

The May 2022 edition of ChainLincs for

# Lincolnshire Advanced Motorcyclists

IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



# May 2022



The Area Service Delivery Manager for the East Midlands and North Yorkshire region is Peter Serhatlic peter.serhatlic@iam.org.uk or via on 07703 718907

Social Gatherings Meetings are held on the first Monday of each month starting at 8pm at the Nags field, Middle Rasen, LN8 3JU

Middle Rasen is on the A631 about 1.5 miles west of Market Rasen

# **Next Issue**

The next issue of ChainLincs will be in June 2022

Please provide any copy to the Editor, by 26th May 2022 <u>Stuart Harrison</u> Stuart.harrison@btinernet.com

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Cover photo: Member – Mike Day during his "Rapid Training" tour.

### CHAIRMAN'S CHATTER



Wow, another month gone and here we are again writing some ramblings for Stuart (and Michelle) to include in the May edition of everybody's favourite newsletter. There was lots going on in April and we had a productive month and although it's great the roads have been dry my poor garden could do with some rain and riding in the wet is fun and hones the skills more than just riding on dry roads.

I want to thank Stuart and Michelle for putting together another great edition of ChainLincs. However they need your help, Michelle posted the following on FB this week – Deputy Ed of ChainLincs here. Now the weather is getting better, you are all venturing out more and no doubt taking lots of pictures of your pride and joy. If you think you have a good one of your bike, your boots or even your dog on your bike! please forward a copy to Stuart and he'll use it for the

ChainLincs front page cover photo. (Email address in ChainLincs) If you don't it will be another one from this weekends Harrison tours, you must all be bored of seeing our bikes by now.

Also any stories or articles of interest to others feel free to email them too - for members tit-bits.

Thanks to all those that have paid their annual subs to the group, if you haven't yet and keep meaning to do it now is a good time. If you think you are due check your junk email folder! We need your support to keep doing what we do. Thanks. If you haven't received a reminder from John Cheetham yours aren't due yet but will be later in the year.

Lots of new members this month. Although 12 filled in forms to sign up at the Bikesafe breakfast event this only turned into 9 actually paying any money. The IAM have chased the others but it seems to no avail! The 9 new members from the BikeSafe event were Steve Ackland (Sleaford), Derek Westall (Collingham), Ian Coleman (Gosberton Risegate), Adrian Wing (Grantham), Sarah Edwards and Rhys Lakay (both Market Rasen), John Hall (North Kelsey), David Watchman (Dunston) and Stan Parker (Lincoln). There was also another late in March which was Robert Radford (Nether Langwith nr Mansfield). Welcome to you all and hope to see you at one of our rides soon. As associates you are actively encouraged to ride as much as possible between your training runs with your observer. Also, the monthly rides we hold is a great way to help your skills as well. There was also a full member joining us who has moved from elsewhere, welcome to Barry Jones (Scothern).

Two test passes since I wrote last month. They were John Travis, whose original observer was Keith Smith (RIP) and Will Field who took over after Keith had his tragic accident, and Steven Gilbert whose observer was Phil Niner. Congratulations to John and Steven and well done to you all, another great job from our observers.

We had some well attended rides in April and some not so well attended. The first ride was the monthly observed ride which was from Brigg on 10 April when 6 members turned up and were led by Malcolm Heaton around the northern parts of Lincolnshire. Next was the monthly social ride on 24 April where 6 of us were at Barney's Diner (it is now open on Sundays) and were led by Stuart



Harrison across the Humber and back, and then at the WAVE 20 members turned up and split into 4 smaller groups led by Bruce Pettit, Phil Gilbert, Geoff Everard and Ken Mulholland across various parts of the county and adjoining counties. Thanks to all those that came along and especially those that were willing to take the lead.



Dave Hall also arranged and led a ride on 26 April starting from Colbourne café on the A57. As far as I can see from FB there were 8 of them and they had a ride around parts of Lincs, Notts, Leics and Rutland. There are pictures of them at 2 cafes somewhere – oh to be retired! Thanks to Dave for organising the ride.

The next Group observed ride is from Willingham Woods on 8 May. Meet at 0930hrs for prompt departure at 1000hrs. If anybody is willing to lead a ride then please step forward before then or on the morning.

The next regular social ride is on 29 May meeting at two locations, the WAVE (LN5 9FF) and Barney's Diner (DN38 6LB) both for **departure** at 1000hrs.

We are also planning a monthly evening ride as the longer days are now here and the first is on 2 May meeting at Caenby Corner truckstop leaving at 1815hrs.

We now nearly have 180 members so it would be great to see more of you at some of these rides, us regulars don't bite and we are a friendly bunch that it seems like to drink tea and coffee and eat cake (and excellent bacon and egg butties) so come along if you haven't been before, you might enjoy it.

I now have some bad news. Due to the Lindum Rotary Club not getting the necessary support from the University of Lincoln and the Lincoln Business Improvement Group the Lincoln BikeFest planned for 12 June has been cancelled. In the past we have usually recruited a few new members at this event but if anybody is aware of another suitable event that is taking place and we would be welcome let us know and we can see if we can make it happen.

The Observers are the backbone of the group, without them we wouldn't be able to carry on with our part in making safer riders. If you fancy being an Observer come along to an Observer meeting. Observer meetings are now evening meetings normally on the last Wednesday of the month. If you fancy being an Observer and want more details please give our Chief Observer, Jerry Neale, a ring on 07412 935333. He will be happy to talk to you.

If you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow.

Please remember the new bank account details so if paying subs through internet banking this is the account to do it to (30-96-26, 67439968, Lincolnshire Group of Advanced Motorcyclists). From now on this is our preferred method to pay subs as it saves John a journey to a bank to pay cash in although cheques can be paid in through the banking app.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists <u>here</u> and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers\_iam). FaceBook is a great way to publicise events quickly and easily and also see what has been happening in the Group.

Stay safe

Mick

## **Observer and Associate**

The Observer Summer season on bike training evenings started this month. As we have a large team of Observers spread throughout the county, we breakdown into 5 smaller local groups, these 5 local groups work together on different aspects of Observer training and riding each month. As riders, whether we are Full members, Observers or Associates we should never stop learning and always be looking to get as much practice as possible to hone our Advanced riding skills.

The new 2022 official paper version Highway code is now available, as things move forward, there are changes in the new H/C that all road users need to know, so make sure to have an up to date version.

### **Keep Hydrated**

With summer on the way, it's a good time to think about how staying hydrated is a vital part of our riding plans, a reduction of just 2% to 3% of hydration can mean a 20% loss of concentration and reaction times also become significantly slower.

### **SYMPTOMS OF DEHYDRATION**

- Reduced concentration
- Affect decision making
- Slower reaction times
- Impaired judgment
- Higher heart rate
- Drowsiness

A Loughborough University study revealed that 'Dehydrated drivers make the same number of mistakes as drink drivers'



With the hot weather almost certain to return before summer is out, Area Service Delivery Manager Pete Doherty reminds us of the importance of good hydration - particularly for motorcyclists, when 'breathable summer biking kit' still means everything from helmet to boots, gloves and a plethora of elbow, knee, shoulder and back armour.

His top tips for staying hydrated were learned from Dr. Eric Saunderson, a National Observer, Masters (Distinction), Masters Mentor and Fellow (F1RST), when Pete was delivering off-road motorcycle training in Nepal and wanted some advice that he could share with his students. His advice – which, while particularly relevant for motorcyclists in relevant safety gear, applies to both bike riders and car drivers - is as follows:

Cases & symptoms

- Dehydration is serious. One percent dehydration is significant and can cause dry skin and weight loss. Just two percent dehydration is life threatening.
- Dehydration can be exacerbated by conditions such as diabetes, kidney disease, vomiting, diarrhoea and heatstroke. Medications like diuretics or drinking alcohol can also increase the severity of the impact of dehydration on your system.
- We lose fluids from four organs; our kidneys, skin, bowel and lungs. The severity and speed of the fluid loss is dependent on environmental temperature and humidity. In hotter, drier conditions, dehydration will be quicker and more sustained.
- It is our kidneys that compensate for any loss of hydration, so when dehydration occurs we suffer reduced urinary output with high concentration and a visible orange hue.

 Dehydration often causes a lack of concentration. When driving a car or riding a motorcycle, this lack of concentration could be catastrophic, so steps should be taken to avoid the risks of dehydration on driving and riding capability at all times.

Prevention and treatment

- To prevent dehydration, drink water or fluids often, before any symptoms occur.
- Frequent loo stops will be necessary and urine should always be pale in colour.
- All bikers and drivers should carry adequate supplies of water for each journey they take, particularly in hot conditions.
- Thirst and dark urine should be avoided. It is said that once you develop symptoms of dehydration, it is too late to maintain activity, as drinking at this stage takes some time to reverse the effects. After running a marathon for example, rehydration can take up to 24 hours.
- The brain is particularly sensitive to dehydration and produces the initial symptoms. Be alert for early signs including:
- Feeling thirsty
- headache
- poor concentration
- dark yellow or orange urine
- feeling tired
- dry mouth.
- When planning journeys or rides out, give plenty of thought in advance to meeting venues or stopping points where refreshments are available. Think about refreshments at your starting and stopping points too.
- For motorcyclists, if on a ride out with friends or Associates, remember to maintain your hydration on the ride home as well.
- Planning hydration breaks during journeys may be a little more difficult at the moment, with some venues still closed, but a little prior planning will make it possible for you to stay hydrated and safe at all times.

Pete added: "As motorcyclists, we really do need to keep on top of hydration – as opposed to keeping on top of dehydration, when it may be too late to make a difference. This particularly extends to any friends, family or Associates with whom we are riding and who are new to motorcycling. They may not realise the effects of wearing all the kit, so it is important they are taught to recognise – and react - when they have not had enough fluid intake.

"So, please drink plenty and often, and carry more water than you think you may need. And in the immortal words of Sergeant Phil Esterhaus from Hill Street Blues 'Let's be careful out there!"

Stay Safe

Jerry

# Members Tit Bits

Many thanks to Keith Edwards for sharing his "upgrade" and "Track" experiences.

### BMW on Track

In June 2021 my BMW F750 GS went into the workshop to have the software changed as I didn't like the self-cancelling indicators. This change cost £40, although the experience ended up costing a me great more than that. The re-programming was expected to take around four hours to complete, so the very kind technicians lent me an F900 XR TE to keep me occupied whilst they operated on my GS. No sooner had I slung my leg over this lovely machine than it suddenly hit me. "I really like this bike", I thought, and on returning it to the dealer I made enquiries as to the prospect of trading in my newly re-programmed F750 for a brand new version of the one I had so enjoyed. A deal was struck and off I went to explain my productive day to my current wife.

These days, as I am sure you are all well aware, having made such a purchase, you start to get the inevitable emails suggesting how you ought to part with more of your cash. These you nearly always instantly delete. However, one such email was different and attracted my attention. Apparently, BMW have established a 'Performance Academy' at the race circuit on the Isle of Anglesey. The link to the website revealed more.

This new BMW experience has three levels; One for people new to the track; Two for people with a little track experience; and Three for those who wish to emulate their racing heroes. You use one of their motorcycles, ranging from the F900 R to the mighty M1000 RR, the latter being reserved for level three victims. And what's more they have British Superbike Racers to show you around. Heck, what's not to like. Well for me there was one drawback. You have to own a set of leathers ~ one piece (preferable) or two piece if they zip together. I don't have either, and being a 66 year old with beer belly, I feared the worse. The amount of hide needed to protect my girth might well be price restrictive. I was thinking at least maybe four or five hundred Great British pounds and with the track day costing £650 together with probable overnight accommodation, it was most likely out of my reach. But then I thought ~ eBay!

I duly signed on to eBay and searched for some leathers, of which there were quite a few on offer. One set particularly caught my eye ~ a set of little used Frank Thomas one piece racing leathers in black and yellow. The pictures looked as though the leathers were brand new and what's more they appeared to my size (size **lard** my wife calls it). Now I'm not usually a very lucky person. If I fell into a barrel of boobs I would come out..... well you get the idea. Anyway the reserve price was £40 and with five days to go no bid had been placed. I waited until the last day. Still no bids but anyone who has used such bidding sites knows that there is often a flurry of bids in the last seconds of the auction. I had nothing to loose so I put in a bid of £40.

From the sellers point of view, winter is probably not the best time of year to be selling motorcycle gear most suited to the summer months, or perhaps my lucky gene had finally kicked in. Whatever the reason, there were no other bids and as a result I was now the proud owner of some racing leathers for £40 plus £9.99 postage. My purchase arrived within two days and I squeezed into them. *Note to* 

*self ~ come January I have three months to lose my beer belly.* They do fit, although somewhat 'snug' shall we say. Still, I suppose that such protective clothing should act like a second skin!

All my other clothing, crash helmet, gloves and boots, met the required specification, so back onto the website where I booked my day. Which is in April 2022 (Covid permitting) and I will keep you posted, hopefully, when I have completed my experience.

Just one decision remains ~ will I need knee sliders?

If you want to see more the website is <u>www.bmwmotorradperformanceacademy.com</u>

Ed: I'm certainly looking forward to reading "part 2"

# Member Spot Light

This month sees a new feature when we turn the spot light on one of our members. To kick this off we're checking in with Malcolm Heaton.

Malcolm is based in the north of our area and is proud to have 16 successive passes – he has given me a summary of his time with our group....

My first pass was August 2017 and the most recent in November 2021, all past first time and some with "firsts". The last associate I first met at Lidls in Bartion (Malcoms favoutire pick-up place), and as he pulled in to the carpark 3 police cars full of armed police officers came speeding in after him. I was a little worried that my Associate had "borrowed" the bike and had been chased by the Police. It would have made the initial briefing rather interesting to say the least.

### Not everything goes to plan

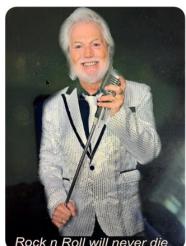
When I was training to be an Observer I was out with my mentor when we were out on the rural roads in Lincolnshire with an associate in tow. My mentor was observing how I went on and we stopped at the side of the road for a debrief. The camber was horrendous and I managed to get my foot down and the side stand down but the bike was at an angle you would be proud of at Cadwell . After the debrief I didn't have the leg length to push the bike up, it took my mentor and the associate to push me up! I'm sure it made a very professional image. I remember thinking "when you get older everything shrinks – including your legs"! At the recent bike safe in Lincoln I had my photo taken on a police bike, it took two policeman to lift me on and off! .

All in all I've had some great laughs and good times with the LAM and long may it continue.

Those of you who have ridden with Malcolm will know of his passion for the A63 in Hull where he can be seen filtering through the traffic and heading out to the coast. In addition to his penchant for filtering – "bus lane bashing" in Hull city centre also makes him smile and his associates sweat !

Malcolm is accustomed to having the spot light on him – when he's not working his magic with Associates he can be found treading the boards and entertaining the masses on stage.

Nice one Mal - keep up the good work!!



Twelve new members to welcome since the last update:

Member	Observer
991 Philip Russon from Burton	Will Field
992 Robert Radford from Nether Langley	Alan Pugh
993 Stephen Ackland from Sleaford	ТВА
994 Ian Coleman from Gosberton Risegate	Rick Fox
995 Adrian Wing	Rick Fox
996 Sarah Edwards from Market Rasen	Ken Rose
997 Rhys Lakay from Market Rasen	Morris Howe
998 John Hall from North Kelsey	Malcolm Heaton
999 Dave Watchman from Dunston	Jerry Neale
1000 Stan Parker from Lincoln	Steve Goodwin
1001 Derek Westall from Collingham	Phil Niner
1002 BarryJones from Scothern	Full Member

There are three test passes to report, making four so far in 2022. Congratulations on your success and a big thank you to your Observer.

Member	Pass Date	Observer
Steven Gilbert	10 April	Phil Niner
John Travis	10 April	Keith Smith & Will Field
Alex Munford	29 April	Rick Fox

The present composition of the group is as follows:

Full Members	139
Fellows	11
Associate Members	29
Total Group Membership	179

Please note that membership subscriptions are now due.

If you haven't received a letter or email your membership is not yet due.

Could those paying electronically please make their payment using the following Bank Account details:

Lincolnshire Group of Advanced Motorcyclists Sort code 30-96-26 Account No. 67439968

That's all for this month, ride safely: John Cheetham

# Lincolnshire Advanced Motorcyclists

IAM Group No: 7176

Registered Charity No 1049955

#### Lincolnshire Advanced Motorcyclists Contract Statement to Members.

Lincolnshire Advanced Motorcyclists would like to thank you for becoming a member/renewing your membership with us. As part of your membership contract with us, we will contact you with information on training, committee, and social events, together with newsletters/magazines relating to the Group and Road Safety.

Pictures, videos and written updates of Lincolnshire Advanced Motorcyclists events such as training, committee and social events at which you may be in attendance or referred to, will also be regularly published on social media sites such as Facebook, Twitter, Instagram etc, Group newsletters/magazines and Group related websites.

Lincolnshire Advanced Motorcyclists also share your information with IAM RoadSmart in order to administer membership activities.

To administer your membership we hold the following data relating to you (destroyed when you leave the group)

NAME, ADDRESS, YEAR OF BIRTH (deleted once the IAM riding assessment has been passed) and CONTACT DETAILS.

Without the holding of the above information you could not realistically be a group member as we would have no means whatsoever of contacting you.

In addition Lincolnshire Advanced Motorcyclists may hold your training record administered by your observer. When this information is no longer required it will be destroyed.

By signing this form you are consenting to the above.

#### Option to withdraw from any of the following

You have the right to withdraw from receiving or participating in any of the following at any time by inserting X into the relevant opt out box if required and forwarding to "Lincolnshire Advanced Motorcyclists" (see page 2)

#### I do not wish to:-

receive information on training, committee and social events, together with the monthly Group Newsletter and magazines etc. relating to Road Safety.

have my photograph taken at any event and published in the Group newsletter.

have my photograph taken at any event and placed on Lincoln IAM Facebook page.

have my photograph taken at any event and placed on Twitter or Instagram.

be referred to on any Group social media sites such as Facebook, Twitter etc, and Group related websites.

be referred to in the Group newsletter.

Signature:	
Name (in capitals):	
Date:	
Group Membership Number:	

Please notify the Lincolnshire Advanced Motorcyclists by email to or letter to: <u>lincs-am-sec@pobroadband.co.uk</u>

#### Group & Membership Secretary:

John Cheetham 26 Lansdall Avenue Lea GAINSBOROUGH DN21 5JL

01427 616864

Please forward the edited file by email (preferred method) or post to John Cheetham without delay.

Confirmation of receipt of any selected withdrawal opt outs will be confirmed either by email, letter or phone call from the Secretary or Group Data Manager within 14 days.

Ed: NOTE – this has been shared so that members can review the new form. No need to complete and submit unless your situation has changed.

# **Diary of Events**

# Diary of Events when Covid-19 Permits

Social distancing. Avoid shaking hands. Follow NHS hygiene advice. Hands. Face. Space. Motorcycles.

The Sunday morning Group Observed Runs are open to all members and also potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members. Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours: often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

### Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

### Willingham Woods Picnic Site, LN8 3RQ

#### Waddington Airfield Viewing Area (WAVE) LN5 9FF

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

East of Market Rasen A631

East side of A15

# It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

<b>MAY</b> Monday 2nd	Social ride leaving Caenby Corner truck stop at 18.15 Informal get together so make your own arrangements on the night, regard leader etc.	ing route, run
Sunday 8th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 09.30 for prompt departure at 10.00	
Wednesday 25th	Regional Evening Run for Observers and those interested in becoming Ob Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page 2	
Sunday 29th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB	
<b>JUNE</b> Monday 6th	Social ride leaving Caenby Corner truck stop at 18.15 Informal get together so make your own arrangements on the night, regard leader etc.	ing route, run
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Sunday 12th	Group Observed Run – Waddington Airfield Viewing Area (WAVE) Meet 09.00 for prompt departure at 09.30	
Monday 13th	Committee Meeting - details to follow nearer the date	
Sunday 26th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB	
Wednesday 29th	Regional Evening Run for Observers and those interested in becoming Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on pag	
JULY		
Monday 4th	Social ride leaving Caenby Corner truck stop at 18.15 Informal get together so make your own arrangements on the night, reg leader etc.	garding route, run
Sunday 10 <sup>th</sup>	Group Observed Run - Ancholme Leisure Centre car park, Scawby Bro Meet 09.00 for prompt departure at 09.30	ook, Brigg
Wednesday 27th	Regional Evening Run for Observers and those interested in becoming Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page	
Sunday 31st	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB	
AUGUST Monday 1st	Social ride leaving Caenby Corner truck stop at 18.15 Informal get together so make your own arrangements on the night, reg leader etc.	garding route, run
Sunday 7th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 09.00 for prompt departure at 9.30	
Monday 8th	Committee Meeting - details to follow nearer the date	
Sunday 28th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB	
Wednesday 31st	Regional Evening Run for Observers and those interested in becoming Four separate runs to reflect Observer groupings. For information on starting locations contact Jerry Neale (details on page)	
SEPTEMBER		
Monday 5th	Social ride leaving Caenby Corner truck stop at 18.15 Informal get together so make your own arrangements on the night, reg leader etc.	garding route, run
Sunday 11th	Group Observed Run – Waddington Airfield Viewing Area (WAVE) Meet 09.00 for prompt departure at 09.30	
Sunday 25th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB	
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Wednesday 28th	Meeting for Observers and those interested in becoming Observers For information contact Jerry Neale (details on page 2)
OCTOBER Sunday 9th	Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook, Brigg Meet 09.30 for prompt departure at 10.00
Monday 10th	Committee Meeting - details to follow nearer the date
Wednesday 26th	Meeting for Observers and those interested in becoming Observers For information contact Jerry Neale (details on page 2)
Sunday 30th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB
NOVEMBER	
Monday 7th	Group ANNUAL GENERAL MEETING 19.30 (via ZOOM) Email to be sent with link / login details for those wishing to participate
Sunday 13th	Group Observed Run - Willingham Woods Picnic Area near kiosk Meet 9.30 for prompt departure at 10.00
Sunday 27th	Group Social Runs – Meeting 9.30 for prompt departure at 10.00 Waddington Airfield Viewing Area (WAVE) LN5 9FF Barney's Diner, Melton Road, Barnetby, DN38 6LB
Wednesday 30th	Meeting for Observers and those interested in becoming Observers For information contact Jerry Neale (details on page 2)
DECEMBER Sunday 11th	Group Observed Run – Waddington Airfield Viewing Area (WAVE) Meet 11.30 for prompt departure at 12.00
Monday 12th	Committee Meeting - details to follow nearer the date
Monday 26th	Group Social Runs – Meeting 10.30 for prompt departure at 11.00 The Homestead Pub, Canwick Avenue, Bracebridge Heath, LN4 2RS Barney's Diner, Melton Road, Barnetby, DN38 6LB "Come on, let's get out on Boxing Day!"
	PLEASE NOTE there is no Observers meeting this month

# **Group Clothing**

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are several colours available, contact Philip Gilbert <a href="mailto:pmgilbert7@yahoo.com">pmgilbert7@yahoo.com</a> or 07704 168227

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered(leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Caps	Group Badge				£5.00	£
Beanies	Group Badge				£5.00	£
Colour required:					ΤΟ ΡΑΥ	£
PAYMENT MUST BE RECEIVED WITH ORDER						

