have a good one and stay safe

Mick

Membership Update etc.

Group Web Site: www.l-a-m.co.uk

An excellent month for enrolments with eleven new members, including eight who joined following the WAVE event. A big thank you to all who helped to make this event such a success and a warm welcome to all of the new members. Please be patient with me while I sort out all your Observer allocations.

Member	Observer
881 Erica Cockayne from Misterton	Kev Smith
882 Mark Carpenter from Scunthorpe	Malcolm Heaton
883 Stuart Harrison from Barton-Upon-Humber	Full Member
884 Gillian Matheson from Navenby	David Kerr
885 Tom Connell from Witham St Hughs	TBA
886 Roger Tysoe from Claypole	TBA
887 Paul Kirwan from Immingham	TBA
888 Jamie Keedy-Collens from Brigg	TBA
889 Rochelle Hall from Saxilby	TBA
890 Donna Woolhouse from Lincoln	TBA
891 Bruce Pettit from Leasingham	James Taylor

There are two test passes to report since the April newsletter listing, making five so far during 2019.

Congratulations on your success and a big thank you to your Observers.

Member	Pass Date	Observer
Keith Smith	3 April	Will Field
John Wilkins	9 April	Morris Howe

The present composition of the group is as follows:

Full Members	81
Associate Members active	39
Associate Members "On Hold"	4
Total Group Membership	124

I have omitted from the total those members whose IAM membership is not current.

Could I add a reminder to those yet to renew their membership that it is now overdue? Paperwork has been sent out to those who used this method last year and an email to those who paid by Bank Transfer last year.

If you have not received any communication your membership is not yet due for renewal.

Those who paid via Bank Transfer can repeat the process the same as last year by using the following:

Lincolnshire Advanced Motorcyclists

Sort Code 77 12 16

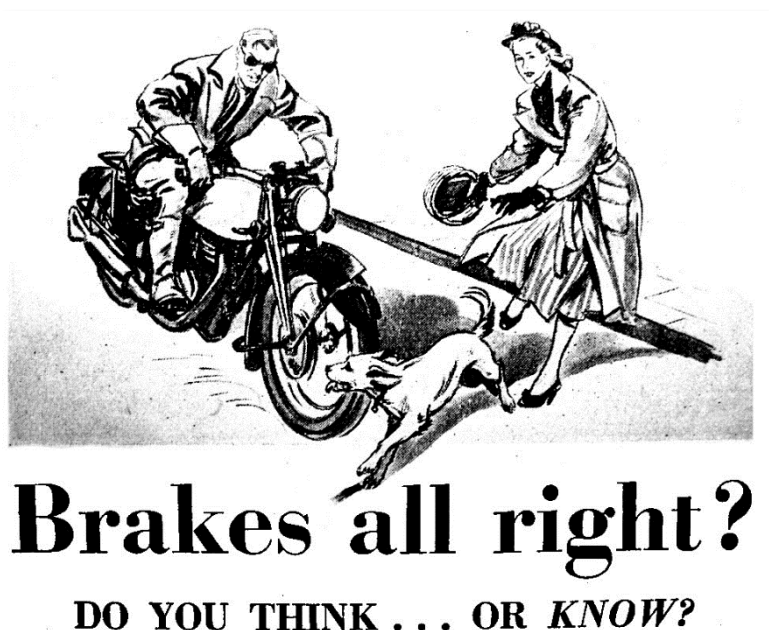
Account No. 13959868

Add your name and Mem. No. and let me know via email please.

Also, please give serious consideration to signing up for Gift Aid. This is a useful source of income for the group as we can reclaim the tax paid on the cost of the subscription. In other words, your £8 paid subscription becomes £10 once the Gift Aid has been claimed back from HMRC. Please note that you do need to be a UK taxpayer to be eligible to participate in the Gift Aid scheme.

That's all for this month, ride safely:

John Cheetham



ACTIVITIES

Wait over!

Simon Battram dateline 6th April 2019



I know you have been waiting, so here they are. A few pictures from our observed ride with Ashley Gregory. James Taylor joined us to follow us for his Observer Pre-training follow ride.

Ashley showed good riding position, progress and restraint.

James rode a good tail end ride and gave some great comments.

Well done both, so into the coffee shop for debrief.

Keep it going 👍😁👉👈

Good road position

Simon Battram dateline 6th April 2019



Some pictures from our ride today with Danielle Foster.

Great ride out. Picking it all up quickly.

Good road position on blind crests and smoothly into the DUNN DEAL!

Even "the rail crossing" posed no problems!

Great ride. Keep it going. 👍😁

Good turn-out

Malcolm Heaton dateline 7th April 2019



Good turn-out at Brigg ride 20 bikes ,12 went over bridge to Zoom cafe and eight went around Lincolnshire.

Simon Battram comments: "Great turn out for today's ride from Brigg. 20 bikes split into a group of 12 that went with Malcolm Heaton over the Humber Bridge and a group of 8 came with me over the Wolds.

My group ended up at the new Jenny's Cafe at Hibaldstow and their team joined our team for a picture moment. We had 3 new members in our group today.

Well done all. 👍😁👉👈"

Bakewell at Jenny's

Simon Tillet dateline 7th April 2019



Good first ride with you guys and some lovely Bakewell tart at Jenny's.

Simon Battram adds "Glad you enjoyed it. A ride every month. If you want to put on a ride other than that, let me know when and where and I will broadcast it 👍👍"

Spot the hazards

Roland Johns dateline 7th April 2019



How many hazards can you see? Where is the road going after the bridge?

Justin Leary: I don't know but I do know it's going to hurt, they've painted "OW" on the road

Sam Smith: Too many hazards to list and I'd say road going to the left after the jump in the road by the direction of the lamppost that's just visible over the brow...

Dave Hall: Straight into their front room? 😂

Roland Johns: Or bedroom 😂

Dave Hall: "Hiya" 🤔

Roland Johns: My wife is a potential hazard! 😂

Oh Hull!

Malcolm Heaton dateline 10th April 2019



Just told him we are going through centre of Hull in rush hour

On to York!

Mike Day dateline 10th April 2019



Great ride today over the bridge to Seaways, onto York and then Squires. Thanks Peter Daubney for the company.

M.P.O.W.D.E.R.Y

Simon Battram dateline 13th April 2019



Froggy has done The..... M. P. O.W. D. E. R. Y. Checks on the bike ready for the St. Andrews Charity ride tomorrow.
Are you ready? 🐸

The 3rd ride

Simon Battram dateline 13th April 2019



A few pics from the 3rd ride last evening with Ashley Gregory.
Coming on nice, one step at a time.
Good road position with good control.
Let's get the head into the books.
Keep it going 👍 😎

I know, I know. Where is the end of our ride picture?
Well, Malcolm Heaton will be proud as no cake or sausage rolls! Apologies to Roland Johns for letting the side down. 🍷 🍷 🍷

Cold and Windy

Malcolm Heaton dateline 14th April 2019



First ride with new associate Mark, cold and windy

St. Andrews Hospice Ride

Simon Battram dateline 14th April 2019



Thank you to all who attended the StAndrews Charity ride today. Good ride and good company 👍🏍👍😎

Learning just came flooding back

Jon Cozens dateline 15th April 2019



Can I just give a big shout out to Will Field? I went for a ride on Saturday and all last year's learning just came flooding back. Mate you've improved my overall fun on the bike by about 1000% cheers!

Rolling Thunder Event in London

Matt Chapman dateline 15th April 2019



Rolling Thunder Event in London in support of Soldier F on Friday. Marble Arch, Park Lane and Hyde Park Corner were turned into a bike RV. Took a lot of slow riding to get here and more followed with the Met's finest who were looking after us. Their official count stating there were around 20k bikes present. Personally, I have my doubts it was quite that many but was a lot. Did you read about this in the Newspapers? Probably not. On the BBC? Definitely not. A few tree huggers, the usual suspects camped out last night in Hyde park though merited at least 5 min slot this morning. Talk about control of the press!! I was along on superb effort for one of our own, I had an excellent week commencing last Sunday's ride out. I have I clocked 740 miles between my home is LN4 4YG, Lutterworth and Queens University Hospital Birmingham for appointments twice, Back to New York on Thursday and on to Peterborough for the ride in to London on Friday. Rounded off by family visits to West Sussex and Canterbury over the week end before heading home yesterday. Not bad effort hopefully riding to standard. My steed

was the second of "my old bikes" My 1997 GL 1500 ridden by this 69 year old biker. All good practice time.

Waiting for the ferry

David Kerr dateline 19th April 2019



Sat waiting for the ferry to Mull. Because why not?

Town and slow riding brush up

Simon Battram dateline 19th April 2019



After the taster session, time for observed ride 3 with Danielle Foster. Time for town and slow riding brush up. Coming on very well.

Good ride today ended up with all of us today for a group photo and a Simon happy hand shake for Danielle. Very well done today.

Had a taster ride out today with Scott Foster. Good safe and legal ride. A bit of IAM tweeking required.

Well done that man. Time to think about a course. A thumbs up after the debrief.

Keep it going. 👍 😊 🏍️

First observer ride after Assessment

Malcolm Heaton dateline 21st April 2019



First observer ride after Assessment with Mark, who says he is enjoying the new disciplines, Willingham Woods very busy

Seaways v. busy

Simon Battram dateline 21st April 2019



My Sue's very first try of Seaways, today. Very busy.

My office

Paul Dudhill dateline 20th April 2019



My office!

What are the hazards

Roland Johns dateline 22nd April 2019



Another in my exciting read the road series! What are the hazards, where is the road going, IPSGA etc? BBQ and beer

today 🤔👤🍷👉🍔🍷🍷🍷

Roland Johns: Well? Seen by 103 no comments?
Ian Glastonbury: Hazard sign says left turn, so do the trees and hedge-line, signpost appears when on right side of road. Giveaway sign for road coming towards you at bend. 114 seen so I thought I'd give you my input

Paul Coulson: The first thing for me would be to slow down and give her a beep before any of that just to let her know I was there.

Kev Smith: Obviously, the hazard is where has that woman left here bike, has she run out of petrol.

🤔

Matt Brown: That's a pretty invisible left-hand bend and she's meandering on the wrong side of the road. Avoiding her into the right could bring you into the path of incoming from round the bend. I'd give her a beep and stay as near to the left as possible. If she doesn't get off the road stay behind her until I could see the way is clear around the left bend. Then gun it...

Peter Daubney: It looks to me more like a dip in the road, and then a left-hand bend, the runner is heading towards you on the correct side of the road, I would ask myself is there a stampede of cattle coming down the road? if so do a quick turnaround and give the runner a lift and save his life.

😊😊😊

Matt Brown: I think the next picture makes it clear she's on the left walking away from you, so the wrong side...(next picture not shown. Ed)

Test run

Peter Daubney dateline 24th April 2019



Did a test run for Relay Riders Relay yesterday, route 222, a 1/4 of it on single track lanes in the beautiful Lincolnshire Wolds, 50 odd miles from Guy Martins pub the Marrowbone and Cleaver in Kirmington to Tesco's in Gainsborough.

STOLEN!

Scott Healey dateline 28th April 2019



STOLEN!

Please look out for this bike. Stolen from DN34, Yarborough Road area sometime on the night of the 27th.

WAVE day

Malcolm Heaton dateline 28th April 2019



Very cold wind and road works blocking the entrance both ways so not many at the moment, but the Observer team are ready and waiting.

Mick Smith adds "Good day at the WAVE today, eight taster rides and eight signed up! Thanks to all the members and observers that gave their time once again, we couldn't do it without you."

DIARY OF EVENTS

The Sunday morning Group Observed Runs are open to all members and also potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members.

Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours, often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

Willingham Woods Picnic Site, LN8 3RQ East of Market Rasen A631

Hartsholme Country Park Cafe, Lincoln, LN6 0EY South side of B1378, Skellingthorpe Road

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger, you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

MAY

- | | |
|----------------|---|
| Monday 6th | Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00 |
| Sunday 12th | Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt departure at 10.00 start |
| Wednesday 29th | Regional Evening Run for Observers and those interested in becoming Observers
Four separate runs to reflect Observer groupings.
For information on starting locations contact Jerry Neale (details on page 2) |

JUNE

- | | |
|--------------|---|
| Saturday 1st | Robspeed Kawasaki have confirmed we can attend their premises from 10:00 to 16:00 to offer assessment rides to potential new members.

Humberside Police Motorcycle Team and VISORCAT will also be in attendance.

We require Observers to attend on the day to assist with assessment Rides.

Our Chairman has negotiated a 20% discount on the cost of the IAM RoadSmart Advanced Rider Course for those signing up on the day and paying by "card".

For further information and to volunteer your skills as an Observer on the day please contact Simon Battram (contact details on page 2) |
| Monday 3rd | Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm |

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00

Sunday 9th Group Observed Run - Hartsholme Country Park café area
Meet 09.00 for prompt departure at 09.30

Sunday 9th Lincoln Bikefest, Brayford area, Lincoln. Help required on the day including setting up the Gazebo from 08:30.

Our Chairman has negotiated a 20% discount on the cost of the IAM RoadSmart Advanced Rider Course for those signing up on the day and paying by "card".

Offers of help to Simon Battram or Mick Smith.

Monday 10th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 26th Regional Evening Run for Observers and those interested in becoming Observers
Four separate runs to reflect Observer groupings.
For information on starting locations contact Jerry Neale (details on page 2)

JULY

Monday 1st Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 8.00pm

We are to be visited by Lincolnshire PCC Marc Jones who will give an update into his role and the future of the Police in the county and field any questions the members may have.

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00

Sunday 7th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 09.00 for prompt departure at 09.30

Wednesday 31st Regional Evening Run for Observers and those interested in becoming Observers
Four separate runs to reflect Observer groupings.
For information on starting locations contact Jerry Neale (details on page 2)

AUGUST

Monday 5th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Those who wish to participate in the pre-meeting ride please arrive at the Nags Head for 18.00

Sunday 11th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.00 for prompt departure at 09.30

Monday 12th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 28th Regional Evening Run for Observers and those interested in becoming Observers
Four separate runs to reflect Observer groupings.
For information on starting locations contact Jerry Neale (details on page 2)

SEPTEMBER

Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

We are to be visited by Ady Crane and John Siddal from the Lincolnshire Road Safety Partnership (LRSP) to give a talk.

Sunday 8th

Group Observed Run - Hartsholme Country Park café area
Meet 09.00 for prompt 09.30 start

Wednesday 25th

Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

OCTOBER

Monday 7th

Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Sunday 13th

Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 09.30 for prompt departure at 10.00

Monday 14th

Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 30th

Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

NOVEMBER

Monday 4th

Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
commencing with the group ANNUAL GENERAL MEETING

Sunday 10th

Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt 10.00 start

Wednesday 27th

Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

DECEMBER

Monday 2nd

Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00pm

Sunday 8th

Group Observed Run - Hartsholme Country Park café area
Meet 11.30 for prompt 12.00 start

Monday 9th

Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

PLEASE NOTE there is no Observers meeting this month



<https://www.facebook.com/events/781325025325026/>



**LINCOLNSHIRE
EMERGENCY BLOOD BIKES
SERVICE
CHARITY GOLF DAY
AM-AM**

Friday 17th May 2019

Venue: Kenwick Park Golf Club, Louth,
LN11 8NY

Cost: £140.00 per team

Teams of 4, including coffee on arrival
and 2 course meal after play

Many prizes to be won

For Competition Information Contact:

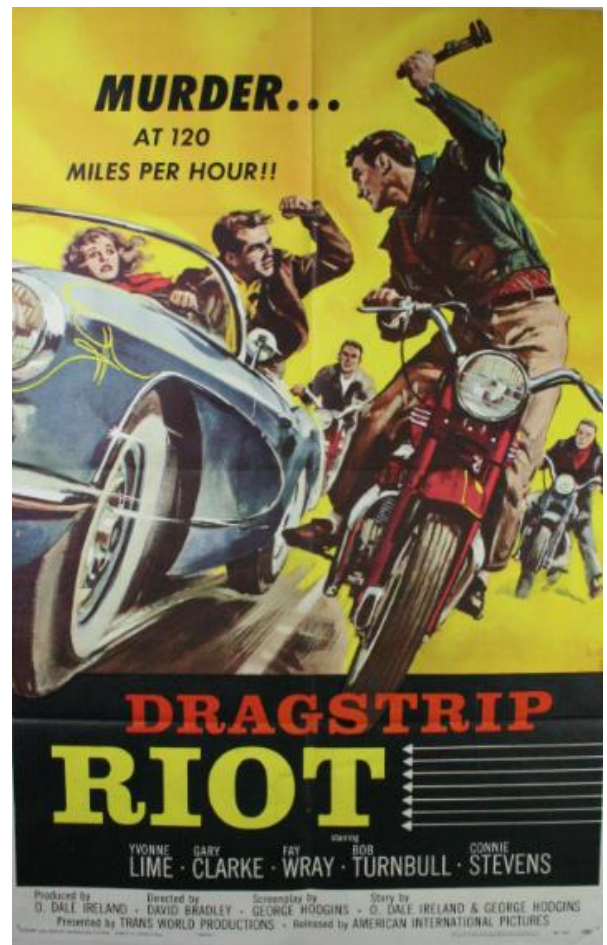
The Professionals Shop

Kenwick Park Golf Club

Tel: 01507 607161

or

Email: Proshop@kenwickparkgolf.co.uk



John Harrison's Find the Motorcycle

Part 4 Answers

- 1: BAILED FOREHAND - HONDA FIREBLADE
- 2: RUIN METAL HEARTS - ARIEL HUNTMASTER
- 3: DRIVEN NICE PAT - VINCENT RAPIDE

Politics Corner

It is always a delight to see evidence-based policy making in action. Here's an example from [Hansard](#) concerning the legislation that made LHD sidecar outfits illegal back in 1981.

[HANSARD 1803-2005](#) → [1980s](#) → [1980](#) → [July 1980](#) → [18 July 1980](#)

→ [Written Answers \(Commons\)](#) → [TRANSPORT](#)

Motor Cycles (Sidecars)

HC Deb 18 July 1980 vol 988 c739W 739W

Mr. Kenneth Carlisle asked the Minister of Transport what evidence he has to show that §
right-hand sidecars on motorcycles are less safe than left-hand sidecars.

Mr. Kenneth Clarke Combinations of this kind are a potential hazard to their riders and §
other road users because of the practical difficulty of arranging the lights so that they do not
mislead other road users at night or in poor visibility.

Menstrual disturbances	70 per cent
Increase/Loss of Weight	60 per cent (in most cases less than 4 Kg)
Blood pressure changes	50 per cent (changes in most cases were not significant)
Headaches	7.0 per cent
Weakness	7.0 per cent

*Contraception: May 1978, Vol 17, No 5, pp 395-406

The British Journal of Family Planning: Vol 4, No 3, October 1978.

Back to [Blackwall Tunnel](#)
Forward to [Means-tested Benefits](#)

[Noticed a typo?](#) | [Report other issues](#) | © UK Parliament

OBSERVERS AND ASSOCIATE INFORMATION

We were back at our previous venue of LK2 for the April Observer meeting. Thanks from all the team go to Andy Kitchen for making the venue available at short notice. Team member John Harrison delivered a presentation about Group Riding. This was a very interesting subject, with John working through all aspects of group riding explaining with examples of how the subject was relevant to Observer and Associate training. The Observer team would like to thank John for his presentation.

This month the Observer team would like to welcome Stuart Harrison and Keith Smith to the team. Both Stuart and Keith will be working towards the IMI Local Observer qualification.

The Observer meetings of May, June, July and August will find us out on the road doing our on-bike training. If you would like to join us, give me a call to find out where we will be, we have four groups spread throughout the county.

If you want to join the Observer team and work towards the IMI Local Observer qualification, give me a call to find out more on 07412935333



Roundabouts are a great opportunity to demonstrate early Observation, Anticipation and planning (OAP).

Look at the sign to identify the required exit early, this will assist with deciding on your approach position. Lateral scanning will give an early view of traffic approaching from other roads and assist with Anticipation and Planning. On the approach to a roundabout you may plan for overtaking opportunities on the exit side-be aware that some other road users may not be looking for a progressive exit from the roundabout.

Gaining an Advantage? On approach to a roundabout 'Plan to stop and look to go' Scan for new hazards such as diesel spills or differences in road surfaces that may affect the dynamics of the motorcycle.

This month tips about roundabouts come from Richard Gladman.



Roundabouts sometimes send even the most experienced drivers into a panic. But never fear: IAM RoadSmart's head of driving standards Richard Gladman is here to help you out.

There are a few simple guidelines to follow:

Information: Look well ahead; check your mirrors so that you know what other traffic there is around you. Give any signals in plenty of time. Try and identify a gap in the traffic before you reach the roundabout but keep an eye on the car in front – they may not go for the gap you would.



Position: Approach the roundabout according to which exit you're taking. Keep to the left lane to turn left or go straight and the right lane when taking an exit on the right. Watch for any road markings guiding you and try to give other vehicles plenty of space. **Speed:** Slow down smoothly to a speed that's appropriate for the roundabout and will allow you to stop, taking into account the position of other road users.

Gears: Once you're at the right speed, and before turning, select the correct gear. If you do need to change gear on a roundabout, do it when the steering is on a set position. Do a final mirror check, especially the mirror on the side you are turning towards.

Accelerate: At a roundabout choose a gap in the traffic and accelerate smoothly into it – the same applies to any other junction.

Richard said: "At roundabouts, your plan from a way back is to stop. But gathering information can allow you to proceed. It is useful to try and consider the whole thing as one manoeuvre – that way you have a plan about which lane to be in, when to move into that lane, and what signals you expect to use. But you need to prepare to be flexible – other road users don't always behave as we'd expect them to."

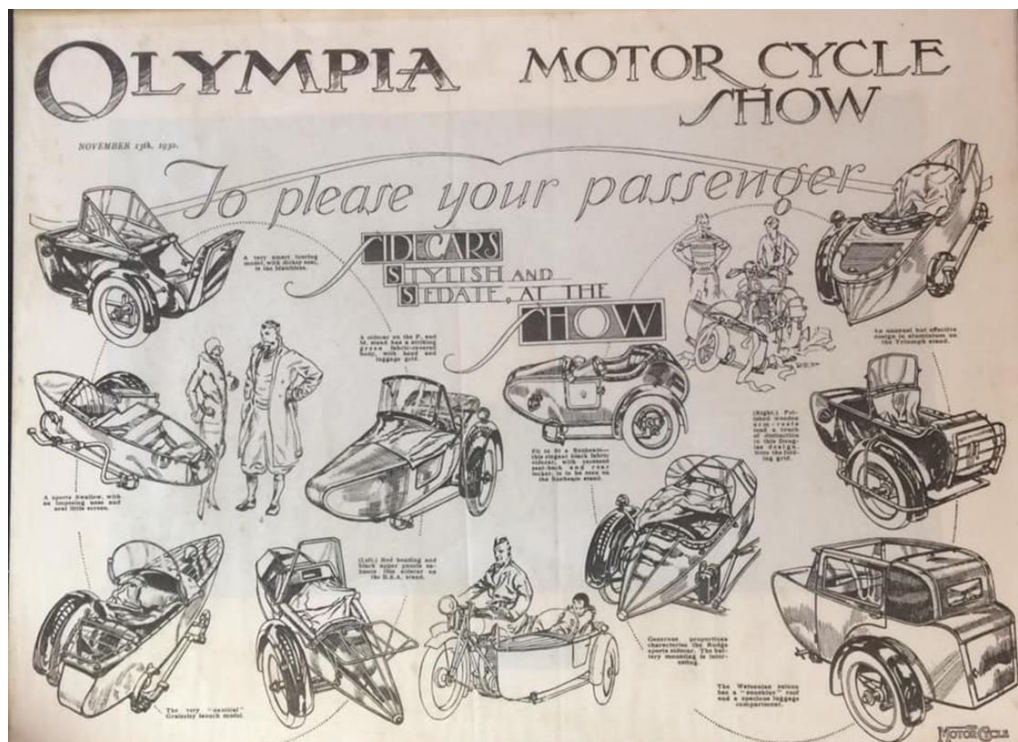
The LAM Sunday morning Group ride out is a great opportunity for associate members to get in some extra riding practice before their Advanced test. At the Sunday morning ride you will usually find many Observers and Full members who have got a vast knowledge and experience of Advanced riding who are always willing to assist others to achieve test standard. It is also another opportunity to practice the work that you have been doing with your Observer. We have three areas of the county covered, so take a look in the events diary and plan your next Sunday morning Group ride! *Look forward to seeing you there.*

Jerry

GROUP CLOTHING

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are a number of colours available, **for full details consider helping out by taking up the duty of Group Clothing Distributor**

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:					TO PAY	£
<p style="text-align: center;">PAYMENT MUST BE RECEIVED WITH ORDER</p>						











TRADE DIRECTORY

Support our local bike businesses. If you know a good local bike business, send details for inclusion to chainlinks@uwclub.net

	<p>RWH Motorcycles Ltd, Repairs, servicing, tyres, MOT, wheel building</p> <p>http://rwhmotorcyclesoflincoln.co.uk/</p>
	<p>Customised motorcycle seat re-covering / re-trimming service, altering trike and motorcycle seats</p> <p>http://edblade.simpl.com</p>
	<p>Cylinder rebores, valve guide replacement, bespoke repairs, bearings</p> <p>http://www.nrsec.co.uk/</p>
	<p>MOT testing, repair and servicing for all makes and models of bikes, trikes, scooters, mopeds and quads</p> <p>http://www.skmotorcycleslincoln.co.uk/</p>
	<p>Online and showroom retailer of motorcycle helmets, clothing, parts & accessories.</p> <p>https://www.sportsbikeshop.co.uk/</p>
	<p>Triumph and Yamaha Main Dealer in Lincolnshire.</p> <p>http://www.webbsoflincoln.co.uk/</p>
	<p>Control and drive cables made from a pattern, drawing, or to fit your bike, ultrasonic carb cleaning, thread repair inserts fitted for spark plug and other threads.</p> <p>http://www.carrotcycles.co.uk</p>
	<p>Musgrave & Co Tools 5 Clasketgate, Lincoln, LN2 1JJ</p> <p>Phone: 01522 527088</p>
	<p>Colin Willoughby Motorcycles Grange Lane North Scunthorpe North Lincolnshire DN16 1DE Phone: 01724 853300 https://colinwilloughbymotorcycles.co.uk/</p>

THE QUEST FOR CAKE

One of the joys of observed runs is a stop for feedback, cocoa and buns. If you know a good local café, send details for inclusion to chainlinks@uwclub.net

	Wickenby Cafe is based in the Control Tower at Wickenby Aerodrome. There is also a museum upstairs which tells the story of RAF Wickenby during WW2. Bike Night - Wednesdays until end of September. https://www.facebook.com/groups/495019267369270/about/
	Three Kings Inn , Saltersway, Threkingham, Sleaford NG34 0AU. It says here: <i>"a quintessential old English pub in traditional style with a balanced mix of local patrons, diners and tourists, creating an ambiance and atmosphere where everyone feels welcome and comfortable."</i> The MG car club meets here http://www.thethreekingsinn.com/
	Lincoln Bowl - Washingborough Road, Lincolnshire, Lincoln LN4 1EF. Lincoln's premier bowling centre also has a café attached. Ample parking.
	Mount Pleasant Windmill Tearooms & True Loaf Bakery Ltd , 6 North Cliff Rd, Gainsborough DN21 4NH noted for stoneground organic flours, which are sold in their delightful tea room. http://www.visitnorthlincolnshire.com/item/mount-pleasant-windmill/
	Sentry Post Snack Bar Sleaford Road A15, Lincoln LN5 9FG, England +44 7540 752432 – opposite the Waddington Avro Vulcan and adjacent to the Waddington Aircraft Viewing Enclosure (WAVE) for a friendly welcome and notable bacon butties.
	Daisy Made Ice Cream Lincoln Rd, Skellingthorpe, Lincoln LN6 5SA - Small farm with a coffee shop serving homemade ice cream, animals to pet, crazy golf and play area. http://www.daisymadefarm.co.uk/
	Pennells Garden Centre , Newark Road, South Hykeham, Lincoln LN6 9NT – this is family owned business established in 1780 and has a large restaurant and tons of parking. Popular as a debrief point for those undergoing compulsory driver training (so I'm told) http://www.pennells.co.uk/lincoln/
	Clayton's Corner Main Street, Howsham, Market Rasen, LN7 6JZ - a favourite, lunch can be sandwiches which come with salad, crisps and homemade coleslaw. There is also hot food on the menu and a selection of homemade cakes and pastries. The staff are welcoming https://www.facebook.com/Claytons-Corner-Cafe-350859448434765/

	<p>Café Mews - Whether it's a hearty home cooked breakfast or a tasty warming soup you're craving our fully home cooked menu, utilising the best the local area has to offer, is guaranteed to fill the hole in your belly and warm your heart.</p> <p>Coffee Mews Ltd, A18,Melton Ross, North Lincolnshire, DN38 6AB, 01652 245001 email:contact@cafemews.com</p>
	<p>The Seaways Cafe welcomes all bikers, lorry drivers, walkers, cyclists, holiday makers and anyone else who wants a trip to a brilliant café. Telephone: 01377 288203 Opening times: 8 am – 4 pm daily Location: Fridaythorpe, East Yorkshire, YO25 9RX</p>
	<p>The Honey Pot Café Maltkiln Road, Waters Edge, Barton-upon-Humber DN18 5JR, UK</p> <p>Sit on the jetty to eat - over looking the lake full of wildlife. Great food and prices and very nice staff.</p>
	<p>Zoom-Zoom Tea Rooms, Sand Lane, South Cave, HU15 2JQ</p> <p>https://www.facebook.com/zoomzoomtearoom/</p>
	<p>The Dunn Deal Tea Rooms Normanby Road Nettleton, Market Rasen LN7 6TB, England, Telephone +44 1472 488410</p> <p>https://www.facebook.com/DunnDealTearooms/</p>
	<p>The Ropewalk</p> <p>T: 01652 660380 F: 01652 637495 E: info@the-ropewalk.co.uk The Ropewalk, Maltkiln Road, Barton upon Humber, North Lincolnshire, DN18 5JT</p>
	<p>Jenny's of Hibaldstow</p> <p>On the B1206 heading North into Hibblestow, sky diving club on right. About 200 yards up the road on the left is the old filling station – DN20 9PD - This is now Jenny's Café 07598938796</p>
	<p>The Happy Cafe Sandtoft Airfield, Sandtoft Road, Belton DN9 1PN. Tel. 01427 875670, www.happycafe.co.uk Kev Smith has been using this cafe for a while, when taking out associates on rides. It is a part of a small airfield, has great staff, and excellent food (and most important ... cakes 😊). Open seven days a week</p>

Lincolnshire Group of Advanced Motorcyclists

Registered Charity No. 1049955

GIFT AID DECLARATION

Details of Donor:

Title: Forenames: Surname:

Address:

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Postcode:

Declaration

I want Lincolnshire Group of Advanced Motorcyclists to treat all donations I make from the date of this declaration until I notify you otherwise as Gift Aid donations.

I confirm that I pay income tax and/or capital gains tax at least equal to the tax that the charity reclaims.

Signed: Date:

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Notes

- a) You can cancel this declaration at any time by notifying the Honorary Treasurer of the Group.
- b) You must pay an amount of income tax and/or capital gains tax at least equal to the amount of the reclaim on your donations in the tax year.
- c) If in the future, your circumstances change and you no longer pay income tax and/or capital gains tax equal to the amount of the reclaim, you must notify the Honorary Treasure of the Group.
- d) If you pay tax at the higher rate you can claim further tax relief in your Self assessment tax return.