ChainLincs



The July 2023 edition of ChainLincs for

Lincolnshire Advanced Motorcyclists

IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



July 2023



Contact Details

Social Gatherings

of each month of Below opm at

The Department Glass in

Read Further Glass in

https://w3w.co/robot.realm.woods

Due South of Glentham (A631)

Next Issue

The next issue of ChainLincs will be in July 2023

Please provide any copy to the Editor, by 26th June 2023 <u>Stuart Harrison</u>

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What's in it for you?

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Cover Photo

Great roads just waiting for you!

Scotland provides a similar touring opportunity in the form of

The Crieff Cloverleaf! - https://www.cloverleaf.scot/ - offering a great website, including downloadable GPX files, accommodation finder and much more.

CHAIRMAN'S CHATTER



Welcome to the July edition of ChainLincs and I hope it cools down just a little so the rides are more comfortable than last weekend. Just be careful on the newly 'surface dressed' roads as there are many across Lincolnshire at the moment and more planned judging by the signage up all over the place. I managed to find a couple on Sundays ride but even though they had been done fairly recently the dressing was already well ground in so not too much of an issue.

Many thanks to all of you that renewed your membership of the group, it is much appreciated and we will continue to gradually recruit more members to try and keep all of our great observers busy over the coming months. We have already had 24 new members to the group this year but five have been rejoins from previously lapsed membership or have moved to the area from elsewhere.

Malcolm Heaton and Simon Battram will be at Caistor Lakes bike night on 3 July hoping to recruit more members especially from the North of the county. John Bateman is planning to be at Motorcycles at the Manor in West Ashby on 8 July and has already asked for help through our Facebook page, if you can help please let him know, his number is on Page 2. He has also organised for us to be Cadwell for a Suzuki weekend on 15/16 July but had the help for that sorted a couple of months back. A few things going on to hopefully get some new members.

I also plan to leave some taster leaflets in some bike dealers in hope that bikers will pick them up and try a taster, we'll see if that brings any new members. Th IAM recently pushed tasters and we have had 2 or 3 new members from that initiative so looking good.

After I had written in here last month that we had no speaker planned for the 6 June meeting at late notice John Bateman organised a special guest. And was he special! It was Cheap Stig aka John

himself. He regaled us of his recent butt clenching experience at a HRT (Hopp Rider Training not hormone replacement treatment!) track day at Cadwell in April. Many thanks to John for organising but you need to get a better 'roadie' for next time!

There will be no social meeting in July as The Bottle and Glass has temporarily closed due to a change of ownership. The next social meeting will be on Tuesday 1 August at The Bottle and Glass at 2000hrs.



The bike test season is well and truly under way and we have had two passes this month. Congratulations to Paul Corbridge and Nigel Lee, well done guys. Many thanks to your excellent observers Steve Goodwin and Rick Fox. Currently there are another three tests booked for early July but I am sure there will be some more soon, good luck to you all.

We have also had five new members join us this month. Welcome to Stuart Green from Martin, Colin Watson from Glentham, John Dixon from Wyberton, Stephen Blow from Sleaford and Paul Read from Alford who is a rejoining full member. Hope to see you at the social meeting or one of our rides soon. For the associates don't forget an important part of your training is regular rides whether individually or in groups between your training rides with your observer and our group rides are an excellent opportunity to develop your skills.

The observers are the backbone of the group, without them we wouldn't be able to carry on with our part in making safer riders. If you fancy being an observer come along to an observer meeting. Observer meetings are now evening meetings normally on the last Wednesday of the month. If you fancy being an observer and want more details please give our Chief Observer, Jerry Neale, a ring on 07412 935333. He will be happy to talk to you.

The next Group observed ride is on 9 July from the WAVE, LN5 9FG. Meet at **0900hrs** with departure at **0930hrs**. If anybody is willing to lead a ride then please step forward before then or on the morning. It would be nice to see some associates there to take advantage of riding with a group or even going off on a one to one with a different observer than they normally have.

The next regular social ride is on 23 July meeting at two locations, the WAVE on the A15 opposite RAF Waddington, LN5 9FG and Barney's Diner, DN38 6LB both for **departure** at **0930hrs**.

We now have in excess of 170 members so it would be great to see more of you at some of these rides, us regulars don't bite and we are a friendly bunch that it seems like to drink tea and coffee, eat cake and ice cream so come along if you haven't been before, you might enjoy it.

At the observed ride on 11 June from Willingham Woods we had about 20 members in all. We split into 4 groups with one small group doing some observer training led by Alan Pugh and the other three groups led by Ian Morrison, Dave Hall and Ken Mulholland. We scattered



across slightly different parts on Lincolnshire. Thanks to the ride leaders for stepping forward. Ken's group had a ride to Sutton on Sea and had coffee and cake in a nice little cafe.

There were ten members at the WAVE for the social ride on 25 June. It was really warm so I led a ride to Mablethorpe where there was a slightly cooling breeze and we had refreshments. Thanks for coming guys, great to see you all.

There were just two members at Barney's Diner and Duncan Kendall led a ride to Scarborough which had been previously advertised. Thanks for organising Duncan.



On 21 June Dave Hall organised a ride into Yorkshire to Stean Gorge. Only two members turned up to ride with him but looks like they had a great day and covered about 300 miles. Thanks for organising Dave, much appreciated.

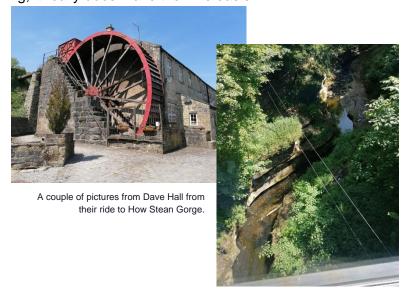
If you don't come to the group rides because the rides don't suit you please step forward, like Duncan did, and offer something different. All input is greatly received and suggestions but more importantly offering to plan and lead a ride are always appreciated.

If you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow.

Please remember the new bank account details so if paying subs through internet banking this is the account to do it to (30-96-26, 67439968, Lincolnshire Group of Advanced Motorcyclists). From now on this is our preferred method to pay subs as it saves John a journey to a bank to pay cash in although cheques can be paid in through the banking app.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists here and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam). We now have 150 members signed up to the Facebook page and it is a great way to publicise events quickly and easily and also see what has been happening in the Group.

Every month I thank Stuart and Michelle for putting together another great edition of ChainLincs and every month I ask for anything you have that could be included. Thanks to those that have contributed recently, please keep the articles coming, it really does make their life easier.



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Stay safe

Mick

Observer and Associate

As we enjoy one of the warmest months of June on record I'm really encouraged to see so many Associates out working with their Observers towards their Advanced test, well done. It is also great to see that many of LAMs Local Observers have applied to take the National Observer qualification. Recently I had the opportunity to join one of our Observer small teams for one of their on-bike training sessions, this training session was planned towards the National Observer qualification. The level of knowledge and skill set being shown on that evening was so great to see, and as one of the team members reminded me "we never stop learning"Never a truer a word spoken. Thanks to the team for demonstrating such a high level of knowledge, riding skills and commitment.

It would be great to see more associate members on the Sunday morning group Observed ride. It is open to any Associate, whatever level you are at. It will give you an opportunity to work on what you have been doing with your Observer and it will also give you the skill set to do group riding within a well-organized group. It can also give you a great opportunity to network with some very experienced Advanced riders who are always pleased to help others achieve the Advanced standard.

After spending some time recently with a couple of very experienced Observers discussing amongst other things the importance of good eyesight for our Information stage of IPSGA, I was reminded by IAM Roadsmart's Chief Examiner Richard Gladman's recent article on how vision can deteriorate slowly over a period of time, so there could be a possibility that we are not aware that we might not be as sharp as we once were!

Keeping an eye on the road



Your eyes are a vital tool when it comes to road safety, and since our eyesight is only checked when we take a driving test, it is up to us to look after our vision.

IAM RoadSmart, the UK's largest independent road safety charity, has some tips to help you keep on top of your eyesight and what the implications may be if you were caught with impaired vision.

Richard Gladman, Chief Examiner at IAM RoadSmart, said:

"We can all suffer from eyestrain at times, usually due to tiredness, if your eyes are healthy then it will disappear after a good rest. If you suspect a deterioration in your vision, you can do a simple check by reading a modern number plate from 20 metres away.

It's important to compare your ability in varying light conditions and if there are any problems consult a specialist. Ageing brings a myriad of challenges to your eyesight and often they can be corrected with glasses or a simple medical procedure. If you do need glasses or lenses for driving don't take a chance without them."

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How will I know if my eyesight is declining?

Your eyes succumb to the wear and tear of ageing just as all parts of your body do. You may experience problems with vision at night or double vision, headaches, and eye strain. That's why it's so important you meet the legal eyesight standard for driving.

What are the dangers of driving with impaired vision?

You may miss seeing hazards causing you to react late. Good vision allows you to read signs giving diversions and warnings. Driving with poor vision could mean you miss vital information that you need to see. Even the best drivers will find themselves straining their eyes at night. So, if you already have poor vision, you will be even more vulnerable, especially during dusk and night time.

How often should I be getting an eye test?

Changes in your vision can be slow, which is why it is so important to have your eyes tested at least every two years, or right away if you notice a problem. If you have any problems with your eyes other than being long- or short-sighted or colour blind, you must inform the DVLA.

What are the legal requirements for driving eyesight?

You must be able to read (with glasses or contact lenses, if necessary) a car number plate made after September 1, 2001, from 20 metres away. In addition, you must have a visual acuity measurement of at least 6/12 (or 0.5) on the Snellen scale while wearing any glasses or contact lenses that you need for driving. If you've visited an optician, the Snellen scale will be familiar to you as the wall chart with the rows of letters or numbers that get smaller as you read down.

What happens if I get caught driving with impaired vision?

If you do not tell the DVLA about any medical condition that affects your driving, you could be liable for a fine of up to £1,000 and be prosecuted if you are involved in an incident.

Can the police conduct a roadside eye test?

Under Section 96 of the Road Traffic Act 1988, you can be pulled over by the police and asked to undergo an eye test. Remember, you are entitled to a free eye test on the NHS if you are over 60 or are over 40 and your mother, father, sibling or child has been diagnosed with glaucoma.

Stay Safe, Jerry

Members Tit Bits

Some RT bits for sale.

Low seat – sculpted by "Core" in Nettleham (bike not included). £125









BMW OEM Sport Screen
The red taped line shows the difference in height. Great for the summer! £125



This is the low screen on my previous RT. (Bike not included)

I also have a pair of genuine BMW Pannier inner bags for the panniers on an RT or GT - £125 the pair.

If anyone is interested in trying the seat or screen for a test ride – just get in touch with Stuart Harrison (stuart.harrison@btinternet.com / 07548 248100) to arrange.

Roads, Routes and Rides

This section is for any of our members to share favourite Roads, interesting or challenging Routes or even GPX files with "mystery tours". GPX files are the preferred file format for Garmin Sat Navs / Zumo / Tom Tom. I don't think they work on iPhones but I could be wrong.

If you send a GPX file to me I'll put on our website and link it here in the newsletter.

C'mon – you know you want to show off – and don't forget to include your favourite cake stop too!

The Crieff Cloverleaf – done!

In last edition I mentioned "The Crieff Cloverleaf" - https://www.cloverleaf.scot/
Since then Michelle and I booked a lodge in Crieff and took ourselves away for a few days.
Like many of us who have toured Scotland we have ridden the NC500 numerous times – however the Crieff Cloverleaf gave us some great roads which were often missed when heading "to the top". So – we downloaded the GPX routes from the Cloverleaf website and headed for the hills.

Day one – get the miles done – M62, A1 and onto the roller coaster of the A68 to Carter Bar with the obligatory photo stop. Some of the route was inevitably motorway with heavy traffic and the need for filtering for a few files through stationary traffic. We were truly amazed how brilliant our Scottish car/van and truck driver friends "parted the ways" to allow bikes through – something I had not seen since my years living in Germany. If only all motorway users adopted the same attitude. The remainder of the route to Crieff



took in some of the "southern loop" of the cloverleaf. Close to 300 miles got us to our lodge on a small holiday park in Crieff. Decent accommodation, good facilities and a hot tub for those aching muscles.

Day two – after the previous days 300 miler we decided to take it easy and do the Northern Loop – 210 miles – up through Glencoe. The roads were dry, quiet and in amazing condition – the lack of pot-holes was evident. The routes downloaded from the CC site took us on roads which we hadn't ridden previously. This made the ride even more interesting as we usually plan our trips ourselves – made a nice change.





Days three and four – we did the East and West Loops which were around 180 miles each although the day four route was reduced so that we could prepare for our return trip – and stay longer in the Hot Tub with a couple of G & Ts of course!

The return home was the first time we saw rain all week – lucky bunnies!

If you fancy a run around Scotland on perfect biking roads – The Crieff Cloverleaf is recommended.

The accommodation we used was The Braidhaugh Holiday Park - https://largoleisure.co.uk/holiday-parks-scotland/braidhaugh-holiday-park although the "The Crieff Cloverleaf" website offers an accommodation finder- https://www.cloverleaf.scot/









A constant reminder about this year's Ride of Thanks – a date for our diaries



Promises to be another great day and an ideal opportunity to support our charities, rub shoulders with like-minded people and no doubt eat some cake !!



Group Web Site: www.l-a-m.co.uk

There are four new enrolments to the group since the previous newsletter.

Member	Observer
1045 Stuart Green from Martin	Don Ford
1046 John Dixon from Wyberton	TBA
1047 Colin Watson from Glentham	Will Field
1048 Awaiting GDPR Member Contract	

Also two from last month who can now be identified (GDPR Member Contracts returned).

Member	Observer
1041 Stephen Richardson from Saxilby	Andrew Kitchen
1043 Ian Welsh from Woolsthorpe	Rick Fox

There has been two test passes, making a total of three so far in 2023. Congratulations on your success and a big thank you to your Observers.

Member	Pass Date	Observer
Paul Corbridge	18 June	Steve Goodwin
Nigel Lee	27 June	Rick Fox

The present composition of the group is as follows:

Full Members	137
Fellows	13
Associate Members	29
Total Group Membership	179

Please note that group membership subs are now overdue and should be paid as soon as possible please.

The support of the membership is the means by which the group as a whole can operate and provide the resources needed to continue our mission of helping motorcyclists increase their safety and enjoyment.

Don't forget that we have to abide by the rules of affiliation with IAM RoadSmart which state that local group membership is dependent on current IAM RoadSmart membership being in place.

Therefore it is sincerely hoped that you will continue to be a member of both IAM RoadSmart and our local motorcycle group

That's all for this month, ride safely:

John Cheetham

Diary of Events (Remember - Covid-19 hasn't gone away)

Social distancing. Avoid shaking hands. Follow NHS hygiene advice. Hands. Face. Space. Motorcycles.

DIARY OF EVENTS JUNE 2023 to OCTOBER 2023

The Sunday morning Group Observed Runs are open to all members and also potential members who may be considering preparing for the IAM test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members.

Potential members considering taking the IAM test may have an individual assessment ride.

Runs last usually around two hours: often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a run style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

Ancholme Leisure Centre, Scawby Brook, Brigg, DN20 9JH South side of A18

Willingham Woods Picnic Site, LN8 3RQ. East of Market Rasen A631

The WAVE Sleaford Road Lincoln

Group Social Runs will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the run organizer know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

JUNE

Tuesday 6 th	Social Meeting – Bottle and Glass. Main Street, Normanby by Spital Market Rasen. Lincoln, LN8 2HE Meet 20:00
Sunday 11th near kiosk	Group Observed Run - Group Observed Run - Willingham Woods Picnic Area
near Riosk	Meet 9.30 for prompt departure at 10.00
Sunday 11 th	Biker Breakfast (Details and location to Be confirmed)
Friday 16 th	Committee Meeting - details to follow nearer the date Prompt start at 19.00

Sunday 25th Group Social Runs – The WAVE Sleaford Road Lincoln

Barney's Diner, Melton Road, Barnetby, DN38 6LB

Meet 9.00 for prompt departure at 9.30

Wednesday 28th Meeting for Observers and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

JULY

Tuesday 4th Social Meeting – Bottle and Glass. Main Street, Normanby by Spital

Market Rasen. Lincoln LN8 2HE Meet 20:00

Sunday 9th Group Observed Run –

The Homestead, Canwick Avenue, Bracebridge Heath, Lincoln, LN4 2RS

Meet 09.00 for prompt departure at 09.30

Saturday 15TH / Sunday 16TH

We are attending the Classic Suzuki Day at Cadwell Park and will be there with

our stand and hopefully signing up future new members.

Sunday 23rd Group Social Runs – Meet 9.30 for prompt departure at 10.00

The Homestead, Canwick Avenue, Bracebridge Heath, Lincoln, LN4 2RS

Barney's Diner, Melton Road, Barnetby, DN38 6LB

Wednesday 26th Meeting for Observers and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

August

Tuesday 1st Social Meeting – Bottle and Glass. Main Street, Normanby by Spital

Market Rasen. Lincoln, LN8 2HE Meet 20:00

Sunday 6th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook,

Brigg, DN20 9JH

Meet 09.00 for prompt departure at 09.30

Friday 18th Committee Meeting - details to follow nearer the date

Prompt start at 19.00

Sunday 20th Group Social Runs – Meet 9.30 for prompt departure at 10.00

The WAVE Sleaford Road Lincoln

Barney's Diner, Melton Road, Barnetby, DN38 6LB

Wednesday 23rd Meeting for Observers and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

September

Sunday 3rd Group Observed Run - Willingham Woods Picnic Area near kiosk

Meet 09.00 for prompt departure at 09.30

Tuesday 7th Social Meeting – Bottle and Glass. Main Street, Normanby by Spital

Market Rasen. Lincoln LN8 2HE Meet 20:00

Sunday 17th Group Social Runs – Meet 09.30 for prompt departure at 10.00

The WAVE Sleaford Road Lincoln

Barney's Diner, Melton Road, Barnetby, DN38 6LB

Wednesday 27th Meeting for Observers and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

October

Sunday 1st Group Observed Run - The Homestead, Canwick Avenue, Bracebridge Heath,

Lincoln, LN4 2RS

Meet 09.00 for prompt departure at 09.30

Tuesday 3rd Social Meeting – Bottle and Glass. Main Street, Normanby by Spital

Market Rasen. Lincoln LN8 2HE Meet 20:00

Friday 13th Committee Meeting - details to follow nearer the date

Prompt start at 19.00

Sunday 15th Group Social Runs – Meet 9.30 for prompt departure at 10.00

The WAVE Sleaford Road Lincoln

Barney's Diner, Melton Road, Barnetby, DN38 6LB

Wednesday 25th Meeting for Observers and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

Sunday 29th Group Observed Run - Ancholme Leisure Centre car park, Scawby Brook,

Brigg, DN20 9JH

Meet 09.30 for prompt departure at 10.00

Group Clothing

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are several colours available, contact Philip Gilbert pmgilbert7@yahoo.com or 07704 168227

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered(leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Caps	Group Badge				£5.00	£
Beanies	Group Badge				£5.00	£
Colour required:	1	1	1		TO PAY	£

PAYMENT MUST BE RECEIVED WITH ORDER



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