

ChainLincs

THE NEWSLETTER OF



Lincolnshire
Advanced Motorcyclists



IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



September

2019

GROUP COMMITTEE MEMBERS

The Area Service Delivery Manager for our region (East Midlands and North Yorkshire) is Peter Serhatlic. Peter can be contacted on

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on 07703 718907

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Lincolnshire Advanced Motorcyclists

<https://www.facebook.com/groups/301610040008772/>

Follow us on twitter at @lincsbikers_iam

Meetings are held on the first Monday of each month starting at 8pm

at the Nags Head, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

The next issue of ChainLincs will be in July 2019.

Please provide any copy to the editor, by **25 September 2019**

EDITORIAL



The lovely Mrs T is now much better following her hip replacement – so thank you to all you who sent good wishes for her recovery.

The cover image is the editorial tinkering bike – now close to an appointment with destiny and an MOT tester (incidentally, does anybody else have an outfit?) – and do note that we are always delighted to have picture

contributions

If there is anything that you particularly like or dislike about the newsletter, I would be glad to hear from you.

So, e-mail your thoughts and contributions to chainlinks@uwclub.net, and don't forget that our commitment to the highest journalistic standards means that if I can read it, we'll print it. Photographs, art, and writing are all equally welcome.

If you are planning a ride out and its short notice, put it on our Facebook page, there may be others that are free and would like to join you. It's a great way to meet other members.

Enjoy your riding,

Nick

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CHAIRMAN'S CHATTER

Another month gone by! Where are they going? I am sure the summer months pass quicker for some reason. Welcome to another edition of ChainLincs. Many thanks to Nick for putting it together again. If you are having a problem opening it please let Nick know and for your information I always upload ChainLincs onto our website.

Just one new member in the last month, welcome to Iain Hammond from Bracebridge Heath, hope to meet you soon.

However, the test passes have been racking up in the last month so congratulations to Arun Koottungal Swaminathan, David Walker, Karen Bevan, Lisa Bagwell, Tomasz Kania and Jim Kettleborough. Well done to you all and congratulations. Great job again by your Observers Jerry Neale, Dave Ayres, Andy Kitchen, Ross Glover, Phil Niner and Will Field – thanks guys.

This is the time of year to get that test done so if you are an associate and haven't been out with your Observer recently get in touch with them and get the job done – that's what you paid for!

For those associates that haven't been in touch with your Observer for a while please stay in touch. If you have decided to not continue the training, please let your Observer or John Cheetham know. Our Observers are volunteers and have plenty to do without chasing associates that have decided not to continue but don't respond to messages and haven't had the common courtesy to let us know! **With plenty of new associates our Observers will stop trying to contact those that don't respond so we can concentrate on the ones that are interested.**

If you fancy being an Observer come along to an Observer meeting. Observer meetings during the Summer months are normally on the road training and can start at various locations. If you are interested in attending, please give Jerry Neale a ring on 07412 935333 and he will be able to give you times and locations.

The Observer team is going from strength to strength. We now have 24 Observers including those still training plus two who are currently going through the pre-training regime. To put that into perspective the region average number of Observers per group is 15! We are apparently doing something right – thanks to you all.

The next Group ride is from Willingham Woods leaving at 0930hrs. Hope to see you there. The last ride out from Brigg was well attended, great to see some associates as well and thanks to John Harrison and Simon Battram for leading the two groups out and about.

At July's social we had Marc Jones, the Police and Crime Commissioner for Lincolnshire who gave us a fascinating talk on his role and what he is striving to achieve with the Lincolnshire Police during his time in office. Many thanks to Marc for giving up some of his free time to fit us into his schedule.

For the September meeting we will be joined by Ady Crane and John Siddall from the Lincolnshire Road Safety Partnership who I am sure will have some interesting updates on what they are doing to try to improve biker safety and awareness throughout the county.

Do you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow . Nine members of the Group have now signed up.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists [here](#) and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam).

It looks like being a nice weekend for biking so stay safe. I won't be as I am doing family stuff in Suffolk so will be stuck in the car!

Have a good one and stay safe

Mick

Membership Update etc.

Group Web Site: www.l-a-m.co.uk

Just the one new member to welcome this month as follows:

Member	Observer
909 Michael Gooseman from Caistor	Stuart Harrison

There is one

test pass to report since the August newsletter, making fifteen so far during 2019. Congratulations on your success and a big thank you to your Observer.

Member	Pass Date	Observer
Simon Tillett	5 August	Alison Millington

The composition of the group is as follows:

Full Members	115
Associate Members	35
Associate Members "On Hold" (non active)	3
Total Group Membership	153

Renewal letters will be going out shortly to those members who need to renew group membership from 1 October to 31 March 2020.

The cost for this six-month period is £4.00. Subsequent renewals will then fall in line with the normal renewal date from 1 April each year.

That's all for this month, ride safely:

John Cheetham

LETTERS TO THE EDITOR

DEER VEHICLE COLLISIONS (DVCs)

Thank you for your interest in DVC's. The point is that there is little a motorcyclist can observe or do about a strike, it all happens so fast. Personally, I have never even seen a deer on the road in 90,000 miles and 20 years of motorcycling. The good news is that DVC's appear to be uncommon.

Please see below an email, tables, statistics and a distribution map relating to DVC's in Lincolnshire from Graeme Butler of the Lincolnshire Road Safety Partnership. As you see there has only been one fatal DVC collision in the last ten years in Lincolnshire which involved a car driver who was hit by a deer but the driver was knocked down and killed by an oncoming car when he got out of his vehicle after the collision. He was no doubt in a shocked state when he got out of the car. A point to be aware of.

It would be good if these further statistics could be published in our News Letter but only after permission has been granted for publication from the Lincolnshire Road Partnership. Such permission has not been sought.

All the best and stay safe,

John Pemberton

Hello,

Following our telephone conversation last week, our data analyst has looked into the issue of deer strikes.

I must stress that the data we use is via the Police reporting system where there has been an injury sustained as a result of an RTC. So, we do not have Damage Only data.

The table below shows the last 10-year data with the word "deer" in the description.

The Fatal in 2019 was as a result of a deer strike where the driver got out of the car and was hit by another vehicle.

Also attached (this map somehow got detached in transit! Ed), is a plan of the County showing the locations of these collisions. As you see, it shows some pattern around the Grantham / Bourne area, but little around Boston.

The table below does not seem to indicate a pattern or increase. This is not unusual as the overall numbers are quite low.

I hope the information is of use.

Kind regards

Graeme Butler IEng FILCC

Road Safety (Accident Investigation) Manager

From: Alex Ille

Sent: 18 June 2019 08:32

To: Graeme Butler

Subject: Deer Strike injury Collisions

Collisions with "Deer" in description				
2019 YTD = 01/01/2019 to 31/05/2019				
	Fatal	Serious	Slight	Total
2019 YTD	1	1	2	4
2018	0	3	4	7
2017	0	2	4	6
2016	0	1	5	6
2015	0	1	7	8
2014	0	0	10	10
2013	0	1	7	8
2012	0	0	5	5
2011	0	1	6	7
2010	0	0	6	6
2009	0	0	4	4

Alex Ille

Information Analyst

Lincolnshire Road Safety Partnership

This information is from the Lincs Road Safety Partnership.



ACTIVITIES

Enjoyable Session

Stuart Harrison dateline 3rd August 2019



A most enjoyable session with Associate Neil Cheetham this morning. A varied ride with some interesting challenges and hazards presenting themselves. No cake (Simon/Malcolm) but some culture and historical architecture 😊

Looking Through the Corner

Roland Johns dateline 3rd August 2019



How to look through a corner! Picture from an Instagram post from the Isle of Man TT

New lightweight Harley

Sean Sowley dateline 4th August 2019



The whole thing is made of balloons!

Awards!

Mick Smith dateline 4th August 2019



Filled the room at the Nags Head tonight. Thanks to all that turned up for the ride out before the meeting and to the meeting. Peter Serhatlic, our IAM Regional Service Delivery Manager, talked to us tonight about current objectives for the IAM and also about Group sign off for associates for those that don't want or like to take tests. Peter also kindly presented certificates to Jim Kettleborough, Kambiez Zandiyeh (F1rst) and Dave Walker. Well done guys and big thanks to your Observers Will Field, Kenneth Rose and Dave Ayres.



More Awards!

Simon Tillett dateline 5th August 2019

This must be brought to the attention of the Driver
 • As the driver you are deemed to be in control of your vehicle at all times including responsibility for safety

Competence Levels: 1 = Commended 2 = Satisfactory 3 = Requires Development					
Safety and legality	/	Gear changing	/	Cornering	/
System	/	Use of gearbox	/	Overtaking	/
Observation	/	Acceleration/sense	/	Restraint/progress	/
Planning & hazard management	/	Mirrors/rear observation	/	Human factors & concentration	/
Anticipation	/	Steering	/	Courtesy	/
Vehicle sympathy & eco driving	/	Braking	/	Slow manoeuvring	/
Positioning	/	Signals	/	Smoothness	/
Spoken thought	X	Knowledge		OVERALL RESULT	FIRST

Comments

H7 R53 1/2
 123 837

Had my test today..... passed with a first! Well chuffed! Thanks to Alison my observer for the advice and taking the time to coach me and Ken for the check ride. Their comments stuck with me!

Have you registered yet for Ride to Save Lives?

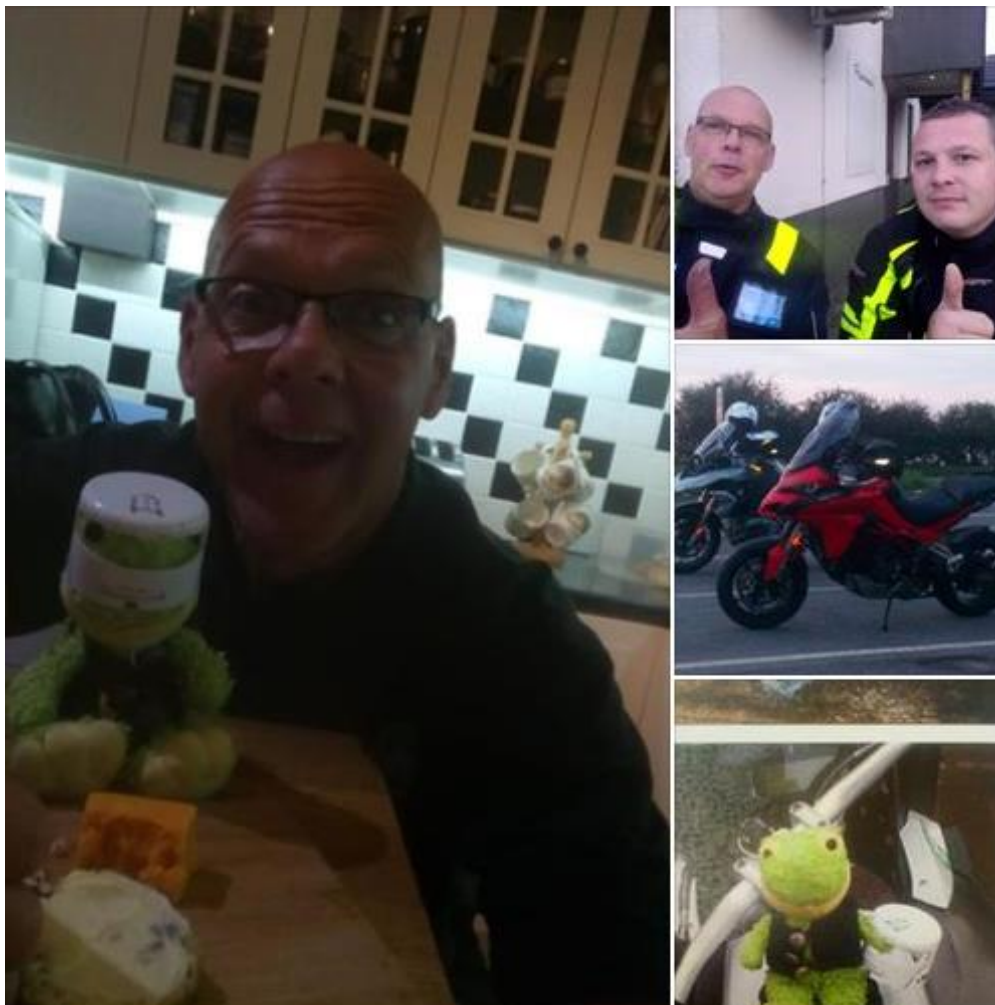
Roland Johns dateline 8th August 2019



Out on loan bikes today, my RS Street is hilarious! Have you registered yet for Ride to Save Lives?

Falling in to place

Simon Battram dateline 8th August 2019



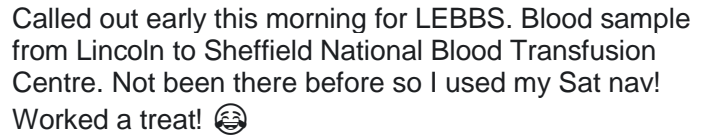
Good ride out with Ashley Gregory tonight.

Every thing has fallen into place and following him was a pleasure to see tonight.

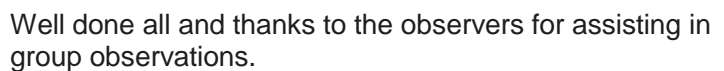
Keep it up Ashley.

Biker Froggy and I are relaxing with tea and cake 🍷🐸

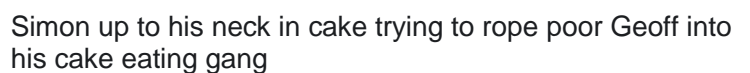
Roland Johns dateline 9th August 2019



Simon Battram dateline 11th August 2019



Malcolm Heaton dateline 11th August 2019



Invisible Blood Bike

Roland Johns dateline 12th August 2019



Question, are you visible on a Blood Bike? Answer, No! Clocked a driver coming out of the shops at Bracebridge Heath, he was looking right at me, I backed off as usual, he pulls out, I slow down, he sees me, stops halfway across the road lets me by without any acknowledgment. Assume you are invisible at all times, no matter what you are wearing and how good your position is. Speed is key, back off! Have fun 😊

Nice night for it

Simon Battram dateline 15th August 2019



Nice night for a ride with Paul, associate of Malcolm Heaton. Ended up with a chat and the mandatory brew 🍷👍



Odd junction

Malcolm Heaton dateline 17th August 2019



This is a funny old junction, to turn right you have to stop then right up a slip road, stop at the top which puts you parallel with the top road, it's a strain to look left you have to square it off like a lorry driver would. It's much easier to go to the top look left, right then go.

IPSGA

Malcolm Heaton dateline 18th August 2019



One hundred press ups, he will remember his IPSGA, keel hauling next time!



Down the Clive Sullivan Way

Malcolm Heaton dateline 21st August 2019



Been out for a ride, down the Clive Sullivan way in Hull at 5 o'clock, a great place to filter.

Barton-Beverley-Seaways-Drifffield-Barton

Stuart Harrison dateline 17th August 2019



Another great ride with Neil Cheetham today.

Barton-Beverley-Seaways-Drifffield-barton.

A cracking ride out - sunshine, wind, rain - couldn't have been better! Oh - and a great bacon butty to boot. Great observations, cornering and position. No press-ups for Neil this week. Next on the agenda a check ride with The Duke of Barrow aka Malcolm Heaton.

Good ride and meeting

Stuart Harrison dateline 25th August 2019



Good ride and meeting today from Arties Mill, our latest associate Phoebe did well but missed all her shoulder checks, good ride back from Alkborough led by John Wigmore.

Former Site of Cake

Paul Dudhill dateline 31st August 2019



Today's cake pic. Simon Battram Malcolm Heaton

Awards part III

Phil Niner dateline 31st August 2019



Tomasz Kania pass presentation, presented by Santa

DIARY OF EVENTS

The Sunday morning Group Observed Runs are open to all members and also potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members.

Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours, often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

Willingham Woods Picnic Site, LN8 3RQ East of Market Rasen A631

Hartsholme Country Park Cafe, Lincoln, LN6 0EY South side of B1378, Skellingthorpe Road

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger, you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

SEPTEMBER

- Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
- We are to be visited by Ady Crane and John Siddal from the Lincolnshire Road Safety Partnership (LRSP) to give a talk.
- Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 09.00 for prompt 09.30 start
- Wednesday 25th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

OCTOBER

- Monday 7th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
- Sunday 13th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 09.30 for prompt departure at 10.00
- Monday 14th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45
- Wednesday 30th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

NOVEMBER

- Monday 4th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
commencing with the group ANNUAL GENERAL MEETING
- Sunday 10th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt 10.00 start

Wednesday 27th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

DECEMBER

Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00pm

Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 11.30 for prompt 12.00 start

Monday 9th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

PLEASE NOTE there is no Observers meeting this month

JANUARY

PLEASE NOTE there are no formal events during the month of January.
However, that's not to say that nothing happens!
If you have any suggestions, please let us know.

FEBRUARY

Monday 3rd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Sunday 9th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 11.30 for prompt departure at 12.00

Monday 17th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 26th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

MARCH

Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Sunday 8th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt departure at 10.00

Wednesday 25th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

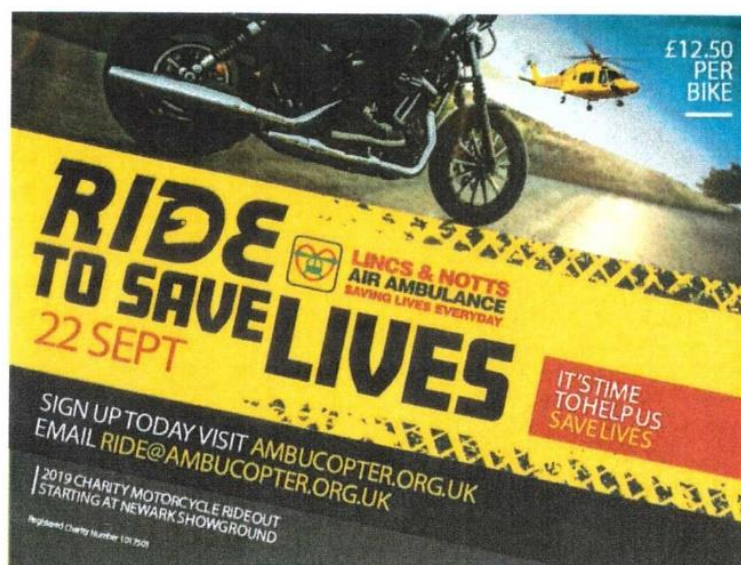
APRIL

Monday 6th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00

Sunday 12th Group Observed Run - Hartsholme Country Park café area
Meet 09.30 for prompt departure at 10.00

Monday 13th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

Wednesday 29th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)



OCTOBER

- Monday 7th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
- Sunday 13th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg
Meet 09.30 for prompt departure at 10.00
- Monday 14th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45
- Wednesday 30th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

NOVEMBER

- Monday 4th Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00
commencing with the group ANNUAL GENERAL MEETING
- Sunday 10th Group Observed Run - Willingham Woods Picnic Area near kiosk
Meet 09.30 for prompt 10.00 start
- Wednesday 27th Meeting for Observers and those interested in becoming Observers
For information contact Jerry Neale (details on page 2)

DECEMBER

- Monday 2nd Monthly evening meeting, Nags Head, Middle Rasen, LN8 3JU (A631) at 20.00pm
- Sunday 8th Group Observed Run - Hartsholme Country Park café area
Meet 11.30 for prompt 12.00 start
- Monday 9th Committee Meeting, Nags Head, Middle Rasen
Prompt start at 19.45

OBSERVERS AND ASSOCIATE INFORMATION

August Observer meeting

So, the final on bike Observer training evening for the summer months greeted all who could attend to another dollop of rain! It seems that it has rained for most of the on-bike training evenings this year, but looking on the positive side the Observer team should be wet weather masters by now and will be heading into the autumn having tested riding kit for leaks!

So many valuable riding skills are gained riding in the wet, like the importance of being smooth and making sure that we are progressive with our braking technique.

The four teams from around the county joined together at the Naggs Head at Middle Rasen for a team debrief and meeting. Thanks to all who could make it.

If you want to join the Observer team and work towards the IMI Local Observer qualification, give me a call to find out more on 07412935333

This month is another chance to read the importance of knowing and using the 'Limit Point' by Ken Rose. Take time to go out on your bike, and ride a few miles of your favourite bends and set yourself a goal to master the 'Limit point' also talk to your Observer if you need further help in understanding this top tool in our riding tool kit.

Now you see it! (But do you get it) - see what I hear you ask.

Why the "Vanishing Point" (my preferred description) or "Limit Point", call it what you want, it is the limit of vision of the road surface and it is essential to good safe cornering. Without bends in the road how dull would life be for motorcyclists, what would life be like if all roads were straight lines, incredibly dull, I think.

Happily, in this country we have bends a plenty, and are blessed with a wide variety of bends here in Lincolnshire this giving us ample opportunity to hone our cornering skills. So, what about this vanishing point (VP) and why is it so important, and why do so many riders have trouble with interpreting it.

What is it?

It is best described as a point ahead where the kerbs or verges of each side of the road appear to intersect and our view of the road ahead is restricted by the physical feature of the bend. Maybe the word "Point" is a little confusing as this would indicate a fixed position; the VP however is a flexible concept, for as I will explain the VP is anything but fixed.

So, what information does this VP give us?

There are three important pieces of information.

The first and probably obvious item of information we should glean from the VP is the direction of the bend Left or Right, this will dictate our line of approach.

The second is the severity of the bend which will dictate our speed of approach.

The third is the extent of the bend and this will let us know when we can accelerate firmly and look for the next hazard.

So how do we use this information to safely negotiate the bend using the system of motorcycle control (IPSGA) with safety, smoothness and speed.

Thinking about vision and the need to obtain early warning of a hazard, the first piece of information direction of bend should be obvious (but not always) and should be picked up as soon possible by looking well ahead (remember IN THE DISTANCE I CAN SEE).

If the bend is to the left, then a position as close as possible to the crown of the road with due regard for the safety of ourselves and others and if to the right then as close to the

nearside as possible be careful as this is where most road debris is deposited and underground services are run with the consequential disturbance of the surface. In wet

weather it is advisable not to enter a puddle that holds a reflection as its depth cannot be judged and it may conceal a pothole.

On many roads the local Highways Authority have seen it necessary to mark the road surface with the word "SLOW" across the carriageway on the approach to a bend, if this is not the case then we have to imagine the word. In either case on a Left bend we should ride over the "W" and on a Right bend the "S".

Having established the direction of the bend and adopted the correct line of approach the next thing needed is to regulate our speed to enter the bend safely. Observing the VP and its relative distance from us remember its flexibility we can alter our speed of approach by careful use of the throttle if the bend is not too severe, or by using the brakes on a tighter bend. Remember that progress is also an important part of advanced riding and acceleration sense must never replace braking where braking is appropriate. If the distance between the VP and us is shortening, then a loss of speed is required this can be achieved as above, if the distance between the VP and us remains constant it would indicate that our speed is correct, and of course if that distance appears to be increasing then an increase in speed is indicated have due regard for any speed limits that may be in force on that road.

The correct speed having been attained, the correct gear for the road speed should now be selected. It might be OK to stay in the same gear as you approach the bend or you may need to down shift one or more gears, multiple downshifts are to be favoured over sequential changes, releasing the clutch between gears, remember to raise the speed of the engine to compensate for the lower gear. The gear selected should be one that can give us some degree of engine braking, but also allows us to accelerate without having to change to a higher gear.

Once we have started on the curved course, we should always apply some degree of positive throttle, the degree of accelerating being dictated by the relative distance of the VP, sometimes that distance will shorten in such cases then reduce the amount of positive throttle. NEVER SHUT THE THROTTLE as this will cause the machine to adopt an upright position and travel in a straight line, not a desirable situation mid bend, better to apply more lean-angle and more throttle. More often the bend will tend to open as we negotiate the curve indicated by the VP appearing to move away from us if this is the case then increase the amount of acceleration to "chase the Vanishing Point".

The third and final piece of information the VP offers us is when we can leave our line of approach or not as the case may be. As the VP opens up to give us a clear view of the road ahead we can make the decision whether to apex the bend or remain in the same position on the road. This will be determined by what is ahead, it may be another bend in the same direction in which case you should maintain your position. If however the next bend is in the opposite direction, then continue on the curved path to take up the correct line of approach.

I feel the main problem some riders have with using the VP is belief. As the only variable in the cornering equation, you the rider dictates everything when cornering. Get off your bike sometime and walk a bend looking at the various aspects above, you will learn more about bends.

Above all enjoy your motorcycling.

Ride safe:

Ken Rose (class1 Police M/C) IAM RoadSmart Observer 20 years Local Observer Assessor

The LAM Sunday morning Group ride out is a great opportunity for associate members to get in some extra riding practice before their Advanced test. At the Sunday morning ride you will usually find many Observers and Full members who have got a vast knowledge and experience of Advanced riding who are always willing to assist others to achieve test standard. It is also another opportunity to practice the work that you have been doing with your Observer. We have three areas of the county covered, so take a look in the events diary and plan your next Sunday morning Group ride! It was great to see some associates at this month's Sunday morning ride getting in some extra practice, well done.

Look forward to seeing you there.


Jerry

GROUP CLOTHING

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are several colours available, contact Shayne Joyner shadirysa@yahoo.co.uk or 07375 471207

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered (leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Colour required:					TO PAY	£
PAYMENT MUST BE RECEIVED WITH ORDER						



What would happen if
10% of drivers switched
to a motorcycle? 

Congestion would be
reduced by **40%**



A Belgian study, which modelled the traffic for one of Europe's most congested roads, found that if 10% of motorists swapped their car for a motorcycle, scooter or moped, then congestion was reduced for all road users by 40%.

When 25% of drivers swapped, congestion was eliminated altogether. [1]

20%
more people would
be able to park



Three motorcycles or scooters can fit into the same space as one car. This means if just 10% of car spaces were given over to riders, then 20% more people would be able to park. The National Travel Survey shows that 87% of car commuters drive to work alone, so there is huge capacity to increase the number of spaces available to people who swap to a motorcycle or scooter. [2]



Save 4 working days

UK drivers spend an average of 32 hours a year in traffic.

Riders don't! 32 hours is the equivalent of 4 working days. That's long enough to go on a mini-break! [5]

Billions
saved for the UK
economy



There are many calculations estimating the cost of congestion to the UK economy. The INRIX Global Traffic Scorecard recently calculated this to be around £30 billion a year. This would naturally reduce if congestion was cut by 40%. [4]

Road maintenance would reduce too, as motorcycles and scooters are lighter than cars and vans, so impact less on road surfaces.

10% less stressed
commuters



Motorcyclists generally report higher levels of happiness in surveys about commuting and this was confirmed in a one-off survey by the Office for National Statistics. It found that riding a motorcycle, moped or scooter had no negative impact on journeys of up to half an hour and after that it was negligible. This was in contrast to users of most other modes of private and public transport. [3]

Sources:

[1] See Commuting by Motorcycle, Impact analysis of an increased share of motorcycles in commuting traffic, Transport and Mobility Leuven, <http://www.tmlleuven.be/project/motorcyclesandcommuting/home.htm>

[2] From Government National Travel Survey data set. See: Car/van occupancy by trip purpose 2015. Table NTS0906 <https://www.gov.uk/government/statistical-data-sets/nts09-vehicle-mileage-and-occupancy>

[3] Commuting and Personal Wellbeing 2014, Office for National Statistics. See: http://webarchive.nationalarchives.gov.uk/20160105160709/http://www.ons.gov.uk/ons/dcp171766_351954.pdf

[4] See full release from INRIX: Traffic congestion cost UK motorists more than £30 billion in 2016 <http://inrix.com/press-releases/traffic-congestion-cost-uk-motorists-more-than-30-billion-in-2016/>

[5] 32 hours is the average time spent in UK traffic according to the latest INRIX Global Traffic Scorecard. Riders tend to move through rush hour traffic at the same rate as they would do in free flowing traffic. This was tested in a series of 'city challenges' in some of the UK's most congested cities. See www.ridetoworkweek.co.uk/city-challenges



#commutehappy

 /RideToWorkWeekUK  @RideToWorkWeek www.ridetoworkweek.co.uk



TRADE DIRECTORY






Support our local bike businesses. If you know a good local bike business, send details for inclusion to chainlinks@uwclub.net

	<p>RWH Motorcycles Ltd, Repairs, servicing, tyres, MOT, wheel building</p> <p>http://rwhmotorcyclesoflincoln.co.uk/</p>
	<p>Customised motorcycle seat re-covering / re-trimming service, altering trike and motorcycle seats</p> <p>http://edblade.simpl.com</p>
	<p>Cylinder rebores, valve guide replacement, bespoke repairs, bearings</p> <p>http://www.nrsec.co.uk/</p>
	<p>MOT testing, repair and servicing for all makes and models of bikes, trikes, scooters, mopeds and quads</p> <p>http://www.skmotorcycleslincoln.co.uk/</p>
	<p>Online and showroom retailer of motorcycle helmets, clothing, parts & accessories.</p> <p>https://www.sportsbikeshop.co.uk/</p>
	<p>Triumph and Yamaha Main Dealer in Lincolnshire.</p> <p>http://www.webbsoflincoln.co.uk/</p>
	<p>Control and drive cables made from a pattern, drawing, or to fit your bike, ultrasonic carb cleaning, thread repair inserts fitted for spark plug and other threads.</p> <p>http://www.carrotcycles.co.uk</p>
	<p>Musgrave & Co Tools 5 Clasketgate, Lincoln, LN2 1JJ</p> <p>Phone: 01522 527088</p>
	<p>Colin Willoughby Motorcycles Grange Lane North Scunthorpe North Lincolnshire DN16 1DE Phone: 01724 853300 https://colinwilloughbymotorcycles.co.uk/</p>







 —LINCS REPAIR—	<p><i>"Small company, Big savings! Leather furniture repair, Leather handbag repair, Motorcycle leathers, Car Seat repairs & many more....."</i></p> <p>Lincs Repair 43 Cotman Rd Lincoln, Lincs LN6 7NU 0771 9620830 http://www.lincsrepair.co.uk</p>
  Motorcycle Clothing	<p>Lincoln Bikes off Exchange Rd off Doddington Rd. Come off ring Rd, head down past Swanholme pub, exchange Rd on right.</p> <p>https://www.facebook.com/lincolnbikesMC/</p>
 Suppliers & Installers of    <small>Bike Dashcam Systems CAN bus Controllers Auxiliary Horns Auxiliary Lights</small>	<p>Supplying high quality, safety related accessories combined with a mobile installation service.</p> <p>For more information please visit: www.moto-mate.com</p>

THE QUEST FOR CAKE

One of the joys of observed runs is a stop for feedback, cocoa and buns. If you know a good local café, send details for inclusion to chainlincs@uwclub.net

	<p>Wickenby Cafe is based in the Control Tower at Wickenby Aerodrome. There is also a museum upstairs which tells the story of RAF Wickenby during WW2. Bike Night - Wednesdays until end of September. https://www.facebook.com/groups/495019267369270/about/</p>
	<p>Three Kings Inn, Saltersway, Threackingham, Sleaford NG34 0AU. It says here: <i>"a quintessential old English pub in traditional style with a balanced mix of local patrons, diners and tourists, creating an ambience and atmosphere where everyone feels welcome and comfortable."</i> The MG car club meets here http://www.thethreekingsinn.com/</p>
	<p>Lincoln Bowl - Washingborough Road, Lincolnshire, Lincoln LN4 1EF. Lincoln's premier bowling centre also has a café attached. Ample parking.</p>
	<p>Mount Pleasant Windmill Tearooms & True Loaf Bakery Ltd, 6 North Cliff Rd, Gainsborough DN21 4NH noted for stoneground organic flours, which are sold in their delightful tea room. http://www.visitnorthlincolnshire.com/item/mount-pleasant-windmill/</p>
	<p>Sentry Post Snack Bar Sleaford Road A15, Lincoln LN5 9FG, England +44 7540 752432 – opposite the Waddington Avro Vulcan and adjacent to the Waddington Aircraft Viewing Enclosure (WAVE) for a friendly welcome and notable bacon butties.</p>

	<p>Daisy Made Ice Cream Lincoln Rd, Skellingthorpe, Lincoln LN6 5SA - Small farm with a coffee shop serving homemade ice cream, animals to pet, crazy golf and play area. http://www.daisymadefarm.co.uk/</p>
	<p>Pennells Garden Centre, Newark Road, South Hykeham, Lincoln LN6 9NT – this is family owned business established in 1780 and has a large restaurant and tons of parking. Popular as a debrief point for those undergoing compulsory driver training (so I'm told) http://www.pennells.co.uk/lincoln/</p>
	<p>Clayton's Corner Main Street, Howsham, Market Rasen, LN7 6JZ - a favourite, lunch can be sandwiches which come with salad, crisps and homemade coleslaw. There is also hot food on the menu and a selection of homemade cakes and pastries. The staff are welcoming https://www.facebook.com/Claytons-Corner-Cafe-350859448434765/</p>
	<p>Café Mews - Whether it's a hearty home cooked breakfast or a tasty warming soup you're craving our fully home cooked menu, utilising the best the local area has to offer, is guaranteed to fill the hole in your belly and warm your heart.</p> <p>Coffee Mews Ltd, A18,Melton Ross, North Lincolnshire, DN38 6AB, 01652 245001 email:contact@cafemews.com</p>
	<p>The Seaways Cafe welcomes all bikers, lorry drivers, walkers, cyclists, holiday makers and anyone else who wants a trip to a brilliant café. Telephone: 01377 288203 Opening times: 8 am – 4 pm daily Location: Fridaythorpe, East Yorkshire, YO25 9RX</p>
	<p>The Honey Pot Café Maltkiln Road, Waters Edge, Barton-upon-Humber DN18 5JR, UK</p> <p>Sit on the jetty to eat - over looking the lake full of wildlife. Great food and prices and very nice staff.</p>
	<p>Zoom-Zoom Tea Rooms, Sand Lane, South Cave, HU15 2JQ</p> <p>https://www.facebook.com/zoomzoomtearoom/</p>
	<p>The Dunn Deal Tea Rooms Normanby Road Nettleton, Market Rasen LN7 6TB, England, Telephone +44 1472 488410</p> <p>https://www.facebook.com/DunnDealTearooms/</p>
	<p>The Ropewalk</p> <p>T: 01652 660380 F: 01652 637495 E: info@the-ropewalk.co.uk The Ropewalk, Maltkiln Road, Barton upon Humber, North Lincolnshire, DN18 5JT</p>

	<p>Jenny's of Hibaldstow</p> <p>On the B1206 heading North into Hibblestow, sky diving club on right. About 200 yards up the road on the left is the old filling station – DN20 9PD - This is now Jenny's Café 07598938796</p>
	<p>The Happy Cafe Sandtoft Airfield, Sandtoft Road, Belton DN9 1PN. Tel. 01427 875670, www.happycafe.co.uk Kev Smith has been using this cafe for a while, when taking out associates on rides. It is a part of a small airfield, has great staff, and excellent food (and most important ... cakes 😊). Open seven days a week</p>
	<p>The Robin's Rest Eatery Gainsborough Road, Everton, Doncaster, DN10 5BW https://www.facebook.com/Robinsresteverton/</p>
	<p>The Wolds Way Café Driffield Road Market Weighton YO43 3LW http://www.woldswaycafe.co.uk/</p>
	<p>Willows at Glentham Gainsborough Road Glentham Lincoln LN8 2EG Phone: 01673 878971 http://www.thewillowsglentham.co.uk/</p>
	<p>*Recommended by 448 people · People talk about "chocolate fudge cake", "amazing gluten free cakes" and "sticky toffee pudding" Maythorne Lane, Maythorne NG25 0RS Southwell, Nottingham, United Kingdom https://www.allminecakes.co.uk</p>