ChainLincs



The August 2023 edition of ChainLincs for

Lincolnshire Advanced Motorcyclists

IAM GROUP 7176, REGISTERED CHARITY 1049955, SUPPORTERS OF THE BMF



August 2023



Contact Details

Social Gatherings

Meetings are held on the first Tuesday of each month starting at 8pm at The Bottle and Glass in Normanby by Spittal

https://w3w.co/robot.realm.woods

Due South of Glentham (A631)

Next Issue

The next issue of ChainLincs will be in July 2023

Please provide any copy to the Editor, by 26th of the month

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Lincolnshire Advanced Motorcyclists Find us here:



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<u>Twitter</u>

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What's in it for you?

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Cover Photo

Day 2 at The Suzuki Day at Cadwell Ady Cranes "kettle" certainly drew the crowds!.

CHAIRMAN'S CHATTER



Well, July was a busy month. As well as four rides and the obvious work going with observers and associates we attended events on 2 weekends in a bid to bolster our membership. In theory three bikers 'signed up' but they have yet to complete the process with the IAM. It's a shame the weather didn't stay as dry as June as they got a bit of a soaking at Cadwell on the Saturday. Thanks to all those that helped out on those weekends.

There were three test passes this month and they were Paul Morris, Gordon Scott and Chris Pursey (F1rst). Congratulations to you all and a great job from your observers, Karen Bevan, Bruce Whetton and Simon Battram. Karen completed her Local

Observer qualification in June and Paul was Karen's first associate and had been on her qualification journey with her. Congratulations Karen and thanks for being on the team.

We had four new members join us in July. Welcome to Ian Batchelor from Winterton, Alison Hanna from Tetford, Sarah Barwick from Alkborough and Richard Bull from Kelfield. I hope you all enjoy your advanced riding experience and I will hopefully meet you at one of our rides or socials soon. For the associates don't forget an important part of your training is regular rides whether individually or in groups between your training rides with your observer and our group rides are an excellent opportunity to develop your skills.

The observers are the backbone of the group, without them we wouldn't be able to carry on with our part in making safer riders. If you fancy being an observer come along to an observer meeting. Observer meetings are now evening meetings normally on the last Wednesday of the month. If you fancy being an observer and want more details please give our Chief Observer, Jerry Neale, a ring on 07412 935333. He will be happy to talk to you.

Due to a recent IAM decision the role of Local Observer (LO) will be phased out by April 2025. The current LOs need to requalify as National Observers (NO) by that date or they will no longer be able to observe for the IAM. At the moment it looks like we will lose some observers as they don't wish to do the NO qualification but will continue to observe in the meantime. Thanks for continuing until that date and maybe you will change your mind in the meantime?! In the meantime the observer team have been busy observing and preparing for the NO and four have their qualification ride coming up soon. Good luck to you all.

The Bottle and Glass in Normanby by Spital is open again so the next social meeting will be on Tuesday 1 August at The Bottle and Glass at 2000hrs. Hope to see you there. There has been the addition of a pool table in the area we use so we will meet in the room on the other side of the bar. I have not been in there but I have been assured it is big enough! Fingers crossed.

The next Group observed ride is on 6 August from the Ancholme leisure centre in Brigg. Meet at **0900hrs** with departure at **0930hrs**. If anybody is willing to lead a ride then please step forward before then or on the morning. It would be nice to see some associates there to take advantage of riding with a group or even going off on a one to one with a different observer than they normally have.

The next regular social ride is on 20 August meeting at two locations, the WAVE on the A15 opposite RAF Waddington, LN5 9FG and Barney's Diner, DN38 6LB both for **departure** at **0930hrs**. As we have some more new members from the north of the county perhaps attendance at Barney's will increase as only one turned up in July so he took himself for a ride to the Sports Bike Shop near Boston.

We now have around 180 members so it would be great to see more of you at some of these rides, us regulars don't bite and we are a friendly bunch that it seems like to drink tea and coffee, eat cake and ice cream so come along if you haven't been before, you might enjoy it.

At the observed ride on 9 July at the WAVE we had a nice turnout with 16 members including a couple of associates. One associate had a training ride with his observer closely followed by a trainee observer. The remainder of us split into groups, one led by Adie Hogg (first time lead for Adie) who took his group out to Buckminster for refreshments. The second was led by Geoff Everard and we headed off on a fascinating route to The Dairy Barn Cafe SE of Melton. Many thanks to Geoff and Adie for leading the rides today and to all those that came along.



There were ten members at the WAVE for the social ride on 23 July. We had a couple of ride leader virgins so thanks to John Bateman and Paul Kirton for the lead. John's group headed for Bottesford and the The Mango and Plum Store and Coffee House but when we got there it was busy as there was some event going on and the cafe queue was ridiculous. So off we went into Grantham to Asda and had a coffee, and some had breakfast, there.



Paul Kirton led his group to Wyndham windmill. He led an interesting and progressive ride there and back. Well planned and lead Paul, an excellent ride. I hope you will both lead more rides in the future. (these were Will Field's comments stolen from FB). Thanks to John and Paul for the leads and hope you feel you can lead some more rides in the

future.

Only one member turned up at Barney's Diner so Tony Emmett was social with himself and led himself to the Sports Bike Shop near Boston.

Dave Hall organised another midweek ride last month this time to Derbyshire on 19 July. He was joined by three other members. From the pictures it looks like they had a great day and avoided the rain. Thanks for organising Dave, much appreciated.



If you don't come to the group rides because the rides don't suit you please step forward and offer something different. All input is greatly received and suggestions, but more importantly offering to plan and lead a ride, are always appreciated.

John Bateman organised a day at Motorcycles at the Manor at West Ashby on 8 July. Thanks to Julie Mendes, Karen Bevan, Ian Morrison and Dave Hall for your help and support. A great day in good company surrounded by amazing machines and bikers. A couple of guys signed

up and a fair amount of interest and positive feedback from all who came to the stand. (these were mostly John's comments stolen from FB – saves me typing!)

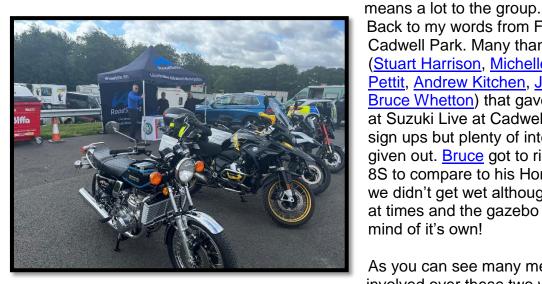
John also organised for us to be at Cadwell Park on 15/16 July at the Suzuki Live event. (the following are his words) A great day at the Suzuki Live at Cadwell. The weather blessed us with warm sun, liquid sun and gale force sun at variable times through the day but it all added to the good fun of holding down the gazebo during the gale force sun! Great



feedback from all who came to the stand and one new member signed up and a couple of good prospects, one of which is going to book a taster ride soon.

The ride organiser actually thanked us for our support as a lot of exhibitors cancelled because of the weather.

Gill Matheson went on a free off-road session on a Suzuki Vstrom showing us how it should be done as she rode off road through a thunderstorm and came back with a smile on her face. Thanks to Gill Matheson, Barry Jones, Mark Gill, and Rick Parker for your help and support it



Back to my words from FB! Day 2 at Cadwell Park. Many thanks to the team (Stuart Harrison, Michelle Harrison, Bruce Pettit, Andrew Kitchen, Jeremy Neale and Bruce Whetton) that gave up their day to be at Suzuki Live at Cadwell Park today. No sign ups but plenty of interest and leaflets given out. Bruce got to ride a Suzuki GSX-8S to compare to his Honda CB750. And we didn't get wet although it was a bit gusty at times and the gazebo seemed to have a mind of it's own!

As you can see many members got involved over these two weekends so many

thanks from me, your efforts are greatly appreciated. Special thanks to John for getting us to these events, great job John.

Malcolm Heaton and Simon Battram organised a couple of taster events in the North of the county to try and drum up some membership up that way but they both got rained off unfortunately. Thanks for trying guys and we did get at least one taster ride from them so maybe a new member soon. That depends on Stuart Harrison's sale pitch!

If you want to prove that your riding or driving is still up to advanced standards then why not take the test (actually a reassessment for full members) again. The Fellow membership tier is open to all current full IAM members, it will offer you enhanced recognition and insurance benefits in return for your commitment to keep your advanced skills up to date by retesting every three years. If you are interested have a look at the IAM website www.iamroadsmart.com/fellow.

Please remember the new bank account details so if paying subs through internet banking this is the account to do it to (30-96-26, 67439968, Lincolnshire Group of Advanced Motorcyclists). From now on this is our preferred method to pay subs as it saves John a journey to a bank to pay cash in although cheques can be paid in through the banking app.

For the new, and existing, members don't forget to find our Facebook page Lincolnshire Advanced Motorcyclists here and ask to join so you can post and join in, and we are also on Twitter at IAM Lincolnshire (@lincsbikers_iam). We now have 150 members signed up to the Facebook page and it is a great way to publicise events guickly and easily and also see what has been happening in the Group.

Every month I thank Stuart and Michelle for putting together another great edition of ChainLincs and every month I ask for anything you have that could be included. Thanks to those that have contributed recently, please keep the articles coming, it really does make their life easier.

Stay safe

Mick







Mick

OBSERVER AND ASSOCIATE

Well that was a rather damp July, I've got a super green lawn this summer but have nearly worn out my waterproofs. Despite the autumn like weather, both Observers and their Associates have also been testing their wet weather skills with a few test passes completed in July, well done to all, wet weather riding can be challenging but also a good way to practice how to be smooth and progressive. The Observer on bike training meetings are continuing throughout the summer months, thanks to all that could make it, and thanks to the team leaders for putting together the meeting plans. Congratulations from the Observer team also go to Steve Goodwin and Alan Pugh for completing the National Observer qualification.

As an Associate, any extra Advanced riding practice that you can get in the better. The Sunday morning Observed ride is a really great opportunity to work at your advanced riding. It is free and open to all associates. You will meet many other friendly experienced members of LAM who are always happy to assist with advice about advanced riding. Its also a great opportunity to follow another Advanced rider and always a great couple of hours fun riding bikes! Keep an eye out for the dates and lets see you there.

Talking to yourself, is this the first sign of madness?

Giving a verbal commentary about your ride while your riding is a very good tool to use as an Advanced rider. It requires a higher level of focus and skill. It might sound strange talking to yourself aloud inside your helmet but it has an advantage of bringing your subconscious thoughts about what you are seeing and doing to life. It is also a skill that can be used by any rider as an aid to the development of concentration, observation, anticipation and planning.

Plan your route and commentary points: Before starting your ride, plan the route you'll be taking and identify key points or areas where you want to provide commentary. This will help you stay organized and focused during the ride.

Information, our first part of IPSGA is a good place to start with giving yourself a verbal commentary. We are familiar with scanning and the need to keep our 'vision up' when entering a new section of road, of looking to the furthest point of vision (the end of the road, the horizon) and then bringing our vision back, in stages, to the foreground, through rear observation and on to our instruments. "In the distance what I can see....." is a great place to start your verbal commentary.



Some things to consider with your commentary.

- Mirror check
- Blind spot check
- Scanning junctions / driveways / for hazards
- Extended white line indicating hazards
- White lines shortening
- Chevrons indicating possible severe bend
- Scanning fields / hedgerows for emerging vehicles / hazards
- Parked vehicles / are they empty / I'm scanning under vehicles for feet / hazards
- Seeking eye contact with driver, has the driver seen me?

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- **©** BRAKE lights! Vehicle ahead is showing brake lights....what can they see?
- Limit point closing / static / moving away
- I'm approaching a roundabout / give way, I'm planning to stop looking to go
- Posted speed limit change
- Positioning for vision / adjusting for safety

This is a small sample of some of the things in our Information stage that we take in to our subconscious and could be giving in our verbal commentary.

Work at honing your information stage before moving on to giving a verbal commentary on other aspects of IPSGA and your ride.

Information overload

There are occasions when, having good forward vision and scans, you may become overloaded with things to talk about. As we now start to process this increased information 'consciously' and to talk about it at the same time, we find that there is more information to manage. We were previously processing much of it unconsciously and we now have more to do because we are commenting on it at the same time.

Consider: Become aware if, and when you are 'overloaded' with to much information.

Historical

It is not unusual, particularly in the early stages of learning to give a commentary about our ride to find ourselves talking about things that we have already 'passed by' in the ride. The commentary becomes 'Historical'

Consider:

- Take a break
- Stopping the commentary momentarily to regain your concentration
- Restarting your commentary from the horizon

Remember, Safety first, advanced riding requires a higher level of skill and concentration, so always prioritize safety and ride within your abilities. Practice regularly to improve your abilities over time. As you get better at verbal commentary you will notice that you are looking and taking more in.

If you need more help with giving yourself a verbal commentary while riding, or would like to find out more, or would like to improve you skills, speak to any member of the Observer team or myself. Am I going mad? Perhaps not......Perhaps there is a good reason for talking to myself!

Stay Safe Jerry

CHECK RIDES for Blood Bikers



Our colleagues in LEBBS will soon be requesting *check rides* for their members who are due. Jerry will be contacting the appropriate Observers depending in the location of the riders.

Blood Bikers are all current IAM Riders – and in the last round of checkrides it was great to see the high standard of Advanced Rider skills had been retained – mind you they certainly get the opportunity to practice covering an average of 9000 miles each month!

RIDE OF THANKS

A constant reminder about this year's Ride of Thanks – a date for our diaries



Promises to be another great day and an ideal opportunity to support our charities, rub shoulders with like-minded people and no doubt eat some cake!!



Group Web Site: www.l-a-m.co.uk

There are five new enrolments to the group since the previous newsletter.

Member	Observer
1049 Ian Batchelor from Winterton	Malcolm Heaton
1050 Alison Hanna from Tetford	Morris Howe
1051 Sarah Barwick from Alkborough	Stuart Harrison
1052 Richard Bull from Kelfield	Ian Morrison
1053 Paul Read from Rigsby	Full Member

Also one from last month who can now be identified (GDPR Member Contract returned).

Member	Observer	
1048 Stephen Blow from Anwick Fen	Bruce Whetton	

There has been three test passes, making a total of five so far in 2023. Congratulations on your success and a big thank you to your Observers.

Member	Pass Date	Observer
Paul Morris	9 July	Karen Bevan
Gordon Scott	21 July	Bruce Whetton
Chris Pursey	28 July	Simon Battram

The present composition of the group is as follows:

Full Members	139
Fellows	13
Associate Members	31
Total Group Membership	183

Please note that group membership subs are now overdue and should be paid as soon as possible please.

The support of the membership is the means by which the group as a whole can operate and provide the resources needed to continue our mission of helping motorcyclists increase their safety and enjoyment.

Don't forget that we have to abide by the rules of affiliation with IAM RoadSmart which state that local group membership is dependent on current IAM RoadSmart membership being in place.

Therefore it is sincerely hoped that you will continue to be a member of both IAM RoadSmart and our local motorcycle group

That's all for this month, ride safely: John Cheetham

Diary of Events (Remember - Covid-19 hasn't gone away)

Social distancing. Avoid shaking hands. Follow NHS hygiene advice. Hands. Face. Space. Motorcycles.

DIARY OF EVENTS

AUGUST 2023 to NOVEMBER 2023

The Sunday morning Group Observed Rides are open to all members and also potential members who may be considering preparing for the I.A.M test.

The prime purpose is to provide the opportunity to hone /improve skills through riding with fellow members.

Potential members considering taking the I.A.M test may have an individual assessment ride. Rides last usually around two hours: often with a mid-point refreshment stop.

Depending on numbers / balance etc., it is customary for different groupings to embark on a ride style of their choice as they feel fit.

The main purpose is to have the opportunity to ride with fellow like-minded bikers.

The starting points are as shown below:

ANCHOLME LEISURE CENTRE Scawby Brook, Brigg, DN20 9JH

WILLINGHAM WOODS. Willingham Woods LN8 3RQ.

THE WAVE Sleaford Road Lincoln

BOTTLE & GLASS Main Street, Normanby by Spital LN8 2HE

GROUP SOCIAL RIDES will incorporate café stops unless an alternative is specified. Please try to arrive at the meeting point in good time and with a full tank of fuel. Please let the ride organiser know if you want to invite a guest. If carrying a pillion passenger you should ensure that this is covered by your motorcycle insurance policy.

It is you, as the rider who is deemed to be in control of your motorcycle at all times during an observed or social run.

GROUP AND OBSERVED RIDES, MEETING TIMES

09:00 FOR PROMPT DEPARTURE AT 09:30

SOCIAL MEETING

FIRST TUESDAY IN THE MONTH AT 20:00

AUGUST

Tuesday 1 st SOCIAL MEET	TING BOTTLE AND GLASS.
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Sunday 6th GROUP OBSERVED RIDE ANCHOLME LEISURE CENTRE

Friday 18th **COMMITTEE MEETING.** Details to be advised.

Sunday 20th GROUP SOCIAL RIDES THE WAVE & BARNEYS DINER

Wednesday 23rd **OBSERVERS MEETING** and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

SEPTEMBER

Tuesday 5th **SOCIAL MEETING** BOTTLE AND GLASS

Sunday 10th GROUP OBSERVED RIDE WILLINGHAM WOODS

Sunday 24th GROUP SOCIAL RIDES THE WAVE & BARNEYS DINER

Wednesday 27th **OBSERVERS MEETING** and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

<u>OCTOBER</u>

Tuesday 3rd **SOCIAL MEETING** BOTTLE AND GLASS

Sunday 8st GROUP OBSERVED RIDE THE WAVE

Friday 13th **COMMITTEE MEETING** Details to be advised.

Sunday 22nd GROUP SOCIAL RIDES THE WAVE & BARNEYS DINER

Wednesday 25th BARRIE HEATH QUIZ Redbourne Club, Cemetery Road,

Scunthorpe, DN16 1NU

Wednesday 25th **OBSERVERS MEETING** and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

NOVEMBER

Tuesday 7th **SOCIAL MEETING** BOTTLE AND GLASS

Sunday 12th GROUP OBSERVED RIDE ANCHOLME LEISURE CENTRE

Sunday 26th GROUP SOCIAL RIDES THE WAVE & BARNEYS DINER

Wednesday 22nd **OBSERVERS MEETING** and those interested in becoming Observers

For information contact Jerry Neale (details on page 2)

Group Clothing

There is a wide range of group clothing available to order, with our Lincolnshire Advanced Motorists logo on it, you can also add the IAM logo and a name if desired. There are several colours available, contact Philip Gilbert pmgilbert7@yahoo.com or 07704 168227

Name						
ITEM	DESIGN	SIZE	QTY	Name to be embroidered(leave blank if not required)	PER ITEM	TOTAL
Polo Shirt with	Group Badge				£8.50	£
Polo Shirt with	Group Badge + IAM Logo				£10.50	£
Sweatshirt with	Group Badge				£10.00	£
Sweatshirt with	Group Badge + IAM Logo				£12.00	£
Fleece with	Group Badge				£14.00	£
Fleece with	Group Badge + IAM Logo				£16.00	£
T-shirt with	Group Badge				£7.00	£
Caps	Group Badge				£5.00	£
Beanies	Group Badge				£5.00	£
Colour required:		•	•		TO PAY	£

PAYMENT MUST BE RECEIVED WITH ORDER



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